

# Cross Country: All-Time

## Overall Boys

	Name	Time	Yr
1	Blake McDowell	10:08	'06
2	Aria Kiani	10:13	'08
3	Mike Contos	10:14	'87
4	K.C. Cody	10:16	'03
5	Nick Millar	10:20	'00
6	David Toomey	10:21	'93
7	Matt Fitch	10:25	'02
7	Nat Lopes	10:25	'91
9	Jon Fitch	10:31	'00
10	Randall Watkins	10:34	'87
10	Jeff Godfrey	10:34	'90
10	<b>Jose Mendoza</b>	<b>10:34</b>	<b>'10</b>
13	Tim Sanborn	10:35	'92
14	Dave Intner	10:36	'89
14	Kevin Funk	10:36	'96
14	Zac Fitch	10:36	'00
17	Nate Bisbee	10:37	'92
18	Jason DeSelle	10:38	'96
18	Regan Masi	10:38	'00
20	Andrew Gallagher	10:39	'02
21	Josh Hinkle	10:40	'91
21	<b>James Goldfield</b>	<b>10:40</b>	<b>'10</b>
23	Drew Fagent	10:41	'00
23	Alex Conley	10:41	'04
25	Keith Lewis	10:43	'87
25	John Staroba	10:43	'96

## Senior Boys

	Name	Time	Yr	
1	Blake McDowell	10:08	'06	1
2	Mike Contos	10:14	'87	2
2	Aria Kiani	10:14	'09	2
4	K.C. Cody	10:16	'03	4
5	Nick Millar	10:20	'00	5
6	David Toomey	10:21	'93	6
7	Nat Lopes	10:25	'91	6
8	Jon Fitch	10:31	'00	8
9	Matt Fitch	10:32	'03	9
10	Randall Watkins	10:34	'87	10
10	Jeff Godfrey	10:34	'90	11
12	Tim Sanborn	10:35	'92	11
13	Dave Intner	10:36	'89	13
13	Kevin Funk	10:36	'96	14
13	Zac Fitch	10:36	'00	15
16	Nate Bisbee	10:37	'92	16
17	Andrew Gallagher	10:39	'02	17
18	<b>James Goldfield</b>	<b>10:40</b>	<b>'10</b>	18
19	Drew Fagent	10:41	'00	18
19	Alex Conley	10:41	'04	20
21	John Staroba	10:43	'96	21
22	Josh Hinkle	10:45	'92	22
23	Jason Selby	10:46	'92	22
24	Keith Lewis	10:47	'88	24
25	Scott Story	10:48	'93	25

## Overall Girls

	Name	Time	Yr
1	Sara Bei	11:05	'98
2	<b>Julie Nacouzi</b>	<b>11:22</b>	<b>'09</b>
3	Kim Conley	11:51	'03
4	Pamela Richardson	11:59	'94
5	Sarah Bashel	12:00	'98
6	Celeste Berg	12:07	'08
7	Christy Sweaney	12:10	'01
8	Kim Handel	12:12	'02
9	Carina Hendricks	12:16	'02
10	Jennifer Martindill	12:30	'05
11	Joy Terribilini	12:38	'00
11	Marissa Walsh	12:38	'02
13	Emma Conley	12:40	'02
14	<b>Hunter Connell</b>	<b>12:43</b>	<b>'08</b>
15	Kate Blake	12:45	'01
16	Ashley Gnos	12:47	'02
17	Shewit Haile	12:51	'96
18	<b>Sarah Gallagher</b>	<b>12:53</b>	<b>'09</b>
19	Elisa Pedersen	12:56	'00
20	Diana Rancourt	12:58	'96
20	<b>Liana Meffert</b>	<b>12:58</b>	<b>'08</b>
22	April Malvino	13:01	'98
23	Lisa Gay	13:05	'91

## Senior Girls

	Name	Time	Yr	
1	<b>Julie Nacouzi</b>	<b>11:31</b>	<b>'10</b>	1
2	Kim Conley	11:51	'03	2
3	Pamela Richardson	11:59	'94	3
4	Celeste Berg	12:07	'08	4
5	Kim Handel	12:12	'02	5
6	Jennifer Martindill	12:30	'05	5
7	Emma Conley	12:44	'04	7
8	Sarah Bashel	12:45	'00	8
9	Christy Sweaney	12:53	'03	9
9	<b>Sarah Gallagher</b>	<b>12:53</b>	<b>'09</b>	10
11	April Malvino	13:01	'98	11
12	<b>Hunter Connell</b>	<b>13:04</b>	<b>'09</b>	12
13	Lisa Gay	13:05	'91	13
14	Joy Terribilini	13:12	'01	14
15	Nicole Fischer	13:15	'87	15
16	Michelle Mayes	13:26	'88	16
17	Marissa Walsh	13:28	'04	17
18	Marisa Reichmuth	13:34	'95	18
19	Jana Wiesner	13:35	'91	18
20	Marissa McAdler	13:36	'03	20
21	Sarah McClendon	13:41	'92	21
22	Jamie Duncan	13:45	'92	22
22	Christina Cushing	13:45	'95	23

**24 Sara Mathews**  
**25 Nicole Fischer**

**13:14 '10**  
**13:15 '87**

**24 Shewit Haile**  
**24 Kelly Richardson**

**13:47 '97**  
**13:47 '02**

**24**  
**25**

# Vikings on 2-Mile Spring Lake Course

## Junior Boys

Name	Time	Yr
Aria Kiani	10:13	'08
K.C. Cody	10:22	'02
David Toomey	10:22	'92
Matt Fitch	10:25	'02
<b>Jose Mendoza</b>	<b>10:34</b>	<b>'10</b>
Jason DeSelle	10:38	'96
Blake McDowell	10:38	'05
Josh Hinkle	10:40	'91
Zac Fitch	10:41	'99
Keith Lewis	10:43	'87
Kevin Funk	10:44	'95
Jon Fitch	10:44	'99
Tim Sanborn	10:45	'91
Jason Selby	10:47	'91
Andrew Gallagher	10:49	'01
<b>James Goldfield</b>	<b>10:50</b>	<b>'09</b>
Nathan Bisbee	10:51	'91
Greg Funk	10:56	'97
Drew Fagent	10:56	'99
Scott Story	10:57	'92
John Staroba	10:59	'95
Jeff Godfrey	11:00	'89
Nick Millar	11:00	'99
Rory O'Neill	11:02	'89
Ryan Lew	11:04	'92

## Sophomore Boys

Name	Time	Yr	
1 K.C. Cody	10:36	'01	1
2 Regan Masi	10:38	'00	2
3 Aria Kiani	10:41	'07	3
4 Jason DeSelle	10:44	'95	4
5 Andrew Gallagher	10:49	'00	5
6 Toli Au	10:54	'93	6
6 Zac Fitch	10:54	'98	7
8 Jon Fitch	10:55	'98	8
9 Robel Maekela	11:02	'07	8
9 <b>James Goldfield</b>	<b>11:02</b>	<b>'08</b>	<b>10</b>
11 Ryan Lew	11:05	'91	11
12 Blake McDowell	11:07	'04	12
13 Kevin Funk	11:09	'94	13
14 Scott Story	11:11	'91	14
15 Jake Currie	11:12	'95	15
16 Jerry Finlay	11:16	'94	16
16 Jason Fung	11:16	'99	16
18 John Staroba	11:17	'94	18
19 Jeremy Cutcher	11:19	'04	19
20 Alex Conley	11:23	'02	20
21 Jeff Godfrey	11:26	'88	20
22 <b>Jose Mendoza</b>	<b>11:28</b>	<b>'09</b>	<b>22</b>
23 David Britt	11:29	'98	23
24 Greg Funk	11:31	'96	24
24 Quin Coughlin	11:31	'05	25

## Junior Girls

Name	Time	Yr
<b>Julie Nacouzi</b>	<b>11:22</b>	<b>'09</b>
Kim Conley	11:56	'02
Carina Hendricks	12:16	'02
Christy Sweaney	12:21	'02
Sara Bei	12:23	'99
Sarah Bashel	12:23	'99
Celeste Berg	12:24	'07
Pamela Richardson	12:30	'93
Joy Terribilini	12:38	'00
Hunter Connell	12:43	'08
Shewit Haile	12:51	'96
Elisa Pedersen	12:56	'00
Diana Rancourt	12:58	'96
Kim Handel	13:03	'01
<b>Sara Mathews</b>	<b>13:14</b>	<b>'10</b>
Jamie Duncan	13:33	'91
Marissa Walsh	13:35	'03
Kate Blake	13:38	'03
Liana Meffert	13:38	'09
Emma Conley	13:42	'03
Georgina Vion	13:51	'95
Marisa Reichmuth	13:53	'94
Sarah McClendon	13:57	'91

## Sophomore Girls

Name	Time	Yr	
1 Sara Bei	11:05	'98	1
2 Kim Conley	11:56	'01	2
3 Sarah Bashel	12:00	'98	3
4 Christy Sweaney	12:10	'01	3
5 <b>Julie Nacouzi</b>	<b>12:14</b>	<b>'08</b>	<b>5</b>
6 Pamela Richardson	12:26	'92	6
7 Marissa Walsh	12:38	'02	7
7 Celeste Berg	12:38	'06	8
9 Emma Conley	12:40	'02	9
10 Ashley Gness	12:47	'02	10
11 Kate Blake	12:56	'02	11
12 <b>Liana Meffert</b>	<b>12:58</b>	<b>'08</b>	<b>12</b>
13 Elisa Pedersen	13:00	'99	13
14 Joy Terribilini	13:03	'99	14
15 Diana Rancourt	13:14	'95	15
16 Amy Lodin	13:21	'94	16
17 Molly McManus	13:29	'02	17
17 <b>Hunter Connell</b>	<b>13:29</b>	<b>'07</b>	<b>18</b>
19 Jamie Duncan	13:30	'90	19
19 <b>Sarah Gallagher</b>	<b>13:30</b>	<b>'07</b>	<b>20</b>
21 Karin Dove	13:39	'04	21
22 Marisa Reichmuth	13:44	'93	22
23 <b>Sara Mathews</b>	<b>13:47</b>	<b>'09</b>	<b>23</b>

Michelle Mayes  
Eloisa Colin

13:58 '87  
14:00 '94

**24 Emily Goldfield**  
**25** Barbara Hall

**13:47 '10**  
13:56 '00

**24**  
**25**

## Freshman Boys

Name	Time	Yr
Regan Masi	10:44	'99
Aria Kiani	11:02	'06
<b>James Goldfield</b>	<b>11:19</b>	<b>'07</b>
Matt Fitch	11:20	'00
Jason DeSelle	11:22	'94
Jason Fung	11:24	'98
Ross Perry	11:28	'04
Robel Maেকে	11:38	'06
K.C.Cody	11:38	'00
Zac Fitch	11:40	'97
Blake McDowell	11:41	'03
Jeremy Cutcher	11:44	'03
Ben Rowden	11:51	'06
<b>Christian Friday</b>	<b>12:06</b>	<b>10</b>
Patrick Band	12:11	'97
Jon Fitch	12:13	'97
Alex Conley	12:13	'01
Tyler Main	12:20	'05
Michael Zanetti	12:22	'06
Greg Funk	12:25	'95
Quin Coughlin	12:25	'04
<b>Sean Kelly</b>	<b>12:29</b>	<b>'10</b>
Ryan Walsh	12:34	'01
Daniel Breazeale	12:37	'05
Jake Currie	12:38	'94

## Freshman Girls

Name	Time	Yr
Sara Bei	11:38	'97
Kim Conley	12:38	'00
Kate Blake	12:45	'01
Christy Sweaney	12:45	'00
<b>Julie Nacouzi</b>	<b>12:50</b>	<b>'07</b>
Emma Conley	12:59	'01
<b>Hunter Connell</b>	<b>13:16</b>	<b>'06</b>
<b>Sarah Gallagher</b>	<b>13:21</b>	<b>'06</b>
Elisa Pedersen	13:22	'98
Joy Terribilini	13:27	'98
Celeste Berg	13:33	'05
<b>Emily Goldfield</b>	<b>13:38</b>	<b>'09</b>
Julie Mills	13:46	'02
Ashley Gness	13:58	'01
Diana Rancourt	14:04	'94
Molly McManus	14:09	'01
Barbara Hall	14:12	'99
Sonya Glidden	14:21	'94
Elizabeth Proctor	14:27	'01
Brittany Allard	14:29	'95
KT Trask	14:32	'05
Amy Bei	14:36	'95
Karin Dove	14:41	'03

Nicole Baker  
Julia Goepel

14:44 '06  
14:47 '99