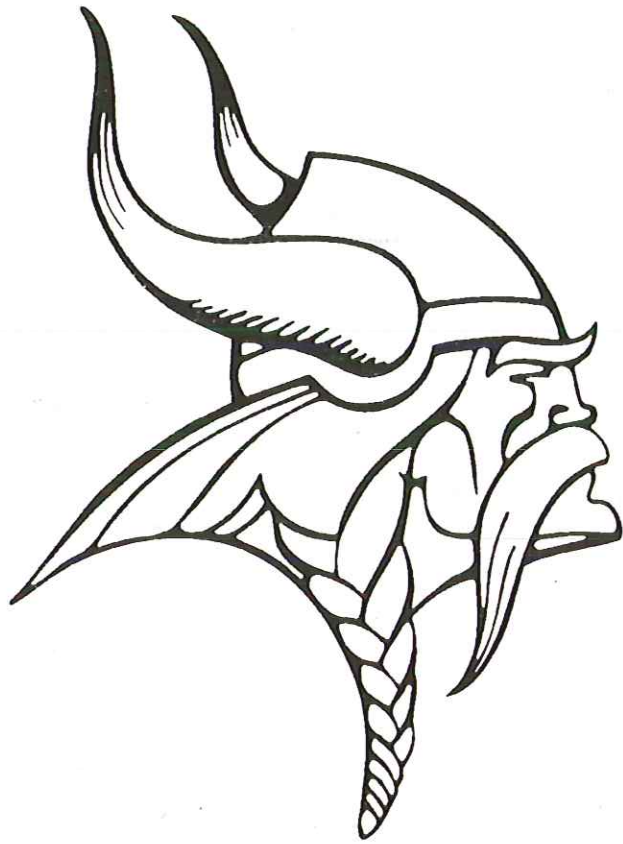


Montgomery Cross - Country



**2009 Season
Results and Statistics**

2009 Montgomery XC Roster

Varsity Boys

Evan Coombs, Junior, 2nd Yr.**
James Goldfield, Junior, 3rd Yr.
Aria Kiani, Senior, 4th Yr.
Jose Mendoza, Sophomore, 2nd Yr.
Ben Rowden, Senior, 1st Yr.**
Michael Zanetti, Senior, 3rd Yr.***

Junior Varsity Boys

Jorge Alvarado, Senior, 2nd Yr.
Gabe Ferrick, Freshman
Logan Mares, Freshman
Ashwin Mathews, Senior, 1st Yr.
Michael Rudolph, Freshman
Michael Severi, Freshman
Alexander Watson, Freshman

*2nd-year team member

**3rd-year team member

***4th-year team member

Varsity Girls

Breanna Cheatham, Sophomore, 1st Yr.
Hunter Connell, Senior, 4th Yr.
Sarah Gallagher, Senior, 4th Yr.
Emily Goldfield, Freshman
Sara Mathews, Sophomore, 1st Yr.
Liana Meffert, Junior, 2nd Yr.
Julie Nacouzi, Junior, 3rd Yr.

Junior Varsity Girls

Megan Breazeale, Sophomore, 1st Yr.
Sadie Carpenter, Freshman
Leila Nacouzi, Freshman
Michelle Nacouzi, Senior, 1st Yr.
Alyssa Page, Junior, 1st Yr.
Kira Pearson, Freshman
Kiana Sherwood, Freshman
Kassidy Pierce, Freshman
Tasia Sherwood, Freshman
Tina Vivio, Senior, 2nd Yr.
Colleen Walsh, Senior, 2nd Yr.
Samantha Warren, Senior, 3rd Yr.

First Team NBL

Julie Nacouzi
Hunter Connell

Second Team NBL

Sarah Gallagher
Emily Goldfield
Jose Mendoza
Michael Zanetti

First Team NCS Div II & State Qualifier

Julie Nacouzi

Second Team NCS Div II & State Qualifier

Jamie Goldfield

Season Records, 1982 to present

Varsity Boys											Varsity Girls											Junior Varsity Boys											Junior Varsity Girls										
Varsity Boys											Varsity Girls											Junior Varsity Boys											Junior Varsity Girls										
Dual Meets											Dual Meets											Dual Meets											Dual Meets										
W L Final											W L Final											W L Final											W L Final										
Year											Year											Year											Year										
1982	4	0	1st	5th 2A			1982	4	4	5th			1982	4	1	1st			1982	4	1	1st			1982	-	-	-															
1983	9	0	1st	3rd 2A	5th MOC		1983	5	4	2nd			1983	8	1	3rd			1983	-	-	-			1983	-	-	-															
1984	9	0	1st	2nd 2A	11th MOC		1984	6	3	2nd			1984	8	1	2nd			1984	-	-	-			1984	-	-	-															
1985	5	0	1st	1st 2A	4th MOC		1985	4	1	2nd			1985	5	0	2nd			1985	-	-	-			1985	-	-	-															
1986	5	1	1st	8th 3A			1986	6	0	1st			1986	6	0	1st			1986	-	-	-			1986	-	-	-															
1987	6	0	1st	3rd 3A			1987	5	1	3rd			1987	6	0	1st			1987	-	-	-			1987	-	-	-															
1988	4	1	2nd	6th 3A			1988	1	4	5th			1988	5	0	1st			1988	-	-	-			1988	-	-	-															
1989	9	0	1st	6th 3A			1989	1	8	5th			1989	5	0	1st			1989	-	-	-			1989	-	-	-															
1990	7	1	2nd	1st Div. I	13th State		1990	3	4	4th			1990	8	0	1st			1990	-	-	-			1990	-	-	-															
1991	11	0	1st	3rd Div. II			1991	9	2	3rd			1991	9	0	1st			1991	-	-	-			1991	-	-	-															
1992	9	0	1st	1st Div. II	8th State		1992	5	3	4th			1992	6	0	1st			1992	-	-	-			1992	-	-	-															
1993	11	0	1st	1st Div. I	11th State		1993	2	10	5th			1993	10	0	1st			1993	-	-	-			1993	-	-	-															
1994	9	5	3rd	3rd Div. I			1994	13	2	2nd			1994	12	0	1st			1994	-	-	-			1994	-	-	-															
1995	13	0	1st	4th Div. I			1995	12	1	2nd			1995	10	1	2nd			1995	-	-	-			1995	-	-	-															
1996	15	1	2nd	1st Div. I	13th State		1996	8	5	4th			1996	15	1	2nd			1996	-	-	-			1996	-	-	-															
1997	13	2	2nd	3rd Div. I			1997	9	1	2nd			1997	8	0	2nd			1997	-	-	-			1997	-	-	-															
1998	14	0	3rd	3rd Div. III			1998	10	1	2nd			1998	9	0	2nd			1998	-	-	-			1998	-	-	-															
1999	11	1	1st	5th Div. I			1999	11	0	1st			1999	9	0	2nd			1999	-	-	-			1999	-	-	-															
2000	15	0	1st	4th Div. II	12th State		2000	12	0	1st			2000	10	0	1st			2000	-	-	-			2000	-	-	-															
2001	12	2	3rd	5th Div. I			2001	11	1	2nd			2001	11	1	2nd			2001	-	-	-			2001	-	-	-															
2002	15	1	1st	2nd Div. I	15th State		2002	16	0	1st			2002	12	5	3rd			2002	-	-	-			2002	-	-	-															
2003	8	6	4th	9th Div. II			2003	12	2	2nd			2003	8	6	4th			2003	-	-	-			2003	-	-	-															
2004	8	2	2nd	7th Div. II			2004	5	4	2nd			2004	5	4	4th			2004	-	-	-			2004	-	-	-															
2005	12	3	3rd	4th Div. II	21st State		2005	10	2	2nd			2005	7	6	4th			2005	-	-	-			2005	-	-	-															
2006	12	4	2nd	4th Div. II			2006	10	3	2nd			2006	15	0	2nd			2006	-	-	-			2006	-	-	-															
2007	6	1	3rd	3rd Div. II	20th State		2007	6	1	2nd			2007	4	1	2nd			2007	-	-	-			2007	-	-	-															
2008	5	2	3rd	10th Div. II			2008	6	1	2nd			2008	1	3	4th			2008	-	-	-			2008	-	-	-															
2009	3	4	4th	6th Div. II			2009	6	1	2nd			2009	0	3	Inc			2009	-	-	-			2009	-	-	-															
Totals	260	38	13	NBL Titles, 5 NCS Titles			Totals	205	69	4	NBL Titles, 3 NCS Titles			220	34	13	NBL Titles			Totals	70	12	3	NBL Titles																			

North Bay League Individual Champions

Varsity Boys			Varsity Girls		
Yr			Yr		
Points			Points		
1965	Bob Waldon	29	1965	Steve Ricker	32
1972	Steve Ricker	7	1972	Steve Ricker	32
1976	Bill Johnson	26	1976	Bill Johnson	26
1979	Dave Rodriguez	28	1979	Dave Rodriguez	28
1984	Paul Cummings	15	1984	Paul Cummings	15
1985	Paul Cummings	20	1985	Paul Cummings	20
1986	Kevin Smith	17	1986	Kevin Smith	17
1987	Mike Contos	30	1987	Mike Contos	30
1992	David Toomey	32	1992	David Toomey	32
2000	Nick Millar	24	2000	Nick Millar	24
2002	Matt Filch	22	2002	Matt Filch	22
2006	Blake McDowall		2006	Blake McDowall	

North Bay League Team Champions

JV Boys			JV Girls		
Yr			Yr		
Points			Points		
1982	29	7	1982	Steve Ricker	32
1986	26	18	1986	Paul Cummings	20
1987	15	20	1987	Kevin Smith	17
1988	17	30	1988	Mike Contos	30
1989	32	32	1989	David Toomey	32
1992	30	24	1992	Nick Millar	24
1993	27	22	1993	Matt Filch	22
1995	38		1995	Blake McDowall	
1999	34		1999	Blake McDowall	
2000	25		2000	Blake McDowall	
2002	35		2002	Blake McDowall	

NCS Individual Champions

Varsity Boys			Varsity Girls		
Yr			Yr		
Points			Points		
1972	Steve Ricker	32	1972	Steve Ricker	32
1985	Paul Cummings	20	1985	Paul Cummings	20
1993	David Toomey	32	1993	David Toomey	32
2006	Blake McDowall		2006	Blake McDowall	

NCS Team Champions

Varsity Boys			Varsity Girls		
Yr			Yr		
Points			Points		
1980	84 (3A)	1976	72 (3A)		
1985	42 (2A)	1977	32 (3A)		
1990	50 (I)	1998	54 (II)		
1992	53 (II)	2000	36		
1993	44 (I)	2001	51		
1996	41 (I)				

State Meet Team Champions

Varsity Boys			Varsity Girls		
Yr			Yr		
Points			Points		
2000	96 (II)		1987	Sara Bel	
			1988	Sara Bel	
			1989	Sara Bel	
			1999	Sara Bel	
			2000	Sara Bel	

JV - Fr./So. Boys

Yr			Points		
1982	Jason Schaumburg (F/S)	1982	Paul Audiss		
1984	Derek Powell	1984	Derek Powell		
1985	Randal Watkins (F/S)	1985	Randal Watkins (F/S)		
1986	Jeff Fletcher	1986	Jeff Fletcher		
1987	Barry Howell	1987	Barry Howell		
1988	Dean Crane	1988	Dean Crane		
1989	Kevin Boone	1989	Kevin Boone		
1990	Jason Selby	1990	Jason Selby		
1991	Scott Story	1991	Scott Story		
1994	Kevin Funk	1994	Kevin Funk		
1998	David Britt	1998	David Britt		
2000	Matt Filch	2000	Matt Filch		

Practices	Meets
J. Nacouzi	12
Gallagher	12
E. Goldfield	12
Zanetti	12
S. Mathews	11
Connell	11
J. Goldfield	11
Mendoza	69
Coombs	69
Cheatham	63
L. Nacouzi	61
Pearson	59
M. Nacouzi	59
Meffert	57
Kiani	56
K. Sherwood	55
Watson	55
Page	50
Mares	47
Vivio	46
Carpenter	46
Severi	46
T. Sherwood	44
Pierce	42
Alvarado	42
Rowden	41
Ferrick	41
Rudolph	38
Walsh	32
Warren	32
A. Mathews	31
Breazeale	26

Practices	Meets
J. Nacouzi	12
J. Goldfield	12
Mendoza	12
Coombs	12
Gallagher	11
E. Goldfield	11
Zanetti	11
Connell	11
L. Nacouzi	10
Kiani	10
K. Sherwood	10
Pierce	10
S. Mathews	9
Pearson	9
Watson	9
T. Sherwood	9
Cheatham	8
M. Nacouzi	8
Meffert	8
Page	8
Vivio	8
Carpenter	8
Severi	8
Rudolph	8
A. Mathews	8
Mares	7
Rowden	7
Warren	7
Alvarado	6
Walsh	6
Breazeale	5
Ferrick	4

Cross Country Season Miles	
J. Nacouzi	430.5
Gallagher	370.6
E. Goldfield	361.0
S. Mathews	346.1
Connell	338.3
L. Nacouzi	295.6
Meffert	277.9
Cheatham	262.6
Pearson	247.7
M. Nacouzi	246.2
Page	219.6
K. Sherwood	205.0
Pierce	187.4
Vivio	176.6
Carpenter	175.9
T. Sherwood	167.0
Walsh	122.8
Warren	121.7
Breazeale	116.9

Cross Country Career Miles	
J. Nacouzi	1318.9
Connell	1276.2
J. Nacouzi	1045.0
Meffert	645.1
Warren	603.2
Vivio	379.1
E. Goldfield	361.0
S. Mathews	346.1
Walsh	312.6
L. Nacouzi	295.6
Cheatham	262.6
Pearson	247.7
M. Nacouzi	246.2
Page	219.6
K. Sherwood	205.0
Pierce	187.4
Carpenter	175.9
T. Sherwood	167.0
Breazeale	116.9

Mileage All-Time Career List	
1 Jason Fung, '02	1546.4
2 Michael Zanetti, '10	1449.0
3 Zac Fitch, '01	1459.5
4 Jon Fitch, '01	1436.0
5 Aria Kiani, '10	1402.3
6 Jake Currie, '98	1365.3
7 Jon Martindill, '08	1359.2
8 Jeremy Cutcher, '07	1339.9
9 Alex Conley, '05	1328.6
10 Andrew Gallagher, '03	1323.5
11 Nick Millar, '01	1314.9
12 Matt Fitch, '04	1307.3
13 Quin Coughlin, '08	1281.5
14 Jason DeSelle, '98	1250.6
15 Blake McDowall, '07	1235.2
16 K.C. Cody, '04	1214.7
17 Regan Masi, '03	1205.7
18 Greg Funk, '99	1194.0
19 Tom Ott, '08	1169.7
20 Daniel Breazeale, '09	1137.4
21 David Toomey, '94	1112.3
22 Jamie Goldfield, '11	1091.8
23 John Staroba, '97	1078.0
24 David Dranow, '02	1021.8
25 Greg DeSelle, '03	1012.4

Miles per Season (Ave.)	
1 Millar, '01	438.3
2 Masi, '03	428.0
3 Fung, '02	386.6
4 Toomey, '94	370.8
5 Z. Fitch, '01	364.9
6 Goldfield, '11	363.9
7 M. Zanetti, '10	362.3
9 Staroba, '97	359.3
7 J. Fitch, '01	359.0
10 Morgan, '99	357.3
11 Lewis, '89	355.8
12 Kiani, '10	350.6
13 Higgins, '95	350.0
14 Fagant, '01	347.9
15 Conley, '08	343.2
16 Currie, '98	341.3
17 Martindill, '08	339.8
18 Cutcher, '07	335.0
19 Coombs, '11	333.0
20 Conley, '05	332.0
21 Proctor, '02	329.9
22 A. Gallagher, '03	329.6
23 Fitch, M, '04	326.8
24 Britt, '01	325.0
25 Mendoza, '12	320.8

Single Season Practice Mileage Records	
Nick Millar	463.8 '99
Regan Masi	462.5 '99
Justin Morgan	456.2 '98
David Toomey	440.9 '93
Michael Zanetti	417.0 '10
Sara Bei	462.0 '98
Julie Nacouzi	430.5 '09
Sarah Basher	432.4 '98
Jen Martindill	414.5 '05
Sarah Gallagher	370.6 '09

Boys	
1 Kim Conley, '04	1333.0
2 Celeste Berg, '09	1330.5
3 Kate Blake, '05	1329.5
4 Sarah Gallagher, '10	1318.9
5 Hunter Connell, '10	1276.2
6 Sara Bei, '01	1273.8
7 Emma Conley, '05	1260.9
8 Christy Sweaney, '04	1231.3
9 Karin Dove, '07	1213.6
10 Elisa Pedersen, '02	1198.1
11 Sara Basher, '01	1162.8
12 April Malvino, '09	1105.2
13 Joy Terrillini, '02	1104.1
14 Molly McManus, '05	1080.8
15 Allie Oser, '07	1051.6
16 Julie Nacouzi, '11	1045.0
17 Maggie McManus, '08	986.1
18 Katherine Wyatt, '09	946.0
19 Marissa Walsh, '05	915.5
20 Amy Bei, '99	911.5
21 Ashley Gross, '05	905.9
22 Barbara Hall, '03	903.0
23 Sarah McClendon, '93	885.6
24 Elizabeth Proctor, '05	875.8
25 Anne-Elise Krug, '06	849.7

Girls	
1 Nacouzi, '11	348.3
2 Martindill, '06	336.9
3 Conley, K, '04	333.3
4 Berg, '09	332.6
5 Blake, '05	332.4
6 Gallagher, '10	329.7
7 Meffert, '11	147.8
8 Connell, '10	319.1
9 S. Bei, '01	318.5
10 Hendricks, '04	318.1
11 Conley, E, '05	315.2
12 Sweaney, '04	307.8
13 McAdler, '04	306.5
14 Walsh, '05	305.2
15 Dove, '07	303.4
16 Pedersen, '02	299.5
17 Handel, '03	297.8
18 Boyd, '10	297.5
19 McClendon, '93	295.2
20 Basher, '01	290.7
21 Ruffatto, '07	285.2
22 Krug, '06	283.2
23 L. Zanetti, '07	283.2
24 Trask, '09	281.6
25 M. Zanetti, '07	279.4

Montgomery Teams: Year-by-Year Comparison

3-Mile Spring Lake Course

Varsity Girls

	Time	Year	Top Five Runners
1	1:32:41	2002	Handel, K. Conley, E. Conley, Hendricks, Sweaney
2	1:33:30	2000	S. Bei, Bashel, Sweaney, Pedersen, Terribilini
3	1:33:32	2001	K. Conley, E. Conley, Handel, Sweaney, Pedersen
4	1:34:25	1998	S. Bei, Bashel, Malvino, Terribilini, Pedersen
5	1:35:56	2009	Nacouzi, Connell, Gallagher, Goldfield, Meffert
6	1:36:35	2008	Nacouzi, Berg, Connell, Meffert, Gallagher
7	1:36:46	1999	Bei, Bashel, Pedersen, Terribilini, Hall
8	1:36:50	2003	K. Conley, Sweaney, E. Conley, McAdler, Walsh
9	1:37:21	2007	Berg, Connell, Nacouzi, Gallagher, Boyd
10	1:38:12	1997	S. Bei, Bashel, Rancourt, Haile, Malvino
11	1:39:18	2006	Berg, Gallagher, Connell, Dove, Oser
12	1:41:18	2004	E. Conley, Blake, Walsh, Dove, Mo. McManus
13	1:42:43	1995	Rancourt, Haile, Vion, Cushing, McRae
14	1:42:58	1991	Gay, Wiesner, Jordan, Duncan, McClendon
15	1:43:11	1994	Richardson, Lodin, Reichmuth, Haile, Colin
16	1:44:27	2005	Martindill, Berg, Oser, Wahl, Wyatt
17	1:45:38	1996	Rancourt, Haile, Pacheco, Finch, Malvino
18	1:46:00	1992	Richardson, McClendon, Duncan, Chaffin, Zbinden
19	1:50:09	1990	Duncan, McClendon, Gay, Jordan, Blackwell
20	1:51:44	1993	Richardson, Reichmuth, Chaffin, Cushing, Scott
21	1:51:48	1988	Mayes, Scott, Montague, Zelenak, Preston
22	1:54:31	1989	Gay, Jordan, Preston, J. Scott, Blackwell

Varsity Boys

	Time	Year	Top Five Runners
1	1:19:45	1992	Selby, Toomey, Sanborn, Hinkle, Bisbee
2	1:20:36	2000	Masi, Z. Fitch, Millar, J. Fitch, Fagent
3	1:20:41	2006	McDowall, Coughlin, Cutcher, Kiani, Maekele
4	1:21:22	2002	M. Fitch, Cody, Masi, Conley, Gallagher
5	1:21:55	1991	Lopes, Haluzak, Sanborn, Selby, Hinkle
6	1:22:15	1993	Toomey, Story, R. Lew, Toli Au, Higgins
7	1:22:30	1996	K. Funk, Staroba, DeSelle, Finlay, G. Funk
8	1:22:45	1999	Masi, Z. Fitch, Millar, Fagent, J. Fitch
9	1:23:06	1989	Intner, Jf. Godfrey, Keith, O'Neill, Fitzwater
10	1:23:16	1995	DeSelle, K. Funk, Staroba, Currie, Finlay
11	1:23:17	2001	M. Fitch, Gallagher, Cody, Proctor, Fung
12	1:23:21	1998	G. Funk, Z. Fitch, J. Fitch, Escobedo, Millar
13	1:23:22	2007	Coughlin, Kiani, Martindill, Corley, Maekele
14	1:23:36	1990	Jf. Godfrey, Lopes, Haluzak, Sanborn, Grafe
15	1:23:45	1997	DeSelle, G. Funk, Currie, Escobedo, Z. Fitch
16	1:23:59	2008	Kiani, Goldfield, Zanetti, Carver, Brott
17	1:24:03	1988	Lewis, Keith, Downing, Stevenson, Intner
18	1:24:34	2003	M. Fitch, Cody, Conley, McDowall, Cutcher
19	1:24:37	2005	Cutcher, Coughlin, McDowall, Martindill, Main
20	1:24:44	2009	Kiani, Goldfield, Zanetti, Medoza, Coombs
21	1:25:11	2004	Conley, McDowall, Cutcher, Hall, Perry
22	1:26:33	1994	Staroba, Finlay, Finch, DeSelle, T. Buonaccorsi

Junior Varsity Girls

	Time	Year	Top Five Runners
1	1:43:51	2002	Gnoss, McManus, Richardson, Mills, Hall
2	1:46:19	2001	Gnoss, McManus, Proctor, Hall, Thomas
3	1:50:27	2003	Dove, Ashley Gnoss, Alex Gnoss, Proctor, Krug
4	1:53:13	1995	Glidden, Finch, Mackie, Malvino, Bernard
5	1:54:15	2006	McManus, Wahl, Kremer, Klatt, Alley
6	1:56:41	2005	Dove, Wei, Davey, M. Zanetti, Alley
7	1:57:28	2004	Tunzi, Wahl, Proctor, Oser, Ma. McManus
8	1:58:00	1994	Rancourt, Finch, Mackie, M. Scott, Viall
9	1:59:42	2009	L. Nacouzi, Pierce, Page, M. Nacouzi, Walsh
10	2:02:17	1996	Mackie, L. Thomas, McCon, Perry, A. Bei
11	2:05:23	2007	Wyatt, McKee, Warren, Hall, Danielick

Junior Varsity Boys

	Time	Year	Top Five Runners
1	1:27:42	1989	Boone, Garrison, Parsons, del Campo, Hunt
2	1:28:13	1991	Story, Dorris, R. Lew, Oblad, Flanagan
3	1:28:44	1988	Crane, O'Neill, R. Contos, Fitzwater, R. Lynn
4	1:28:54	2007	Reinik, Rowden, Zanetti, Breazeale, Hyland
5	1:29:01	1990	Selby, Bisbee, Hunt, J. Waldow, Parsons
6	1:29:23	2000	M. Fitch, Cody, J. Mills, Proctor, McRae
7	1:29:55	1994	K. Funk, Currie, Erickson, Jackman, Strickland
8	1:30:00	1992	R. Lew, Greenberg, Higgins, Votruba, Rangel
9	1:30:11	2006	Martindill, Wolff, Breazeale, Carver, Love
10	1:32:38	1999	Gallagher, Carlsen, J. Mills, McRae, Proctor
11	1:33:15	1993	T. Buonaccorsi, Martinez, Carvalho, Strickland, Widener
12	1:33:52	1998	Britt, Band, Minkoff, Schlereth, Cho
13	1:34:24	1996	B. Buonaccorsi, Davis, Koch, Phelps, Chapin
14	1:34:27	1997	G. Mills, Willison, J. Fitch, Band, Metzler
15	1:34:33	2001	Mills, Walsh, Wright, Bailey, Flaherty-Laub
16	1:35:39	1995	G. Funk, B. Buonaccorsi, Phelps, Chapin, Larsen
17	1:36:55	2008	Mendoza, Bowman, Breazeale, Clark, Breninger
18	1:37:42	2002	Wright, DeSelle, Walsh, Flaherty-Laub, L. Hall
19	1:38:14	2005	Alley, Wolff, Lemanski, Love, Brott
20	1:41:09	2004	Martindill, Potter, Fritz, Murphy, Wolff
21	1:41:55	2003	McDowell, Lee, Hall, Hazen, Griffiths
22	2:04:46	2009	Severi, Alvarado, Watson, Rudolph, Ferrick

Cross Country: All-Time Vikings on 2-Mile Spring Lake Course

Overall Boys

Name	Time	Yr
1 Blake McDowell	10:08	'06
2 Aria Kiani	10:13	'08
3 Mike Contos	10:14	'87
4 K.C. Cody	10:16	'03
5 Nick Millar	10:20	'00
6 David Toomey	10:21	'93
8 Nat Lopes	10:25	'91
9 Jon Fitch	10:31	'00
11 Randall Watkins	10:34	'87
12 Tim Sanborn	10:35	'90
12 Dave Intrer	10:36	'89
12 Kevin Funk	10:36	'96
15 Zac Fitch	10:36	'00
16 Nate Bisbee	10:37	'92
16 Jason DeSelle	10:38	'96
18 Regan Masi	10:38	'00
19 Andrew Gallagher	10:49	'01
20 Josh Hinkle	10:40	'91
20 Drew Fagant	10:41	'00
20 Alex Conley	10:41	'04
23 Keith Lewis	10:43	'87
23 John Staroba	10:43	'96
25 Jason Selby	10:46	'92

Senior Boys

Name	Time	Yr
1 Blake McDowell	10:08	'06
2 Mike Contos	10:14	'87
3 Aria Kiani	10:14	'09
4 K.C. Cody	10:16	'03
5 Nick Millar	10:20	'00
6 David Toomey	10:21	'93
7 Nat Lopes	10:25	'91
8 Jon Fitch	10:31	'00
9 Matt Fitch	10:32	'03
10 Randall Watkins	10:34	'87
12 Jeff Godfrey	10:34	'90
12 Tim Sanborn	10:35	'92
13 Dave Intrer	10:36	'89
13 Kevin Funk	10:36	'96
13 Zac Fitch	10:36	'00
16 Nate Bisbee	10:37	'92
17 Andrew Gallagher	10:39	'02
18 Drew Fagant	10:41	'00
18 Alex Conley	10:41	'04
20 John Staroba	10:43	'96
21 Josh Hinkle	10:45	'92
22 Jason Selby	10:46	'92
23 Keith Lewis	10:47	'88
24 Scott Story	10:48	'93
25 Ryan Lew	10:50	'93
25 Jason DeSelle	10:50	'97

Junior Boys

Name	Time	Yr
1 Aria Kiani	10:13	'08
1 K.C. Cody	10:22	'02
3 David Toomey	10:22	'92
4 Matt Fitch	10:25	'02
4 Jason DeSelle	10:38	'96
6 Blake McDowell	10:38	'05
7 Josh Hinkle	10:40	'91
8 Zac Fitch	10:41	'99
9 Keith Lewis	10:43	'87
9 Kevin Funk	10:44	'95
11 Jon Fitch	10:44	'99
12 Tim Sanborn	10:45	'91
13 Jason Selby	10:47	'91
14 Andrew Gallagher	10:49	'01
15 James Goldfield	10:50	'09
16 Nathan Bisbee	10:51	'91
17 Greg Funk	10:56	'97
17 Drew Fagant	10:56	'99
19 Scott Story	10:57	'92
20 John Staroba	10:59	'95
21 Jeff Godfrey	11:00	'89
21 Nick Millar	11:00	'99
23 Rory O'Neill	11:02	'89
24 Ryan Lew	11:04	'92
25 Star Stevenson	11:05	'88

Sophomore Boys

Name	Time	Yr
1 K.C. Cody	10:36	'01
2 Regan Masi	10:38	'00
3 Aria Kiani	10:41	'07
4 Jason DeSelle	10:44	'95
5 Andrew Gallagher	10:49	'00
6 Toli Au	10:54	'93
6 Zac Fitch	10:54	'98
8 Jon Fitch	10:55	'98
9 Robel Maekele	11:02	'07
9 James Goldfield	11:02	'08
11 Ryan Lew	11:05	'91
12 Blake McDowell	11:07	'04
13 Kevin Funk	11:09	'94
14 Scott Story	11:11	'91
15 Jake Currie	11:12	'95
16 Jerry Frinlay	11:16	'94
16 Jason Funk	11:16	'99
18 John Staroba	11:17	'94
19 Jeremy Cutcher	11:19	'04
20 Alex Conley	11:23	'02
21 Jeff Godfrey	11:26	'88
22 Jose Mendoza	11:28	'09
23 David Britt	11:29	'98
24 Greg Funk	11:31	'96
24 Quin Coughlin	11:31	'05

Freshman Boys

Name	Time	Yr
1 Regan Masi	10:44	'99
2 Aria Kiani	11:02	'06
3 James Goldfield	11:19	'07
4 Matt Fitch	11:20	'00
5 Jason DeSelle	11:22	'94
6 Jason Fung	11:24	'98
7 Ross Perry	11:28	'04
8 Robel Maekele	11:38	'06
8 K.C. Cody	11:38	'00
10 Zac Fitch	11:40	'97
11 Blake McDowell	11:41	'03
12 Jeremy Cutcher	11:44	'03
13 Ben Rowden	11:51	'06
14 Patrick Band	12:11	'97
15 Jon Fitch	12:13	'97
15 Alex Conley	12:13	'01
17 Tyler Main	12:20	'05
18 Michael Zanetti	12:22	'06
19 Quin Coughlin	12:25	'95
21 Ryan Walsh	12:34	'01
22 Daniel Brazzaele	12:37	'05
23 Jake Currie	12:38	'94
24 Jake Minkoff	12:40	'98
25 Alex Brott	12:44	'05

Overall Girls

Name	Time	Yr
1 Sara Bei	11:05	'98
2 Julie Nacouzi	11:22	'03
3 Kim Conley	11:51	'09
4 Pamela Richardson	11:59	'94
5 Sarah Bachel	11:59	'94
6 Celeste Berg	12:00	'98
7 Christy Sweaney	12:07	'08
8 Kim Handel	12:10	'01
9 Jennifer Martindill	12:16	'02
10 Jennifer Martindill	12:30	'05
11 Joy Terrilini	12:38	'00
11 Marissa Walsh	12:38	'02
13 Emma Conley	12:40	'02
14 Hunter Connell	12:43	'08
15 Ashley Gnos	12:45	'01
17 Shewit Haile	12:51	'96
18 Sarah Gallagher	12:53	'09
19 Elisa Pedersen	12:56	'00
20 Diana Rancourt	12:58	'96
22 April Malvino	13:01	'98
23 Lisa Gay	13:05	'91
24 Nicole Fischer	13:15	'87
25 Amy Lodin	13:21	'94

Junior Girls

Name	Time	Yr
1 Julie Nacouzi	11:22	'09
2 Kim Conley	11:56	'02
3 Carina Hendricks	12:16	'02
4 Christy Sweaney	12:21	'02
5 Sara Bei	12:23	'99
6 Sarah Bachel	12:23	'99
7 Celeste Berg	12:24	'07
8 Pamela Richardson	12:30	'93
9 Joy Terrilini	12:38	'00
10 Hunter Connell	12:43	'08
11 Shewit Haile	12:51	'96
12 Elisa Pedersen	12:56	'00
13 Diana Rancourt	13:03	'01
14 Kim Handel	13:03	'03
15 Jamie Duncan	13:33	'91
16 Kate Blake	13:38	'03
17 Marissa Walsh	13:38	'03
18 Liana Meffert	13:38	'09
19 Emma Conley	13:42	'03
20 Georgina Vion	13:51	'95
21 Marisa Reichmuth	13:53	'94
22 Sarah McClendon	13:57	'91
23 Michelle Mayes	13:58	'87
24 Eloisa Colin	14:00	'94
25 Molly McManus	14:02	'03

Sophomore Girls

Name	Time	Yr
1 Sara Bei	11:05	'98
2 Kim Conley	11:56	'01
3 Sarah Bachel	12:00	'98
4 Christy Sweaney	12:10	'01
5 Julie Nacouzi	12:14	'08
6 Pamela Richardson	12:26	'92
7 Marissa Walsh	12:38	'02
8 Celeste Berg	12:38	'06
9 Emma Conley	12:40	'02
10 Ashley Gnos	12:47	'02
11 Kate Blake	12:56	'02
12 Liana Meffert	12:58	'08
13 Elisa Pedersen	13:00	'99
14 Joy Terrilini	13:03	'99
15 Diana Rancourt	13:14	'95
16 Amy Lodin	13:21	'94
17 Molly McManus	13:29	'02
19 Jamie Duncan	13:30	'90
19 Sarah Gallagher	13:30	'07
21 Karin Dove	13:39	'04
22 Marisa Reichmuth	13:44	'93
23 Sara Matthews	13:47	'09
24 Barbara Hall	13:56	'00
25 Megan McRae	14:06	'95

Freshman Girls

Name	Time	Yr
1 Sara Bei	11:38	'97
2 Kim Conley	12:38	'00
3 Kate Blake	12:45	'01
3 Christy Sweaney	12:45	'00
5 Julie Nacouzi	12:50	'07
6 Emma Conley	12:59	'01
7 Hunter Connell	13:16	'06
8 Sarah Gallagher	13:21	'98
9 Elisa Pedersen	13:22	'98
10 Joy Terrilini	13:27	'98
11 Celeste Berg	13:33	'05
12 Emily Goldfield	13:38	'09
13 Julie Mills	13:46	'02
14 Ashley Gnos	13:58	'01
15 Diana Rancourt	14:04	'94
16 Molly McManus	14:09	'01
17 Barbara Hall	14:12	'99
18 Sonya Giddin	14:21	'94
19 Elizabeth Proctor	14:27	'01
20 Britany Allard	14:29	'95
21 KT Trask	14:32	'05
22 Amy Bei	14:36	'95
23 Karin Dove	14:41	'03
24 Nicole Baker	14:44	'06
25 Julia Goepl	14:47	'99

Cross Country: All-Time Vikings on 3-Mile Spring Lake Course

Overall Boys			Senior Boys			Junior Boys			Sophomore Boys			Freshman Boys		
Name	Time	Yr	Name	Time	Yr	Name	Time	Yr	Name	Time	Yr	Name	Time	Yr
1 Blake McDowall	15:09	'06	1 Blake McDowall	15:09	'06	1 Matt Fitch	15:27	'02	1 Jason DeSelle	15:57	'95	1 Regan Masi	16:06	'99
2 David Toomey	15:26	'93	2 David Toomey	15:26	'93	3 Aria Kiani	15:32	'92	2 Regan Masi	15:57	'00	2 Aria Kiani	16:29	'06
3 Matt Fitch	15:27	'03	3 Jason Selby	15:32	'92	4 K.C. Cody	15:41	'09	3 Matt Fitch	16:14	'01	3 Robel Maekele	16:51	'06
4 Jason Selby	15:32	'92	4 Aria Kiani	15:41	'09	5 Quin Coughlin	16:08	'06	4 K.C. Cody	16:15	'09	4 Matt Fitch	17:04	'00
5 Aria Kiani	15:41	'09	5 Nat Lopes	15:47	'91	6 Zac Fitch	16:10	'99	5 K.C. Cody	16:16	'01	5 K.C. Cody	17:11	'00
6 Nat Lopes	15:47	'91	6 Nick Millar	15:51	'90	7 Andrew Gallagher	16:14	'01	6 Jason DeSelle	16:18	'98	6 Jason DeSelle	17:19	'94
7 K.C. Cody	15:50	'02	7 Jeff Godfrey	15:53	'00	8 Jason DeSelle	16:16	'96	7 Aria Kiani	16:20	'07	7 Jason DeSelle	17:19	'98
8 Nick Millar	15:51	'00	8 Matt Fitch	15:53	'03	9 Kevin Funk	16:19	'95	8 Toff Au	16:26	'93	8 Zac Fitch	17:22	'97
9 Jeff Godfrey	15:53	'90	9 Tim Sanborn	15:54	'92	10 Tim Sanborn	16:22	'91	9 Jon Fitch	16:27	'98	9 James Goldfield	17:24	'07
10 Tim Sanborn	15:54	'92	10 Kevin Funk	15:56	'96	11 Tim Sanborn	16:22	'91	10 Quin Coughlin	16:28	'05	10 Andrew Gallagher	17:33	'99
11 Kevin Funk	15:56	'96	11 Zac Fitch	15:56	'00	12 Nat Lopes	16:23	'91	11 Blake McDowall	16:30	'04	11 Blake McDowall	17:37	'03
12 Zac Fitch	15:56	'00	12 Keith Lewis	16:02	'88	13 James Goldfield	16:25	'09	12 James Goldfield	16:31	'08	11 Ross Perry	17:37	'04
13 Jason DeSelle	15:57	'95	13 Jon Fitch	16:02	'90	14 Blake McDowall	16:25	'09	13 Andrew Gallagher	16:35	'00	13 Jake Currie	17:38	'94
14 Jason DeSelle	15:57	'00	14 Josh Hinkle	16:05	'92	15 James Goldfield	16:25	'09	14 David Toomey	16:36	'91	13 Jeremy Cutcher	17:38	'04
15 Keith Lewis	16:02	'88	15 Jason DeSelle	16:05	'97	16 Jeremy Cutcher	16:27	'05	15 Alex Conley	16:44	'02	13 Quin Coughlin	17:38	'04
16 Jon Fitch	16:02	'00	16 Jeremy Cutcher	16:08	'06	17 Greg Funk	16:30	'97	16 Greg Funk	16:46	'96	13 Tyler Main	17:38	'05
17 Josh Hinkle	16:05	'92	17 Dave Intrer	16:10	'89	18 Nick Millar	16:31	'99	17 Jeremy Cutcher	16:47	'04	17 Michael Zanetti	17:45	'06
18 Quin Coughlin	16:08	'06	18 Drew Fagant	16:14	'00	19 Jeff Godfrey	16:32	'89	18 Jake Currie	16:53	'95	18 Alex Conley	18:05	'01
19 Jeremy Cutcher	16:08	'06	19 K.C. Cody	16:14	'03	20 Scott Story	16:36	'92	19 Robel Maekele	16:54	'07	19 Jeff Fitch	18:14	'99
20 Dave Intrer	16:10	'89	20 Regan Masi	16:16	'02	21 Nate Bisbee	16:37	'91	20 Ryan Law	17:00	'91	20 Jeff Mills	18:18	'99
21 Drew Fagant	16:14	'00	21 Peter Keith	16:17	'89	22 Jake Currie	16:38	'96	21 Tim Sanborn	17:02	'90	21 Brad Carver	18:19	'06
22 Andrew Gallagher	16:14	'01	22 Greg Funk	16:18	'98	23 Peter Keith	16:38	'96	22 Jerry Finlay	17:06	'94	22 Greg Funk	18:20	'95
23 Jose Mendoza	16:15	'09	23 Scott Story	16:18	'93	24 Erik Haluzak	16:44	'08	23 John Staroba	17:06	'94	23 Logan Mares	18:26	'09
24 Peter Keith	16:17	'89	24 Erik Haluzak	16:20	'91	25 Michael Zanetti	16:44	'08	24 Nick Millar	17:10	'98	24 Daniel Breazeale	18:34	'05
25 Greg Funk	16:17	'98	25 Michael Zanetti	16:22	'09				25 Jason Funk	17:12	'99	25 Ryan Walsh	18:38	'01

Overall Girls			Senior Girls			Junior Girls			Sophomore Girls			Freshman Girls		
Name	Time	Yr	Name	Time	Yr	Name	Time	Yr	Name	Time	Yr	Name	Time	Yr
1 Sara Bei	16:43	'98	1 Sara Bei	17:12	'00	1 Sara Bei	16:57	'99	1 Sara Bei	16:43	'98	1 Sara Bei	17:09	'97
2 Julie Nacouzi	17:24	'09	2 Kim Conley	17:46	'03	2 Julie Nacouzi	17:24	'09	2 Sarah Bachel	17:40	'98	2 Celeste Berg	18:45	'05
3 Sarah Bachel	17:40	'98	3 Kim Handel	17:47	'02	3 Kim Conley	17:59	'02	3 Kim Conley	18:00	'01	3 Emma Conley	18:47	'01
4 Kim Conley	17:46	'03	4 Celeste Berg	18:06	'08	4 Celeste Berg	18:44	'07	4 Julie Nacouzi	18:03	'08	4 Julie Nacouzi	18:51	'07
5 Kim Handel	17:47	'02	5 Jennifer Martindill	18:09	'05	5 Sarah Bachel	18:46	'99	5 Christy Sweaney	18:37	'01	5 Christy Sweaney	19:06	'00
6 Celeste Berg	18:06	'08	6 Pamela Richardson	18:32	'94	6 Kim Handel	18:48	'01	6 Hunter Connell	18:51	'07	6 Kim Conley	19:08	'00
7 Jennifer Martindill	18:09	'05	7 Christy Sweaney	18:56	'03	7 Carina Hendricks	18:58	'02	7 Celeste Berg	18:52	'06	7 Kate Blake	19:16	'01
8 Pamela Richardson	18:32	'94	8 Sarah Bachel	18:58	'00	8 Pamela Richardson	18:59	'93	8 Emma Conley	18:55	'02	8 Sarah Bachel	19:22	'97
9 Christy Sweaney	18:37	'01	9 Hunter Connell	18:58	'09	9 Hunter Connell	19:00	'08	9 Emma Conley	19:12	'92	9 Sarah Gallagher	19:40	'06
10 Emma Conley	18:47	'01	10 Elisa Pedersen	19:03	'01	10 Christy Sweaney	19:02	'02	10 Marissa Walsh	19:15	'02	10 Hunter Connell	19:49	'06
11 Hunter Connell	18:51	'07	11 Diana Rancourt	19:08	'97	11 Elisa Pedersen	19:05	'00	11 Marissa Walsh	19:26	'99	11 Hunter Connell	19:53	'98
12 Carina Hendricks	18:58	'02	12 Joy Terrillini	19:19	'01	12 Diana Rancourt	19:20	'96	11 Elisa Pedersen	19:26	'99	11 Elisa Pedersen	19:53	'98
13 Elisa Pedersen	19:03	'01	13 Emma Conley	19:22	'04	13 Joy Terrillini	19:28	'00	12 Kate Blake	19:40	'02	12 Joy Terrillini	19:55	'98
14 Diana Rancourt	19:08	'97	14 Sarah Gallagher	19:23	'09	14 Emma Conley	19:31	'03	13 Sarah Gallagher	19:43	'07	12 Joy Terrillini	19:56	'09
15 Marissa Walsh	19:15	'02	15 Kate Blake	19:41	'04	15 Shewit Haile	20:11	'96	14 Ashley Gnos	19:57	'02	13 Emily Goldfield	20:04	'01
16 Kate Blake	19:16	'01	16 Lisa Gay	19:43	'91	16 April Malvino	20:15	'97	15 Diana Rancourt	19:58	'95	14 Ashley Gnos	20:20	'02
17 Joy Terrillini	19:19	'01	17 Marissa Walsh	19:43	'04	17 April Malvino	20:15	'97	15 Diana Rancourt	19:58	'95	15 Julie Mills	20:20	'02
18 Sarah Gallagher	19:23	'09	18 April Malvino	19:46	'98	18 Liana Meffert	20:17	'91	16 Jamie Durcan	20:05	'90	15 Nicole Baker	20:20	'06
19 Lisa Gay	19:43	'91	19 Karin Dove	19:48	'06	19 Jamie Durcan	20:17	'91	17 Joy Terrillini	20:06	'99	16 Nicole Baker	20:43	'06
20 April Malvino	19:46	'98	20 Sarah McClendon	20:17	'92	20 Marissa Walsh	20:19	'03	18 Amy Lodin	20:10	'94	17 Molly McManus	20:54	'01
21 Karin Dove	19:49	'06	21 Marissa McAdler	20:18	'03	20 Georgina Vion	20:29	'95	19 Liana Meffert	20:15	'08	18 Elizabeth Proctor	21:05	'01
22 Emily Goldfield	19:56	'09	22 Jamie Durcan	20:19	'92	21 Kate Blake	20:34	'03	20 Marisa Reichmuth	20:16	'93	19 Amy Beth	21:04	'95
23 Ashley Gnos	19:57	'02	23 Shewit Haile	20:21	'97	22 Amelia Thomas	20:34	'03	21 Shewit Haile	20:26	'95	20 Barbara Hall	21:11	'99
24 Jana Duncan	20:05	'90	24 Jana Wiesner	20:25	'91	22 Molly McManus	20:51	'00	22 Molly McManus	20:44	'02	21 Karin Dove	21:21	'03
25 Amy Lodin	20:10	'94	25 Amy Jordan	20:33	'91	24 Marisa Reichmuth	20:51	'03	23 Sarah McClendon	20:46	'90	22 Diana Rancourt	21:37	'94
						25 Marisa Reichmuth	20:53	'94	24 Karin Dove	20:52	'04	23 Shewit Haile	21:39	'94
						25 Barbara Hall	21:03	'01	25 Lisa Gay	20:56	'89	24 Sonya Gidden	21:47	'94
												25 KT Trask	22:11	'05

Rancho Cotate Invitational
September 5 at Rancho Cotate HS
Course: 2.97 miles, flat

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	J. Nacouzi	2 V	17:28	5:53
2	Connell	9 V	19:25	6:32
3	Gallagher	10 V	19:38	6:37
4	Goldfield	31 V	20:58	7:04
5	Mathews	36 V	21:25	7:13
6	L. Nacouzi	6 JV	22:15	7:29
7	Page	20 JV	23:51	8:02
8	Breazeale	23 JV	23:58	8:04
9	M. Nacouzi	30 JV	24:42	8:19
10	Pierce	37 JV	25:46	8:41
11	Carpenter	39 JV	27:36	9:18
12	K. Sherwood	40 JV	27:36	9:18
13	T. Sherwood	41 JV	27:56	9:24
14	Pearson	44 JV	28:26	9:34
15	Warren	45 JV	28:55	9:44
16	Vivio	50 JV	31:25	10:35

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Kiani	6 V	15:43	5:18
2	Zanetti	14 V	16:12	5:27
3	Goldfield	25 V	16:32	5:34
4	Mendoza	36 V	17:13	5:48
5	Coombs	51 V	18:31	6:14
6	Rowden	54 V	18:34	6:15
7	Mathews	55 V	18:44	6:18

NBL / SCL Interlock Meet #2
September 23 at Spring Lake
Course: 3.05 miles, rolling hills

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Nacouzi	1 V	18:59	6:13
2	Mathews	2 JV	22:04	7:14
3	Gallagher	20 V	22:10	7:16
4	Connell	21 V	22:12	7:17
5	Goldfield	22 V	22:21	7:20
6	Cheatham	4 JV	22:38	7:25
7	Page	15 JV	24:47	8:08
8	Breazeale	18 JV	25:19	8:18
9	Pierce	21 JV	25:30	8:22
10	Nacouzi	23 JV	26:57	8:50
11	Nacouzi	24 JV	26:59	8:51
12	Carpenter	25 JV	27:07	8:53
13	K. Sherwood	26 JV	27:27	9:00
14	T. Sherwood	27 JV	29:19	9:37
15	Pearson	28 JV	29:23	9:38
16	Warren	29 JV	29:44	9:45
17	Vivio	33 JV	32:17	10:35

Varsity Girls Team
1. Casa Grande 40, 2. Carrillo 53, 3. MHS 65,
4. Petaluma 73, 5. El Molino 135.

JV Girls Team
1. Carrillo 22, 2. MHS 39, 3. El Molino 83.

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Kiani	5 V	16:37	5:27
2	Goldfield	12 V	17:15	5:39
3	Zanetti	13 V	17:16	5:40
4	Mendoza	23 V	17:39	5:47
5	Rowden	37 V	19:24	6:22
6	Coombs	40 V	19:46	6:29
7	Mathews	41 V	20:07	6:36
8	Mares	17 JV	20:33	6:44
9	Rudolph	42 JV	23:51	7:49
10	Severi	48 JV	26:26	8:40
11	Watson	49 JV	27:45	9:06

Varsity Boys Team
1. Carrillo 39, 2. Casa Grande 59, 3. MHS 83,
4. El Molino 99, 5. Healdsburg 112, 6. Sonoma 127.

JV Boys Team
1. Carrillo 15, 2. Casa Grande 58,
3. El Molino 75, 4. Sonoma 102, MHS - Inc.

Ed Sias Invitational
September 12 at HVPark, Martinez
Course: Rolling, with 1 steep hill.

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	J. Nacouzi	1 V	11:35	5:47
2	Gallagher	15 V	13:21	6:41
3	Connell	24 V	13:36	6:48
4	Goldfield	30 V	13:47	6:53
5	Meffert	56 V	14:21	7:10
6	Mathews	45 FS	14:56	7:28
7	Cheatham	50 FS	15:04	7:32
8	L. Nacouzi	56 FS	15:15	7:37
9	Breazeale	83 FS	16:14	8:07
10	Page	73 JV	16:34	8:17
11	Pierce	112 FS	16:40	8:20
12	Carpenter	105 JV	17:26	8:43
13	M. Nacouzi	110 JV	17:50	8:55
14	K. Sherwood	152 FS	18:41	9:20
15	T. Sherwood	124 JV	19:18	9:39
16	Warren	126 JV	19:34	9:47

Varsity Girls Team (out of 16)
1. Monte Vista 52, 2. St. Francis 94, 3. MHS 106,
4. Amador Valley 120, 5. College Park 122.

FS Girls Team (out of 24)
1. Acalanes 47, 2. Monte Vista 56, 3. Carrillo 61,
4. Petaluma 139, ... 12. MHS 319.

JV Girls Team (out of 24)
1. SR Valley 66, 2. St. Francis 74, 3. Campo 133,
4. Granada 143, ... 17. MHS 450.

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Kiani	8 V	10:26	5:13
2	Goldfield	49 V	11:18	5:39
3	Mendoza	87 V	12:00	6:00
4	Rowden	103 V	12:31	6:16
5	Coombs	105 V	12:38	6:19
6	Mathews	109 V	12:52	6:26
7	Mares	75 JV	13:00	6:30
8	Rudolph	183 JV	15:54	7:57
9	Severi	189 JV	16:17	8:09
10	Watson	195 JV	18:25	9:13

Varsity Boys Team (out of 18)
1. SR Valley 87, 2. DLS 97, 3. College Park 101,
4. Carmont 121, ... 14. MHS 341.

Stanford Invitational
September 26 at Stanford Golf Course
Course: 3.1 miles, undulating

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Kiani	13 V	16:36	5:21
2	Goldfield	27 V	16:59	5:29
3	Mendoza	127 V	18:37	6:00
4	Zanetti	139 V	18:54	6:06
5	Rowden	171 V	19:30	6:17
6	Coombs	180 V	19:39	6:20

Varsity Boys Team (out of 33)
1. College Park 141, 2. U. Irvine 148, 3. Newbury 152,
7. Santa Rosa 279, ... 21. MHS 469.

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Nacouzi	1 V	17:55	5:47
2	Gallagher	23 V	20:37	6:39
3	Connell	34 V	20:58	6:46
4	Goldfield	70 V	21:47	7:02
5	Meffert	72 V	21:51	7:03

Varsity Girls Team (out of 26)
1. Chico 102, 2. College Park 109, 3. MHS 187,
4. St. Francis 205, ... 16. Santa Rosa 329.

Viking Opener Invitational
September 13 at Spring Lake
Course: 2.0 miles, rolling hills

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	J. Nacouzi	2 JS	11:22	5:41
2	Gallagher	7 JS	12:53	6:26
3	Connell	9 JS	13:04	6:32
4	Meffert	19 JS	13:38	6:49
5	Goldfield	16 FS	13:38	6:49
6	Mathews	22 FS	13:47	6:53
7	Cheatham	27 FS	14:11	7:05
8	L. Nacouzi	1 O	14:30	7:15
9	Breazeale	42 FS	15:10	7:35
10	Pierce	10 O	15:41	7:50
11	M. Nacouzi	52 JS	16:32	8:16
12	Carpenter	23 O	16:36	8:18
13	Page	28 O	16:54	8:27
14	Walsh	37 O	17:21	8:41
15	T. Sherwood	42 O	17:33	8:47
16	K. Sherwood	45 O	17:53	8:56
17	Pearson	79 FS	17:56	8:58
18	Warren	53 O	18:46	9:23
19	Vivio	60 O	20:56	10:28

Junior/Senior Girls Team (out of 14)
1. Casa Grande 12, 2. MHS 18, 3. Santa Rosa 39,
4. Carrillo 54, 5. Terra Linda 72.

Frosh/Soph Girls Team (out of 17)
1. Carrillo 14, 2. Santa Rosa 29, 3. Sonoma A 36,
4. Anly 42, 5. MHS 61.

Open Girls Team (out of 10)
1. Carrillo 21, 2. Santa Rosa 30, 3. MHS 30,
4. Anly 37, 5. Upper Lake 63.

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Kiani	3 Sr	10:14	5:07
2	Goldfield	5 Jr	10:50	5:25
3	Zanetti	14 Sr	10:52	5:26
4	Mendoza	13 FS	11:28	5:44
5	Rowden	35 Sr	11:57	5:58
6	Coombs	41 Jr	12:19	6:09
7	Mares	40 FS	12:27	6:14
8	Mathews	43 Sr	12:29	6:14
9	Rudolph	75 FS	14:30	7:15
10	Severi	77 O	15:03	7:31
11	Avarado	81 O	15:14	7:37
12	Watson	98 O	17:16	8:38

Senior Boys Team (out of 12)
1. Santa Rosa, 35, 2. Carrillo 41, 3. Northgate 42,
4. MHS 46, 5. El Molino 46, 6. Novato 47

Frosh/Soph Boys Team (out of 27)
1. Piner 7, 2. Carrillo 33, 3. Newman 35,
4. Santa Rosa 48, ... 13. MHS 124.

Open Boys Team (out of 14)
1. Upper Lake 17, 2. Carrillo 18, 3. San Marin 23,
4. Eureka 51, ... 13. MHS 155.

NBL Meet Versus Ukiah
October 7 at Ukiah High School
Course: 3.1 miles, hilly

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Gallagher	1	22:36	7:17
2	J. Nacouzi	2	22:36	7:17
3	Connell	3	22:53	7:23
4	Goldfield	4	24:40	7:57
5	Mathews	5	25:04	8:05
6	Cheatham	7	25:52	8:21
7	L. Nacouzi	8	26:28	8:32
8	Page	9	27:47	8:58
9	Pierce	11	28:21	9:09
10	K. Sherwood	12	28:56	9:20
11	Carpenter	14	30:04	9:42
12	T. Sherwood	17	31:39	10:13

Varsity Girls Team

1. MHS 15, 2. Ukiah 48.

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Kiani	2	18:51	6:05
2	Goldfield	3	18:52	6:05
3	Zanetti	4	18:52	6:05
4	Mendoza	5	19:23	6:15
5	Coombs	8	20:38	6:39
6	Mathews	10	21:29	6:56
7	Mores	12	23:25	7:33
8	Severi	16	24:58	8:03
9	Ruddoph	17	28:31	9:12
10	Watson	18	28:32	9:12

Varsity Boys Team

1. MHS 22, 2. Ukiah 34.

NBL Meet Versus Piner & Santa Rosa
October 21 at Spring Lake
Course: 3.05 miles, rolling hills

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	J. Nacouzi	1 V	18:05	5:56
2	Connell	2 V	19:21	6:21
3	Gallagher	5 V	20:13	6:38
4	Goldfield	9 V	20:37	6:46
5	Cheatham	14 V	21:39	7:06
6	L. Nacouzi	2 JV	23:07	7:35
7	M. Nacouzi	4 JV	24:23	8:00
8	Pierce	5 JV	24:24	8:00
9	Carpenter	7 JV	24:28	8:01
10	Sherwood	12 JV	25:24	8:20
11	Walsh	15 JV	26:33	8:42
12	Pearson	18 JV	29:12	9:34
13	Vivio	19 JV	30:38	10:03

Varsity Girls Team

1. MHS 24, 2. Santa Rosa 34, 3. Piner 74.

JV Girls Team

1. MHS 30, 2. Santa Rosa 31, Piner - Inc.

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Kiani	3 V	15:41	5:09
2	Goldfield	6 V	16:25	5:23
3	Zanetti	12 V	16:59	5:34
4	Mendoza	14 V	17:22	5:42
5	Coombs	21 V	18:17	6:00
6	Mares	23 V	18:26	6:03
7	Rudolph	14 JV	21:13	6:57
8	Severi	17 JV	22:08	7:15
9	Alvarado	24 JV	23:38	7:45
10	Watson	27 JV	24:06	7:54

Varsity Boys Team

1. Santa Rosa 32, 2. Piner 42, 3. MHS 57.

JV Boys Team

1. Santa Rosa 24, 2. Piner 31, MHS - Inc.

Clovis Invitational
October 10 at Woodward Park, Fresno
Course: 3.1 miles, rolling hills

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Nacouzi	1 V	17:42	5:43
	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Kiani	7 V	16:17	5:15
2	Mendoza	41 V	17:12	5:33
3	Goldfield	45 V	17:14	5:34
4	Zanetti	77 V	17:51	5:45
5	Coombs	151 V	19:03	6:09
6	Mathews	173 V	20:22	6:34

Varsity Boys Team (out of 27)

1. Petaluma 66, 2. Servite 104, 3. Cabrillo 146,
 8. Eureka 249, ... 14. MHS 316.

NBL Meet Versus Maria Carrillo
October 28 at Spring Lake
Course: 3.05 miles, rolling hills

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	J. Nacouzi	1 V	17:25	5:43
2	Connell	9 V	20:00	6:33
3	Gallagher	11 V	20:14	6:38
4	Meffert	12 V	20:21	6:40
5	Goldfield	13 V	20:37	6:46
6	Mathews	16 V	21:13	6:57
7	Cheatham	18 V	21:50	7:10
8	L. Nacouzi	19 V	22:34	7:24
9	Page	6 JV	23:47	7:48
10	Pierce	8 JV	24:13	7:56
11	M. Nacouzi	9 JV	24:17	7:58
12	Pearson	12 JV	25:28	8:21
13	K. Sherwood	13 JV	26:40	8:45
14	T. Sherwood	14 JV	27:29	9:01
15	Walsh	15 JV	28:15	9:16
16	Vivio	16 JV	29:07	9:33
17	Warren	17 JV	29:56	9:49

Varsity Girls Team

1. Carrillo 20, 2. MHS 43, Ursuline - Inc.

JV Girls Team

1. Carrillo 15, 2. MHS 46.

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Mendoza	6 V	16:28	5:24
2	Goldfield	8 V	16:36	5:27
3	Zanetti	11 V	16:58	5:34
4	Coombs	15 V	17:51	5:51
5	Severi	22 JV	21:48	7:09
6	Alvarado	23 JV	23:11	7:36
7	Watson	24 JV	23:39	7:45
8	Rudolph	26 JV	26:25	8:40
9	Ferrick	27 JV	29:43	9:45

Varsity Boys Team

1. Carrillo 15, MHS - Inc., CN - Inc.

JV Boys Team

1. Carrillo 15, 2. MHS 50.

NBL Meet Versus Rancho & Elsie Allen
October 14 at Spring Lake
Course: 3.05 miles, rolling hills

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	J. Nacouzi	1	18:08	5:57
2	Connell	2	19:39	6:27
3	Gallagher	3	19:58	6:33
4	Meffert	4	20:38	6:46
5	Goldfield	5	21:42	7:07
6	Mathews	6	21:43	7:07
7	L. Nacouzi	8	23:32	7:43
8	Cheatham	9	23:36	7:44
9	Page	11	24:01	7:52
10	Pierce	13	24:04	7:53
11	M. Nacouzi	14	24:18	7:58
12	Carpenter	18	25:04	8:13
13	K. Sherwood	19	26:59	8:51
14	Walsh	20	27:08	8:54
15	T. herwood	22	28:08	9:13
16	Pearson	23	28:20	9:17
17	Vivio	25	31:26	10:18

Varsity Girls Team

1. MHS 15, 2. Rancho 49, Elsie Allen - Inc.

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Kiani	1	17:16	5:40
2	Mendoza	2	17:33	5:45
3	Goldfield	4	17:46	5:50
4	Zanetti	5	17:48	5:50
5	Coombs	8	18:57	6:13
6	Rowden	9	19:04	6:15
7	Mares	12	20:47	6:49
8	Mathews	15	22:27	7:22
9	Alvarado	17	25:31	8:22
10	Watson	18	25:47	8:27
11	Ferrick	19	33:47	11:05

Varsity Boys Team

1. MHS 20, 2. Rancho 38, Elsie Allen - Inc.

NBL Finals

November 6 at Spring Lake

Course: 3.05 miles, rolling hills

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	J. Nacouzi	1 V	17:24	5:42
2	Connell	5 V	18:58	6:13
3	Gallagher	10 V	19:23	6:21
4	Goldfield	13 V	19:56	6:32
5	Meffert	17 V	20:15	6:38
6	Mathews	23 V	21:19	6:59
7	L. Nacouzi	13 JV	22:58	7:32
8	Pierce	18 JV	23:39	7:45
9	Page	19 JV	23:44	7:47
10	M. Nacouzi	23 JV	24:21	7:59
11	Walsh	32 JV	25:00	8:12
12	K. Sherwooc	36 JV	25:18	8:18
13	T. Sherwooc	37 JV	25:41	8:25
14	Pearson	40 JV	27:02	8:52
15	Vivio	43 JV	30:14	9:55
16	Warren	44 JV	31:14	10:14

Varsity Girls Team1. Carrillo 22, 2. MHS 46, 3. Santa Rosa 65,
4. Piner 129, 5. RC 139, 6. Ursuline 148.**JV Girls Team**

1. Carrillo 15, 2. Santa Rosa 54, 3. MHS 71.

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Mendoza	11 V	16:15	5:20
2	Zanetti	13 V	16:22	5:22
3	Goldfield	18 V	16:34	5:26
4	Coombs	32 V	18:19	6:00
5	Severi	44 V	23:22	7:40
6	Alvarado	52 JV	22:28	7:22
7	Rudolph	57 JV	22:53	7:30
8	Watson	61 JV	24:09	7:55
9	Ferrick	62 JV	29:18	9:36

Varsity Boys Team1. Carrillo 56, 2. Piner 56, 3. Santa Rosa 63,
4. MHS 117, 5. CN 119, 6. Ukiah 127, 7. RC 170.**JV Boys Team**

1. Carrillo 20, 2. Santa Rosa 50, 3. Piner 64.

North Coast Section Championships

November 21 at Hayward HS

Course: 3.0 miles, grass and low hills.

	<u>Girls</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Nacouzi	1	17:02	5:41
2	Connell	15	19:21	6:27
3	Gallagher	16	19:23	6:28
4	Goldfield	18	19:40	6:33
5	Meffert	27	20:01	6:40
6	Mathews	44	20:50	6:57
7	Cheatham	57	21:42	7:14

Division II Varsity Girls:

14 teams, 104 finishers

1. College Park 57, 2. Casa Grande 68,
3. Carondelet 69, 4. MHS 76, 5. Santa Rosa 131,
6. Clayton Valley 157, 7. Arroyo 226,
8. American 229, 9. Windsor 273,
10. Alameda 276, 11. Hayward 283,
12. Rancho Cotate 309, 13. Heritage 365,
14. Mt. Eden 409.

	<u>Boys</u>	<u>Place</u>	<u>Time</u>	<u>Pace</u>
1	Goldfield	11	16:11	5:24
2	Mendoza	26	16:48	5:36
3	Zanetti	27	16:48	5:36
4	Coombs	61	18:07	6:02
5	Mathews	100	20:06	6:42

Division II Varsity Boys:

16 teams, 109 finishers

1. College Park 45, 2. Santa Rosa 96,
3. Alameda 97, 4. Casa Grande 106,
5. Mt. Eden 171, 6. MHS 223,
7. American 224, 8. Arroyo 225,
9. Heritage 253, 10. Clayton Valley 260,
11. Ukiah 265, 12. Liberty 278,
13. Irvington 297, 14. Windsor,
15. Rancho Cotate 348, 16. Pinole Valley 439.

Montgomery Vikings at State Championships

5000 Meter (3.1-mile) Course at Fresno's Woodward Park

Boys	Time	Place	Div.	Class	Year
Mike Contos	16:00	29	I	Sr	'87
Blake McDowall	16:01	18	II	Sr	'06
Matt Fitch	16:02	31	I	Jr	'02
David Toomey	16:09	39	I	Sr	'93
David Toomey	16:19	35	II	Jr	'92
Josh Hinkle	16:20	37	II	Sr	'92
KC Cody	16:21	55	I	Jr	'02
Jason Selby	16:24	43	II	Sr	'92
Zac Fitch	16:30	50	II	Sr	'00
Tim Sanborn	16:32	53	II	Sr	'92
Kevin Funk	16:32	47	I	Sr	'96
Jon Fitch	16:34	56	II	Sr	'00
Blake McDowall	16:34	39	II	Jr	'05
Nick Millar	16:36	59	II	Sr	'00
Nat Lopes	16:36	48	II	Sr	'91
Zac Fitch	16:45	104	I	Jr	'99
Scott Story	16:47	81	I	Sr	'93
Andrew Gallagher	16:47	106	I	Sr	'02
Alex Conley	16:50	85	II	Sr	'04
Ryan Lew	16:53	87	I	Sr	'93
Nat Lopes	16:55	73	I	Jr	'90
Jeff Godfrey	16:56	74	I	Sr	'90
Drew Fagent	16:57	87	II	Sr	'00
Jerry Finlay	17:00	85	I	Sr	'96
Nate Bisbee	17:03	91	II	Sr	'92
Aria Kiani	17:05	114	II	So	'08
Toli Au	17:06	100	I	So	'93
Regan Masi	17:11	142	I	Sr	'02
Andrew Gallagher	17:12	119	II	So	'00
John Staroba	17:17	109	I	Sr	'96
Greg Funk	17:17	110	I	So	'96
Robel Maেকে	17:17	134	II	So	'08
Quin Coughlin	17:21	125	II	So	'05
Jeremy Cutcher	17:21	127	II	Jr	'05
Michael Corley	17:23	142	II	Sr	'08
Josh Dorris	17:24	105	II	Jr	'92
Jason DeSelle	17:29	123	I	Jr	'96
Quin Coughlin	17:29	150	II	Sr	'08
Jon Marindill	17:31	156	II	Sr	'08
Jason Selby	17:36	119	I	So	'90
Scott Story	17:37	114	II	Sr	'92
Jason Fung	17:38	144	II	Jr	'00
Jake Currie	17:39	132	I	Jr	'96
Matt Fitch	17:41	148	II	Fr	'00
Erik Haluzak	17:43	127	I	Jr	'90
Tim Sanborn	17:43	128	I	So	'90
Jacob Greenberg	17:44	129	I	Sr	'93
Jeremy Jackman	17:49	140	I	Sr	'96
Sven Jorgensen	17:59	135	I	Jr	'90
Nathan Higgins	18:07	140	I	Jr	'93
Todd Buonaccorsi	18:19	145	I	Jr	'93
Jesse Zarate	18:19	182	II	Jr	'08
James Goldfield	18:40	187	II	Fr	'08
Jon Martindill	18:43	176	II	So	'05
Jeff Mills	18:49	193	I	Sr	'02
Alex Conley	19:00	195	I	So	'02
Mike Grafe	19:04	148	I	Sr	'90
Tyler Main	19:13	182	II	Fr	'05
Michael Bailey	19:46	198	I	Jr	'02
Tom Ott	21:09	188	II	So	'05

Boys Team Time (Top 5 Runners)	Time	Year
Toomey,Hinkle,Selby,Sanborn,Dorris	1:22:38	'92
Z.Fitch,J.Fitch,Millar,Fagent,Gallagher	1:23:49	'00
Toomey,Story,Lew,Au,Greenberg	1:24:39	'93
M. Fitch, Cody, Gallagher, Masi, Mills	1:25:10	'02
K.Funk,Finlay,Staroba,G.Funk,J.DeSelle	1:25:35	'96
Kiani, Maেকে, Corley, Coughlin, Marindill	1:26:45	'07
Lopes,Godfrey,Selby,Haluzak,Sanborn	1:26:53	'90
McDowall, Coughlin, Cutcher, Martindill, Main	1:29:12	'05

Girls	Time	Place	Div.	Class	Year
Sara Bei	17:13	1	II	Sr	'00
Sara Bei	17:22	1	III	So	'98
Sara Bei	17:25	1	II	Jr	'99
Kim Conley	17:53	6	II	Sr	'03
Sara Bei	18:11	1	III	Fr	'97
Kim Conley	18:23	9	II	Jr	'02
Kim Handel	18:31	14	II	Sr	'02
Sarah Basher	18:38	14	II	Sr	'00
Sarah Basher	18:46	8	III	So	'98
Kim Conley	18:46	4	II	So	'01
Julie Nacouzi	18:56	46	II	So	'08
Elisa Pedersen	19:02	25	II	Jr	'00
Kim Conley	19:04	29	II	Fr	'00
Emma Conley	19:08	38	II	So	'02
Jennifer Martindill	19:13	31	II	Sr	'05
Celeste Berg	19:15	64	II	Sr	'08
Emma Conley	19:24	21	II	Fr	'01
Pamela Richardson	19:25	17	II	So	'92
Pamela Richardson	19:26	23	I	Sr	'94
Joy Terribilini	19:32	55	II	Jr	'00
Celeste Berg	19:33	49	II	Fr	'05
Diana Rancourt	19:34	26	III	Sr	'97
Christy Sweaney	19:34	60	II	Jr	'02
Marissa Walsh	19:37	63	II	So	'02
Christy Sweaney	19:38	65	II	Fr	'00
Sarah Basher	19:41	41	II	Jr	'99
Elisa Pedersen	19:48	38	II	Sr	'01
Kim Handel	19:57	45	II	Jr	'01
Diana Rancourt	20:02	59	II	Jr	'96
Pamela Richardson	20:16	65	I	Jr	'93
Sarah Basher	20:17	48	III	Fr	'97
Celeste Berg	20:17	111	II	So	'06
Kate Blake	20:18	71	II	Fr	'01
Kate Blake	20:18	111	II	So	'02
Joy Terribilini	20:21	74	II	Sr	'01
Shewit Haile	20:22	73	II	Jr	'96
Celeste Berg	20:22	118	II	Jr	'08
Shewit Haile	20:27	56	III	Sr	'97
Carina Hendricks	20:46	129	II	Jr	'02
Joy Terribilini	20:51	79	III	Fr	'98
Sarah Gallagher	20:51	144	II	Fr	'06
Christy Sweaney	20:52	104	II	So	'01
Amelia Thomas	21:01	150	II	Jr	'00
April Malvino	21:11	85	III	Sr	'98
Karin Dove	21:14	163	II	Sr	'06
Hunter Connell	21:20	167	II	Fr	'06
Elisa Pedersen	21:35	96	III	Fr	'98
Nicole Baker	21:37	172	II	Fr	'06
Allie Oser	21:52	175	II	Sr	'06
Amy Bei	22:00	105	III	Sr	'98
April Malvino	22:07	104	III	Jr	'97
Alisha McCon	22:08	105	III	Sr	'97
Amy Bei	22:35	113	III	Jr	'97
Megan Buser	23:26	116	III	So	'98
Katherine Wyatt	23:34	187	II	So	'06

Girls Team Time (Top 5 Runners)	Time	Year
S.Bei,Basher,Pedersen,K.Conley,Terribilini	1:33:29	'00
K.Conley, Handel, E. Conley, Sweaney, Walsh	1:35:13	'02
K.Conley, E.Conley, Pedersen, Handel, Blake	1:38:13	'01
S.Bei,S.Basher,Terribilini,Malvino,Pedersen	1:39:45	'98
S.Bei,Rancourt,Basher,Haile,Malvino	1:40:36	'97
Berg, Gallagher, Dove, Connell, Baker	1:45:19	'06

Team Slugging 2009

	Ed Sias	Wiking Opener	Interlock # 2	Stanford	Ukiah	Total	Clovis	Total	Rancho, Eise Allen	S	Piner, Santa Rosa	Total	Carrillo, CN / Urs.	Total	S	NBL	Total	S	NCS	Total	S / L	Slugging Average
Alvarado, Jorge	0	25	25	25	25	25	25	25	2	27	3	30	4	34	10	44	44	0	44	44	44	0.19
Breazeale, Megan	86	116	163	180	180	180	180	180	180	180	180	180	180	180	180	180	180	180	180	180	180	0.53
Carpenter, Sadie	14	30	44	47	101	104	104	104	7	111	13	124	3	124	124	124	124	124	124	124	124	0.36
Cheatham, Breanna	119	119	181	212	212	212	212	212	16	238	6	244	3	247	247	247	247	247	247	247	247	0.82
Connell, Hunter	85	141	196	214	363	377	377	377	23	400	18	418	12	430	36	466	466	466	466	466	466	0.82
Coombs, Evan	19	34	62	71	114	124	124	124	11	167	3	170	0	170	13	183	183	183	183	183	183	0.25
Ferrick, Gabe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.00
Gallagher, Sarah	94	149	206	225	385	401	401	401	22	423	15	438	10	448	31	479	479	479	479	479	479	0.84
Goldfield, Emily	41	79	120	133	323	338	338	338	20	358	11	369	8	377	28	405	405	405	405	405	405	0.70
Goldfield, James	34	75	109	131	419	419	419	419	15	572	18	590	7	597	27	624	624	624	624	624	624	0.78
Kiani, Aria	60	116	176	210	490	506	506	506	18	700	21	721	7	721	721	721	721	721	721	721	721	0.95
Mares, Logan	123	123	164	197	203	203	203	203	7	210	1	211	211	211	211	211	211	211	211	211	211	0.55
Mathews, Ashwin	11	15	26	46	54	54	54	54	4	76	76	76	76	76	76	76	76	76	76	76	76	0.14
Mathews, Sara	29	124	153	220	253	253	253	253	19	284	284	284	284	284	284	284	284	284	284	284	284	0.66
Meffert, Liana	53	53	98	98	209	209	209	209	21	230	13	243	9	252	24	276	276	276	276	276	276	0.80
Mendoza, Jose	30	37	68	135	26	161	161	161	17	429	10	439	9	448	34	482	482	482	482	482	482	0.83
Nacouzi, Julie	63	108	171	233	453	488	488	488	24	620	19	639	20	659	40	699	699	699	699	699	699	1.00
Nacouzi, Leila	47	113	160	229	241	241	241	241	17	287	18	285	2	287	32	319	319	319	319	319	319	0.72
Nacouzi, Michelle	23	25	48	60	71	71	71	71	11	82	16	98	8	106	22	128	128	128	128	128	128	0.33
Page, Alyssa	33	62	95	137	157	157	157	157	14	171	171	171	171	171	171	171	171	171	171	171	171	0.56
Pearson, Kira	9	9	10	19	26	26	26	26	2	36	2	36	5	43	5	48	48	48	48	48	48	0.16
Pierce, Cassidy	16	57	73	147	147	147	147	147	12	165	15	180	9	189	27	216	216	216	216	216	216	0.49
Rowden, Ben	12	21	33	61	125	125	125	125	10	135	135	135	135	135	135	135	135	135	135	135	135	0.25
Rudolph, Michael	15	15	6	21	29	29	29	29	3	30	13	43	1	44	5	49	49	49	49	49	49	0.11
Severi, Michael	9	9	29	38	40	40	40	40	4	42	10	52	5	57	1	58	58	58	58	58	58	0.13
Sherwood, Kiana	13	17	30	55	64	64	64	64	6	75	8	83	4	87	9	96	96	96	96	96	96	0.22
Sherwood, Tasia	12	11	23	28	59	59	59	59	3	62	62	62	3	65	8	73	73	73	73	73	73	0.19
Vivio, Tina	3	3	10	13	15	15	15	15	0	15	1	16	1	17	2	19	19	19	19	19	19	0.07
Walsh, Colleen	0	0	33	33	33	33	33	33	5	38	5	43	2	45	13	58	58	58	58	58	58	0.34
Warren, Sam	8	9	17	34	40	40	40	40	4	40	40	40	0	40	4	41	41	41	41	41	41	0.12
Watson, Alexander	3	3	8	11	12	12	12	12	1	13	0	13	3	16	1	17	17	17	17	17	17	0.03
Zanetti, Michael	52	49	101	137	221	235	235	235	14	355	12	367	4	371	32	403	403	403	403	403	403	0.60
Grand Total																						
Team Average																						
Slugging Average																						

Key:
 S = Slugs (number of runners behind)
 L = Losses (number of runners in front)