

1998

**Montgomery
Cross Country**



Head Coach: Larry Meredith

Assistant Coach: Tori Meredith

Montgomery Vikings 1998 Cross Country

Varsity Girls

Amy Bei, Senior, 4th Yr.
 April Malvino, Senior, 4th Yr.
 Sarah Bashel, Sophomore, 2nd Yr.
 Sara Bei, Sophomore, 2nd Yr.
 Megan Buser, Sophomore, 1st Yr.
 Cassie English, Sophomore, 1st Yr.
 Elisa Pedersen, Freshman
 Joy Terribilini, Freshman

1998 Varsity Girls Meet Results

- MHS 15, Willits 49
- MHS 29, Piner 32, Rancho Cotate 68
- MHS 24, Piner 40, Maria Carrillo 69
- MHS 21, Ukiah 34
- MHS 15, Rancho Cotate 46, Elsie Allen - inc.
- Santa Rosa 24, MHS 31, Ursuline 65
- MHS 15, Rancho Cotate 50

Varsity Boys

Greg Funk, Senior, 4th Yr.
 Mario Escobedo, Senior, 2nd Yr.
 Justin Morgan, Senior, 1st Yr.*
 Jon Fitch, Sophomore, 2nd Yr.
 Zac Fitch, Sophomore, 2nd Yr.
 John McRae, Sophomore, 2nd Yr.
 David Britt, Sophomore, 1st Yr.
 Nick Millar, Sophomore, 1st Yr.
 Nick Oser, Sophomore, 1st Yr.
 Nick Cho, Freshman
 David Drano, Freshman
 Jason Fung, Freshman

*2nd-year team member

1998 Varsity Boys Meet Results

- MHS 26, Maria Carrillo 45, Analy 80, Willits 97, Rincon Valley Christian 108
- MHS 15, Rancho Cotate 53, Piner 76, El Molino 100
- MHS 25, Maria Carrillo 33, Piner - inc.
- MHS 27, Ukiah 28
- MHS 20, Elsie Allen 53, Rancho Cotate 64
- MHS 20, Cardinal Newman 56, Santa Rosa 60

Junior Varsity Boys

Grant Schlereth, Senior, 1st Yr.
 Ian Ferrel, Junior, 2nd Yr.
 Brian Mills, Junior, 1st Yr.
 Patrick Band, Sophomore, 2nd Yr.
 Ryan Metzler, Sophomore, 2nd Yr.
 Jake Minkoff, Freshman
 Ryan Tansey, Freshman
 Ryan Rudnansky, Freshman
 Kevin Smith, Freshman

Certificate of Participation

Adam Rubinger, Sophomore

1998 Junior Varsity Boys Meet Results

- MHS 15, Analy 52, Willits 73
- MHS 15, Piner - inc., Maria Carrillo - inc.
- MHS 15, Ukiah - inc.
- MHS 19, Rancho Cotate 40, Elsie Allen 75
- MHS 16, Cardinal Newman 54, Santa Rosa 68

Invitationals / Post-Season

- Ed Sias: VG-5th; F/S B-1st; JVB-9th
- Viking Opener: F/S G-1st; Sr B-4th; F/S B-2nd; JVB-1st
- Cowchip: VG-2nd; VB-19th; JVB-6th; F/S B-2nd
- Stanford: VG-12th; VB-16th
- Clovis: F/S B-2nd; JVB-18th
- Mt. SAC: VG-7th; SoB-1st
- NBL: VG-2nd; VB-3rd; JVB-2nd
- NCS: VG-1st; VB-3rd

State Meet Qualifiers

Amy Bei
 April Malvino
 Sarah Bashel
 Sara Bei
 Megan Buser
 Elisa Pedersen
 Joy Terribilini

First Team All-League

Sara Bei
 Sarah Bashel

Second Team All-League

April Malvino
 Joy Terribilini
 Zac Fitch
 Jon Fitch
 Greg Funk
 Mario Escobedo

Season Records, 1982 to present

Varsity Boys

Year	Dual Meets		NBL		
	W	L	Final	NCS	Other
1982	4	1	2nd	5th 2A	-
1983	9	0	1st	3rd 2A	5th MOC
1984	9	0	1st	2nd 2A	11th MOC
1985	5	0	1st	1st 2A	4th MOC
1986	5	1	1st	8th 3A	-
1987	6	0	1st	3rd 3A	-
1988	4	1	2nd	6th 3A	-
1989	9	0	1st	6th 3A	-
1990	7	1	2nd	1st Div. I	13th State
1991	11	0	1st	3rd Div. II	-
1992	9	0	1st	1st Div. II	8th State
1993	11	0	1st	1st Div. I	11th State
1994	9	5	3rd	3rd Div. I	-
1995	13	0	1st	4th Div. I	-
1996	15	1	2nd	1st Div. I	13th State
1997	13	2	2nd	3rd Div. I	-
1998	14	0	3rd	3rd Div. III	-
Totals	153	12	10 NBL Titles, 5 NCS Titles		

Varsity Girls

Year	Dual Meets		NBL		
	W	L	Final	NCS	Other
1982	1	4	5th	-	-
1983	5	4	2nd	11th 2A	-
1984	6	3	2nd	6th 2A	-
1985	4	1	2nd	6th 2A	-
1986	6	0	1st	9th 3A	-
1987	5	1	3rd	12th 3A	-
1988	1	4	5th	-	-
1989	1	8	5th	-	-
1990	3	4	4th	4th Div. I	-
1991	9	2	3rd	5th Div. II	-
1992	5	3	4th	6th Div. II	-
1993	2	10	5th	6th Div. I	-
1994	13	2	2nd	5th Div. I	-
1995	12	1	2nd	5th Div. I	-
1996	8	5	4th	7th Div. II	-
1997	9	1	2nd	2nd Div. III	5th State
1998	10	1	2nd	1st Div. III	9th State
Totals	100	54	1 NBL Title, 1 NCS Title		

Junior Varsity Boys

Year	Dual Meets		NBL	
	W	L	Final	Fr./So.
1982	4	1	1st	3rd
1983	8	1	3rd	1st
1984	8	1	2nd	-
1985	5	0	2nd	1st
1986	6	0	1st	-
1987	6	0	1st	-
1988	5	0	1st	-
1989	9	0	1st	-
1990	8	0	1st	-
1991	9	0	1st	-
1992	6	0	1st	-
1993	10	0	1st	-
1994	12	0	1st	-
1995	10	1	2nd	-
1996	15	1	2nd	-
1997	8	0	2nd	-
1998	9	0	2nd	-
Totals	138	5	12 NBL Titles	

Junior Varsity Girls

Year	Dual Meets		NBL
	W	L	Final
1994	0	1	2nd
1995	1	1	1st
1996	2	0	inc.
Totals	3	2	1 NBL Title

North Bay League Team Champions

Varsity Boys		Varsity Girls	
Year	Points	Year	Points
1976	25	1976	15
1979	32	1977	20
1983	26	1986	40
1984	39		
1985	23		
1986	36		
1987	26		
1989	36		
1991	30		
1992	27		
1993	39		
1995	38		

JV Girls

Year	Points
1995	23

JV Boys

Year	Points
1982	29
1986	?
1987	26
1988	28
1989	15
1990	20
1991	17
1992	30
1993	32
1994	24

F/S Boys

Year	Points
1983	57
1985	30

North Coast Section Team Champions

Varsity Boys		Varsity Girls	
Year	Points	Year	Points
1980	84 (3A)	1976	37 (3A)
1985	42 (2A)	1977	72 (3A)
1990	50 (I)	1998	54 (III)
1992	53 (II)		
1993	44 (I)		
1996	41 (I)		

North Bay League Individual Champions

Yr	Varsity Boys	Yr	Varsity Girls
'65	Bob Waldon	'76	Heidi Messerschmitt
'72	Steve Ricker	'77	Deanne Neff
'76	Bill Johnson	'87	Nicole Fischer
'79	Dave Rodriguez	'93	Pamela Richardson
'84	Paul Cummings	'97	Sara Bei
'85	Paul Cummings	'98	Sara Bei
'86	Kevin Smith		
'87	Mike Contos		
'92	David Toomey		

NCS

Individual Champs

Yr	Varsity Boys	Yr	Varsity Girls
'72	Steve Ricker	'86	Jeff Fletcher (JV)
'85	Paul Cummings	'87	Barry Howell (JV)
'93	David Toomey	'88	Dean Crane (JV)
		'89	Kevin Boone (JV)
		'90	Jason Selby (JV)
		'91	Scott Story (JV)
		'94	Kevin Funk (JV)
		'98	David Britt (JV)

State Meet

Individual Champs

Yr	Varsity Girls
'97	Sara Bei
'98	Sara Bei

Practices	Meets
Morgan	68
S.Bei	66
Millar	66
Bashel	65
Fung	64
J.Fitch	63
Malvino	60
Dranow	60
Cho	58
Pedersen	58
Oser	57
Britt	55
Funk	54
Terribilini	54
McRae	53
Escobedo	52
A.Bei	52
Schlereth	52
Rudnansky	50
Tansey	49
Band	48
Minkoff	46
Mills	46
Smith	46
Ferrel	44
Buser	42
English	41
Metzler	33
Rubinger	14

Cross Country Season Miles	Cross Country Career Miles
S.Bei	462.0
Bashel	432.4
Malvino	327.9
Pedersen	281.7
A.Bei	254.5
Terribilini	252.2
English	194.8
Buser	192.2
Morgan	456.2
Millar	424.0
Z.Fitch	420.1
J.Fitch	420.1
Fung	386.6
Funk	356.1
Escobedo	311.2
Britt	307.8
McRae	292.7
Dranow	283.5
Cho	281.3
Minkoff	257.3
Tansey	239.9
Rudnansky	238.0
Schlereth	232.8
Band	227.1
Oser	220.7
Mills	219.1
Smith	211.1
Ferrel	192.0
Metzler	159.6
Rubinger	76.6

Cross Country Career Miles	Cross Country Season Miles
Malvino	1105.2
A.Bei	911.5
S.Bei	821.2
Bashel	584.6
Pedersen	281.7
Terribilini	252.2
English	194.8
Buser	192.2
Funk	1194.0
Z.Fitch	729.5
J.Fitch	726.0
Morgan	714.6
McRae	528.3
Escobedo	499.8
Millar	424.0
Band	391.3
Fung	386.6
Ferrel	376.6
Metzler	339.1
Britt	307.8
Dranow	283.5
Cho	281.3
Minkoff	257.3
Tansey	239.9
Rudnansky	238.0
Schlereth	233.8
Oser	220.7
Mills	219.1
Smith	211.1
Rubinger	76.6

Mileage All-Time Career List	Cross Country Career Miles
Jake Currie, '98	1365.3
Greg DeSelle, '98	1250.6
Jason Funk, '99	1194.0
David Toomey, '94	1112.3
John Staroba, '97	1078.0
Travis Phelps, '98	977.6
Jeff Godfrey, '91	926.1
Peter Keith, '90	911.6
Ryan Lew, '94	910.9
Brook Buonaccorsi, '98	907.2
Nate Bisbee, '93	885.1
Dave Inlner, '90	846.8
Scott Story, '94	844.3
Kevin Chapin, '97	843.7
Kevin Funk, '97	823.8
Jerry Finlay, '97	823.2
Jeremy Jackman, '97	815.1
Star Stevenson, '90	791.8
Paul Cummings, '86	780.5
Marc Spina, '86	733.0
Zac Fitch, '01	729.5
Jon Fitch, '01	726.0
Jason Schaumburg, '85	716.0
Justin Morgan, '99	714.6

Mileage All-Time Career List	Cross Country Career Miles
Jake Currie, '98	1365.3
Greg DeSelle, '98	1250.6
Jason Funk, '99	1194.0
David Toomey, '94	1112.3
John Staroba, '97	1078.0
Travis Phelps, '98	977.6
Jeff Godfrey, '91	926.1
Peter Keith, '90	911.6
Ryan Lew, '94	910.9
Brook Buonaccorsi, '98	907.2
Nate Bisbee, '93	885.1
Dave Inlner, '90	846.8
Scott Story, '94	844.3
Kevin Chapin, '97	843.7
Kevin Funk, '97	823.8
Jerry Finlay, '97	823.2
Jeremy Jackman, '97	815.1
Star Stevenson, '90	791.8
Paul Cummings, '86	780.5
Marc Spina, '86	733.0
Zac Fitch, '01	729.5
Jon Fitch, '01	726.0
Jason Schaumburg, '85	716.0
Justin Morgan, '99	714.6

Single Season Mileage Records	Year
Justin Morgan	456.2 '98
David Toomey	440.9 '93
Nick Millar	424.0 '98
Zac Fitch	420.1 '98
Jon Fitch	420.1 '98
Sara Bei	462.0 '98
Sarah Bashel	432.4 '98
Sarah McClendon	361.7 '91
Sara Bei	359.2 '97
April Malvino	327.9 '98

Miles per Season	Boys	Girls
1 Millar, '01		1105.2
2 Fung, '02		911.5
3 Toomey, '94		821.2
4 Z.Fitch, '01		584.6
5 J.Fitch, '01		281.7
6 Staroba, '97		252.2
7 Morgan, '99		194.8
8 Lewis, '89		192.2
9 Higgins, '95		
10 Currie, '98		
11 DeSelle, '98		
12 Jf.Godfrey, '91		
13 Britt, '01		
14 Finch, '95		
15 Keith, '90		
16 R.Lew, '94		
17 O'Neill, '91		
18 G.Funk, '99		
19 Bisbee, '93		
20 Dranow, '02		
21 Inlner, '90		
22 Story, '94		
23 Cho, '02		
24 Chapin, '97		
1 S. Bei, '01	410.6	
2 McClendon, '93	295.2	
3 Bashel, '01	292.3	
4 Pedersen, '02	281.7	
5 Jordan, '92	278.4	
6 Gay, '92	276.3	
6 Malvino, '99	276.3	
8 McRae, '98	266.0	
9 Duncan, '93	259.9	
10 Terribilini, '02	252.2	
11 Mayes, '89	251.3	
12 Richardson, '95	241.8	
13 Fischer, '88	234.5	
14 Allard, '99	230.7	
15 A.Bei, '99	227.9	
16 Vion, '97	216.5	
17 Rancourt, '98	211.7	
18 McCon, '96	211.5	
19 Reichmuth, '96	206.2	
20 Cushing, '96	203.1	
21 Preston, '90	202.6	
22 English, '01	194.8	
23 Buser, '01	192.2	
24 Bernard, '96	186.6	
1 April Malvino, '99	1105.2	
2 Amy Bei, '99	911.5	
3 Sarah McClendon, '93	885.6	
4 Diana Rancourt, '98	846.9	
5 Amy Jordan, '92	835.1	
6 Lisa Gay, '92	829.0	
7 Sara Bei, '01	821.2	
8 Jamie Duncan, '93	779.8	
9 Pamela Richardson, '95	725.3	
10 Sonya Girdden, '98	665.9	
11 Marisa Reichmuth, '96	618.6	
12 Christina Cushing, '96	609.2	
13 Erin Preston, '90	607.8	
14 Shewit Haile, '98	607.2	
15 Sara Bashel, '01	584.6	
16 Tanya Mayo, '90	508.4	
17 Michelle Mayes, '89	502.5	
18 Megan Scott, '96	490.5	
19 Chris Ferguson, '86	482.0	
20 Michelle Finch, '97	480.2	
21 Lisa Mackie, '98	473.3	
22 Nicole Fischer, '88	469.0	
23 Alisha McCon, '98	423.0	
24 Amy Chaffin, '95	419.1	

Montgomery Teams: Year-by-Year Comparison

3-Mile Spring Lake Course

Varsity Girls

Time	Year	Top Five Runners
1 1:34:25	1998	S.Bei, Bashel, Malvino, Terribillini, Pedersen
2 1:38:12	1997	S.Bei, Bashel, Rancourt, Haile, Malvino
3 1:42:43	1995	Rancourt, Haile, Vion, Cushing, McRae
4 1:42:58	1991	Gay, Wiesner, Jordan, Duncan, McClendon
5 1:43:11	1994	Richardson, Lodin, Reichmuth, Haile, Colin
6 1:45:38	1996	Rancourt, Haile, Pacheco, Finch, Malvino
7 1:46:00	1992	Richardson, McClendon, Duncan, Chaffin, Zbinden
8 1:50:09	1990	Duncan, McClendon, Gay, Jordan, Blackwell
9 1:51:44	1993	Richardson, Reichmuth, Chaffin, Cushing, Scott
10 1:51:48	1988	Mayes, Scott, Montague, Zelenak, Preston
11 1:54:31	1989	Gay, Jordan, Preston, J.Scott, Blackwell

Varsity Boys

Time	Year	Top Five Runners
1 1:19:45	1992	Selby, Toomey, Sanborn, Hinkle, Bisbee
2 1:21:55	1991	Lopes, Haluzak, Sanborn, Selby, Hinkle
3 1:22:15	1993	Toomey, Story, R.Lew, Toli Au, Higgins
4 1:22:30	1996	K.Funk, Staroba, DeSelle, Finlay, G.Funk
5 1:23:06	1989	Intner, Jf.Godfrey, Keith, O'Neill, Fitzwater
6 1:23:16	1995	DeSelle, K.Funk, Staroba, Currie, Finlay
7 1:23:21	1998	G.Funk, Z.Fitch, J.Fitch, Escobedo, Millar
8 1:23:36	1990	Jf.Godfrey, Lopes, Haluzak, Sanborn, Grafe
9 1:23:45	1997	DeSelle, G.Funk, Currie, Escobedo, Z.Fitch
10 1:24:03	1988	Lewis, Keith, Downing, Stevenson, Intner
11 1:26:33	1994	Staroba, Finlay, Finch, DeSelle, T.Buonaccorsi

Junior Varsity Girls

Time	Year	Top Five Runners
1 1:53:13	1995	Glidden, Finch, Mackie, Malvino, Bernard
2 1:58:00	1994	Rancourt, Finch, Mackie, M.Scott, Viall
3 2:02:17	1996	Mackie, Thomas, McCon, Perry, Bei

Junior Varsity Boys

Time	Year	Top Five Runners
1 1:27:42	1989	Boone, Garrison, Parsons, del Campo, Hunt
2 1:28:13	1991	Story, Dorris, R.Lew, Oblad, Flanagan
3 1:28:44	1988	Crane, O'Neill, R.Contos, Fitzwater, R.Lynn
4 1:29:01	1990	Selby, Bisbee, Hunt, J.Waldow, Parsons
5 1:29:55	1994	K.Funk, Currie, Erickson, Jackman, Strickland
6 1:30:00	1992	R.Lew, Greenberg, Higgins, Votruba, Rangel
7 1:33:15	1993	T.Buonaccorsi, Martinez, Carvalho, Strickland, Widener
8 1:33:52	1998	Britt, Band, Mlnkoff, Schlereth, Cho
9 1:34:24	1996	B.Buonaccorsi, Davis, Koch, Phelps, Chapin
10 1:34:27	1997	Mills, Willison, J.Fitch, Band, Metzler
11 1:35:39	1995	G.Funk, B.Buonaccorsi, Phelps, Chapin, Larsen

2-Mile Spring Lake Course

Junior/Senior Girls

Time	Year	Top Three Runners
1 39:52	1994	Richardson, Reichmuth, Colin
2 40:13	1991	Gay, Duncan, Wiesner
3 40:23	1996	Haile, Rancourt, Pacheco
4 41:10	1995	Reichmuth, Cushing, Vion
5 42:40	1997	Haile, A.Bei, McCon
6 42:51	1987	Fischer, Mayes, Parker
7 43:19	1988	Mayes, Mayo, Montague
8 43:41	1992	McClendon, Duncan, Zbinden
9 45:10	1990	Gay, Jordan, Blackwell
10 45:31	1993	Richardson, Chaffin, Hause

Varsity Girls

Time	Year	Top Five Runners
1 1:02:55	1998	S.Bei, Bashel, Malvino, Pedersen, Terribillini
2 1:07:17	1994	Richardson, Lodin, Reichmuth, Colin, Rancourt
3 1:08:00	1991	Gay, Wiesner, Duncan, McClendon, Jordan
4 1:08:30	1995	Rancourt, Reichmuth, Cushing, Vion, McRae
5 1:09:07	1997	S.Bei, Haile, A.Bei, McCon, Malvino
6 1:10:29	1992	Richardson, McClendon, Duncan, Chaffin, Zbinden
7 1:10:32	1996	Haile, Rancourt, Pacheco, Finch, Malvino
8 1:13:05	1990	Duncan, McClendon, Gay, Jordan, Blackwell
9 1:13:40	1987	Fischer, Mayes, Mayo, Parker, Jones
10 1:14:07	1993	Richardson, Reichmuth, Chaffin, Cushing, Scott
11 1:14:10	1988	Mayes, Mayo, Blackwell, Montague, Preston

Senior Boys

Time	Year	Top Three Runners
1 32:01	1987	M.Contos, Watkins, Waldow
2 32:03	1992	Bisbee, Sanborn, Hinkle
2 32:03	1993	Toomey, Story, R.Lew
4 32:37	1996	Funk, Staroba, Finlay
5 33:11	1990	Jf.Godfrey, Grafe, Felice
6 33:32	1991	Lopes, Haluzak, Clarke
7 33:48	1997	DeSelle, Currie, B.Buonaccorsi
8 34:08	1988	Lewis, Downing, R.Contos
9 34:25	1998	G.Funk, Escobedo, Koch
10 35:29	1994	Finch, Catalano, Erickson

Frosh/Soph Girls

Time	Year	Top Three Runners
1 36:27	1998	S.Bei, Bashel, Pedersen
2 41:44	1994	Lodin, Rancourt, Glidden
3 41:49	1995	Rancourt, McRae, Aillard
4 46:47	1993	Reichmuth, Cushing, M.Scott
5 48:29	1988	Blackwell, Zelenak, J.Scott

Frosh/Soph Boys

Time	Year	Top Three Runners
1 33:13	1998	Z.Fitch, J.Fitch, Funk
2 33:42	1994	K.Funk, Finlay, Staroba
3 33:54	1995	DeSelle, Currie, Waters
4 34:01	1991	R.Lew, Story, Flanagan
5 35:10	1988	Jf.Godfrey, O'Neill, Hunt
6 35:35	1997	Z.Fitch, Jordan, Willison
7 35:50	1993	Toli Au, Todd Au, Strickland
8 36:30	1990	Selby, Sanborn, Bisbee
9 37:30	1996	G.Funk, Davis, Koch
10 38:21	1992	Higgins, Temple, Erickson

Junior Boys

Time	Year	Top Three Runners
1 32:12	1991	Hinkle, Sanborn, Selby
2 32:23	1992	Toomey, Story, R.Lew
3 32:54	1995	K.Funk, Staroba, Finlay
4 34:00	1996	DeSelle, Currie, Buonaccorsi
5 34:10	1990	Lopes, Haluzak, Jorgensen
6 34:15	1988	Stevenson, Keith, Boone
7 34:42	1987	Lewis, Crane, J.Lew
8 35:03	1993	Higgins, Erickson, Martinez
9 37:24	1997	G.Funk, Escobedo, Koch

Varsity Boys

Time	Year	Top Five Runners
1 53:22	1992	Toomey, Bisbee, Sanborn, Hinkle, Story
2 53:28	1991	Lopes, Hinkle, Sanborn, Selby, Bisbee
3 54:05	1987	M.Contos, Watkins, Lewis, D.Waldow, Drisko
4 54:09	1993	Toomey, Story, R.Lew, Toli Au, Higgins
5 54:45	1986	K.Funk, DeSelle, Staroba, Finlay, Currie
6 54:50	1995	DeSelle, K.Funk, Staroba, Finlay, Currie
7 55:31	1998	Z.Fitch, J.Fitch, G.Funk, Escobedo, Funk
8 55:42	1997	DeSelle, G.Funk, Currie, Escobedo, Z.Fitch
9 56:05	1990	Jf.Godfrey, Lopes, Grafe, Haluzak, Jorgensen
10 56:19	1988	Lewis, Stevenson, Jf.Godfrey, Keith, Downing
11 56:37	1994	K.Funk, Finlay, DeSelle, Staroba, Finch

Cross Country: All-Time Vikings on 3-Mile Spring Lake Course

Overall Boys

Name	Time	Yr
1 David Toomey	15:26	93
2 Jason Selby	15:32	92
3 Nat Lopes	15:47	91
4 Jeff Godfrey	15:53	90
5 Tim Sanborn	15:54	92
6 Kevin Funk	15:56	96
7 Jason DeSelle	15:57	95
8 Keith Lewis	16:02	88
9 Josh Hinkle	16:05	92
10 Jason DeSelle	16:05	97
11 Dave Inthner	16:10	89
12 Peter Keith	16:17	89
13 Greg Funk	16:17	98
14 Erik Haluzak	16:18	93
15 Erik Haluzak	16:20	91
16 Ryan Law	16:24	93
17 Toli Au	16:26	93
18 Jon Fitch	16:27	98
19 Nate Bisbee	16:31	92
20 John Staroba	16:32	96
21 Jake Currie	16:35	97
22 Josh Dorris	16:32	96
23 John Staroba	16:40	92
24 Jerry Finlay	16:42	96
25 Roy O'Neill	16:49	89
26 Scott Frizwater	16:51	89
27 Mario Escobedo	16:51	98

Senior Boys

Name	Time	Yr
1 David Toomey	15:26	93
2 Jason Selby	15:32	92
3 Nat Lopes	15:47	91
4 Jeff Godfrey	15:53	90
5 Tim Sanborn	15:54	92
6 Kevin Funk	15:56	96
7 Keith Lewis	16:02	88
8 Josh Hinkle	16:05	92
9 Jason DeSelle	16:05	97
10 Dave Inthner	16:10	89
11 Peter Keith	16:17	89
12 Greg Funk	16:17	98
13 Scott Story	16:18	93
14 Erik Haluzak	16:20	91
15 Ryan Law	16:24	93
16 Nate Bisbee	16:31	92
17 John Staroba	16:32	96
18 Jake Currie	16:35	97
19 Josh Dorris	16:32	96
20 Jerry Finlay	16:42	96
21 Scott Frizwater	16:51	89
22 Mario Escobedo	16:51	98
23 Eric Downing	16:54	88
24 Star Stevenson	16:59	89
25 Mike Grate	17:03	90

Junior Boys

Name	Time	Yr
1 David Toomey	15:36	92
2 Jason DeSelle	16:16	96
3 Kevin Funk	16:19	95
4 Tim Sanborn	16:22	91
5 Jason Selby	16:23	91
6 Nat Lopes	16:25	90
7 Josh Hinkle	16:27	91
8 Greg Funk	16:30	97
9 Jeff Godfrey	16:32	88
10 Scott Story	16:36	92
11 Nate Bisbee	16:37	91
12 Jake Currie	16:38	96
13 Peter Keith	16:44	88
14 Roy O'Neill	16:49	89
15 John Staroba	16:52	95
16 Dave Inthner	16:54	88
17 Nathan Higgins	16:58	93
18 Erik Haluzak	16:59	90
19 Star Stevenson	17:00	88
20 Ryan Law	17:00	92
21 Sven Jorgensen	17:10	90
22 Mario Escobedo	17:13	87
23 Lee Oblad	17:15	91
24 Jerry Finlay	17:15	95
25 Josh Dorris	17:19	91

Sophomore Boys

Name	Time	Yr
1 Jason DeSelle	15:57	95
2 Zac Fitch	16:18	98
3 Toli Au	16:26	93
4 Jon Fitch	16:27	98
5 David Toomey	16:36	91
6 Greg Funk	16:46	96
7 Jake Currie	16:53	95
8 Ryan Law	17:00	91
9 Tim Sanborn	17:02	90
10 Jerry Finlay	17:06	94
11 John Staroba	17:06	94
12 Nick Miller	17:10	98
13 Jeff Godfrey	17:13	88
14 Kevin Funk	17:13	94
15 Scott Story	17:14	91
16 Jason Selby	17:19	90
17 David Britt	17:27	98
18 Roy O'Neill	17:30	88
19 Nat Lopes	17:31	89
20 Clayton Hunt	17:32	88
21 Kyle Moo	17:42	94
22 John McRae	17:44	98
23 James Waters	17:45	95
24 Nate Bisbee	17:46	90
25 Mark Davis	17:48	96

Freshman Boys

Name	Time	Yr
1 Jason DeSelle	17:19	94
2 Jason Fung	17:19	98
3 Zac Fitch	17:22	97
4 Jake Currie	17:38	94
5 Jon Fitch	18:14	97
6 Greg Funk	18:20	95
7 Brook Buonaccorsi	18:28	94
8 John McRae	19:02	97
9 Jake Minkoff	19:06	88
10 Patrick Beard	19:19	97
11 Nick Cho	19:25	98
12 John Kast	19:35	94
13 Ryan Rudnansky	19:54	98
14 Travis Phelps	20:09	94
15 John Houghton	20:11	96
16 Adam Smith	20:53	96
17 Ryan Metzler	20:53	97
18 Ryan Tansey	20:53	98
19 James Mullins	21:08	94
20 Geoff Busar	21:22	95
21 Kevin Smith	21:35	98
22 David Dracow	22:13	98
23 Cuyler Goodwin	22:52	96
24 Ryan Mullins	23:42	96

Overall Girls

Name	Time	Yr
1 Sara Bol	16:43	98
2 Sarah Bashel	17:40	98
3 Pamela Richardson	18:32	94
4 Diana Rancourt	19:08	97
5 Lisa Gay	19:43	91
6 April Malvino	19:46	98
7 Sarah McClelland	20:17	92
8 Jana Wiesner	20:19	92
9 Amy Jordan	20:21	97
10 Michelle Mayes	20:25	91
11 Christina Cushing	20:33	91
12 Alisha McCon	20:37	88
13 Amy Bol	20:51	95
14 Sarah Pacheco	21:07	97
15 Marisa Reichmuth	21:12	98
16 Georgina Vion	21:28	96
17 Michelle Finch	21:39	96
18 Sonya Glidden	21:59	97
19 Tanya Mayo	22:06	89
20 Erin Preston	22:18	88
21 Alisha McCon	22:27	96
22 Sarah Pacheco	23:12	89
23 Erin Pernon	23:38	95
24 Eloba Colin	23:58	96
25 Sonya Glidden	24:15	97
26 Kristin Blackwell	25:07	90

Senior Girls

Name	Time	Yr
1 Pamela Richardson	18:32	94
2 Diana Rancourt	19:08	97
3 Lisa Gay	19:43	91
4 April Malvino	19:46	98
5 Sarah McClelland	20:17	92
6 Georgina Vion	20:19	92
7 Marisa Reichmuth	20:21	97
8 Lisa Gay	20:25	91
9 Amy Jordan	20:33	91
10 Michelle Mayes	20:37	88
11 Christina Cushing	20:51	95
12 Alisha McCon	21:07	97
13 Amy Bol	21:12	98
14 Sarah Pacheco	21:28	96
15 Marisa Reichmuth	21:39	96
16 Michelle Finch	21:59	97
17 Sonya Glidden	22:06	89
18 Tanya Mayo	22:18	88
19 Erin Preston	22:27	96
20 Natalie Sohl	23:12	89
21 Erin Pernon	23:38	95
22 Sarah Pacheco	23:58	96
23 Laura Thomas	24:15	97
24 Erin Perry	25:07	90
25 Kristin Blackwell	25:15	90

Junior Girls

Name	Time	Yr
1 Pamela Richardson	18:59	93
2 Diana Rancourt	19:20	96
3 Shewit Halle	20:11	96
4 April Malvino	20:15	97
5 Jamie Duncan	20:17	91
6 Georgina Vion	20:29	95
7 Marisa Reichmuth	20:53	94
8 Lisa Gay	21:19	90
9 Sarah McClelland	21:25	91
10 Amy Jordan	21:36	90
11 Eloba Colin	21:41	94
12 Amy Bol	21:42	97
13 Michelle Finch	21:43	95
14 Tanya Mayo	21:49	88
15 Lisa Mackie	21:52	96
16 Christina Cushing	22:25	94
17 Sonya Glidden	22:36	96
18 Alisha McCon	23:03	96
19 Amy Chaffin	23:07	93
20 Erin Preston	23:27	88
21 Jenny Scott	23:40	89
22 Tirzah Zbinden	23:48	92
23 Erin Perry	23:59	96
24 Kristin Blackwell	24:04	89
25 Dawn Keefer	24:35	92

Sophomore Girls

Name	Time	Yr
1 Sara Bol	16:43	98
2 Sarah Bashel	17:40	98
3 Pamela Richardson	19:12	92
4 Diana Rancourt	19:58	95
5 Jamie Duncan	20:05	90
6 Amy Lodin	20:10	94
7 Marisa Reichmuth	20:16	93
8 Shewit Halle	20:26	95
9 Sarah McClelland	20:46	90
10 Lisa Gay	20:56	89
11 Megan McRae	21:41	95
12 Sonya Glidden	21:53	96
13 April Malvino	22:02	88
14 Jenny Scott	22:07	94
15 Michelle Finch	22:14	92
16 Amy Chaffin	22:22	96
17 Amy Bol	22:34	88
18 Kristen Blackwell	22:36	89
19 Amy Jordan	22:44	98
20 Megan Buser	23:05	95
21 Lisa Mackie	23:12	93
22 Christina Cushing	23:24	88
23 Odile Zelenak	23:36	98
24 Cassie English	24:20	91
25 Lexy Montgomery	24:20	91

Freshman Girls

Name	Time	Yr
1 Sara Bol	17:09	97
2 Sarah Bashel	19:22	97
3 Elise Pedersen	19:53	98
4 Joy Terrillini	19:55	98
5 Amy Bol	21:04	85
6 Diana Rancourt	21:37	94
7 Shewit Halle	21:39	94
8 Sonya Glidden	21:47	94
9 Lisa Mackie	22:27	94
10 Brittany Alard	22:43	95
11 April Malvino	23:06	85

Cross Country: All-Time Vikings on 2-Mile Spring Lake Course

Overall Boys

Name	Yr	Time
1 Mike Contos	'87	10:14
2 David Toomey	'93	10:21
3 Nat Lopes	'91	10:25
4 Randall Watkins	'87	10:34
5 Jeff Godfrey	'90	10:34
6 Tim Sanborn	'92	10:35
7 Dave Intrer	'86	10:36
8 Kevin Funk	'89	10:36
9 Nate Bisbee	'92	10:37
10 Jason DeSelle	'96	10:38
11 Josh Hinkle	'96	10:40
12 Keith Lewis	'87	10:43
13 John Staroba	'86	10:43
14 Jason Selby	'92	10:46
15 Scott Story	'93	10:48
16 Ryan Lew	'89	10:50
17 Peter Keith	'89	10:51
18 Josh Dorris	'92	10:51
19 Erik Haluzak	'91	10:52
20 Toli Au	'93	10:54
21 Zac Fitch	'88	10:54
22 Jon Fitch	'98	10:55
23 Greg Funk	'97	10:55
24 Jake Curro	'97	10:57
25 Roy O'Neill	'89	11:02

Senior Boys

Name	Yr	Time
1 Mike Contos	'87	10:14
2 David Toomey	'93	10:21
3 Nat Lopes	'91	10:25
4 Randall Watkins	'87	10:34
5 Jeff Godfrey	'90	10:34
6 Tim Sanborn	'92	10:35
7 Dave Intrer	'86	10:36
8 Kevin Funk	'89	10:36
9 Nate Bisbee	'92	10:37
10 Jason DeSelle	'96	10:38
11 Josh Hinkle	'96	10:40
12 Keith Lewis	'87	10:43
13 John Staroba	'86	10:43
14 Jason Selby	'92	10:46
15 Scott Story	'93	10:48
16 Ryan Lew	'89	10:50
17 Peter Keith	'89	10:51
18 Josh Dorris	'92	10:51
19 Erik Haluzak	'91	10:52
20 Toli Au	'93	10:54
21 Zac Fitch	'88	10:54
22 Jon Fitch	'98	10:55
23 Greg Funk	'97	10:55
24 Jake Curro	'97	10:57
25 Roy O'Neill	'89	11:02

Junior Boys

Name	Yr	Time
1 David Toomey	'92	10:22
2 Jason DeSelle	'96	10:38
3 Josh Hinkle	'91	10:40
4 Keith Lewis	'87	10:43
5 Kevin Funk	'95	10:44
6 Tim Sanborn	'91	10:45
7 Jason Selby	'91	10:47
8 Nathan Bisbee	'91	10:51
9 Greg Funk	'97	10:56
10 Scott Story	'92	10:57
11 John Staroba	'85	10:59
12 Jeff Godfrey	'88	11:00
13 Roy O'Neill	'89	11:02
14 Ryan Lew	'88	11:04
15 Star Stevenson	'90	11:05
16 Nat Lopes	'90	11:06
17 Jerry Finlay	'93	11:11
18 Nathan Higgins	'93	11:12
19 Mario Escobedo	'97	11:19
20 Dean Crane	'88	11:27
21 Peter Keith	'88	11:27
22 Jake Currie	'96	11:30
23 Erik Haluzak	'90	11:31
24 Sven Jorgensen	'90	11:33
25 Bryan Stoddard	'94	11:33

Sophomore Boys

Name	Yr	Time
1 Jason DeSelle	'95	10:44
2 Toli Au	'93	10:54
3 Zac Fitch	'98	10:54
4 Jon Fitch	'98	10:55
5 Ryan Lew	'91	11:05
6 Kevin Funk	'94	11:09
7 Scott Story	'91	11:11
8 Jake Currie	'95	11:12
9 Jerry Finlay	'94	11:16
10 John Staroba	'88	11:17
11 Jeff Godfrey	'88	11:26
12 David Britt	'98	11:29
13 Greg Funk	'86	11:31
14 Roy O'Neill	'88	11:35
15 Mike Flanagan	'91	11:45
16 Erik Haluzak	'89	11:47
17 Nick Miller	'98	11:49
18 Andrew Jordan	'97	11:50
19 Kyle Moo	'94	11:52
20 James Waters	'95	11:58
21 Greg Votruba	'92	12:00
22 Jason Selby	'90	12:03
23 Patrick Band	'98	12:03
24 Nathan Higgins	'92	12:05
25 Jon Willison	'97	12:05

Freshman Boys

Name	Yr	Time
1 Jason DeSelle	'94	11:22
2 Jason Fung	'98	11:24
3 Zac Fitch	'97	11:40
4 Patrick Band	'97	12:11
5 Jon Fitch	'97	12:13
6 Greg Funk	'95	12:25
7 Jake Currie	'94	12:38
8 Jake Minkoff	'94	12:40
9 John McRae	'97	12:58
10 Nick Cho	'98	13:19
11 Ryan Metzler	'97	13:48
12 Brook Buonaccorsi	'94	13:49
13 John Kast	'94	14:02
14 Ryan Rudnansky	'98	14:11
15 James Mullins	'94	14:25
16 Cuyler Goodwin	'94	14:34
17 Geoff Buser	'95	14:56
18 Adam Smith	'96	15:27
19 David Dranow	'98	15:32
20 Ryan Mullins	'96	15:33
21 Ryan Tansey	'98	15:35
22 Travis Phelps	'94	15:41
23 Kevin Smith	'98	16:10

Overall Girls

Name	Yr	Time
1 Sara Bei	'98	11:05
2 Pamela Richardson	'94	11:59
3 Sarah Bashel	'96	12:00
4 Shewit Halle	'96	12:51
5 Diana Rancourt	'96	12:58
6 April Malvino	'98	13:01
7 Lisa Gay	'91	13:05
8 Nicole Fischer	'91	13:15
9 Amy Ledin	'87	13:21
10 Elisa Pedersen	'94	13:22
11 Michelle Mayes	'88	13:25
12 Joy Terrillini	'88	13:27
13 Janke Duncan	'90	13:30
14 Marisa Reichmuth	'95	13:34
15 Jana Wiesner	'91	13:35
16 Sarah McClendon	'91	13:41
17 Christina Cushing	'98	13:45
18 Amy Jordan	'98	13:50
19 Alisha McCon	'95	14:02
20 Sarah Pacheco	'96	14:34
21 Sarah McClendon	'98	14:37
22 Michelle Finch	'96	14:54
23 Tanya Mayo	'94	15:14
24 Amy Jordan	'91	15:28
25 Georgina Von	'85	15:51
26 Eloisa Collin	'94	16:00
27 Amy Bei	'94	16:02
28 Megan McRae	'95	16:06
29 Sonya Glidden	'98	16:21
30 Sonya Glidden	'95	16:22
31 Amy Chaffin	'96	16:00
32 Brittany Allard	'95	16:29

Junior Girls

Name	Yr	Time
1 Pamela Richardson	'93	12:30
2 Shewit Halle	'96	12:51
3 Diana Rancourt	'96	12:58
4 Jamie Duncan	'91	13:33
5 Georgina Von	'95	13:51
6 Marisa Reichmuth	'94	13:53
7 Sarah McClendon	'91	13:57
8 Michelle Mayes	'87	13:58
9 Eloisa Collin	'94	14:00
10 Amy Bei	'94	14:20
11 Tanya Mayo	'97	14:25
12 Lisa Gay	'88	14:25
13 Amy Jordan	'90	14:30
14 April Malvino	'90	14:31
15 Amy Chaffin	'97	14:35
16 Lisa Parker	'93	14:50
17 Christina Cushing	'87	14:53
18 Lisa Mackie	'94	15:14
19 Erin Perry	'96	15:36
20 Kristen Blackwell	'89	15:38
21 Erin Preston	'88	15:40
22 Alisha McCon	'95	15:44
23 Laura Thomas	'95	15:56
24 Tirzah Zbinden	'92	16:04
25 Dawn Keeler	'82	16:19

Sophomore Girls

Name	Yr	Time
1 Sara Bei	'98	11:05
2 Sarah Bashel	'98	12:00
3 Pamela Richardson	'92	12:26
4 Diana Rancourt	'95	13:14
5 Amy Ledin	'94	13:21
6 Janke Duncan	'90	13:30
7 Marisa Reichmuth	'93	13:44
8 Megan McRae	'95	14:06
9 Amy Chaffin	'92	14:22
10 Lisa Gay	'99	14:24
11 Sarah McClendon	'90	14:25
12 Sonya Glidden	'12	14:30
13 Tanya Mayo	'13	14:43
14 Michelle Finch	'94	14:48
15 Shewit Halle	'95	14:48
16 Amy Jordan	'89	15:01
17 Kristen Blackwell	'17	15:11
18 Jessica Horowitz	'16	15:25
19 Megan Buser	'94	15:25
20 April Malvino	'98	15:25
21 Christina Cushing	'20	15:37
22 Odile Zolensak	'88	15:42
23 Lisa Mackie	'88	15:49
24 Amy Bei	'95	15:52
25 Cassie English	'96	16:33

Freshman Girls

Name	Yr	Time
1 Sara Bei	'97	11:38
2 Eliza Pedersen	'98	13:22
3 Joy Terrillini	'98	13:27
4 Diana Rancourt	'94	14:04
5 Sonya Glidden	'94	14:21
6 Brittany Allard	'95	14:29
7 Amy Bei	'95	14:36
8 Lisa Mackie	'98	15:08
9 Amelia Thomas	'94	15:13
10 April Malvino	'98	15:22

North Bay League Top 20 on Spring Lake 3-Mile Course

Runner	Team	Time	Date
1	Ryan Mack	UK	14:50
2	Steve Laurie	MC	15:01
3	Celedonio Rodriguez	EA	15:05
4	Zack Barrett	SF	15:21
5	David Toomey	M	15:26
6	Steve Guertl	SF	15:28
7	Jason Selby	M	15:32
8	Josh Otto	UK	15:34
9	Peter Egerton	SF	15:39
10	Amadu Kamara	SF	15:40
11	Juan Soriano	SF	15:41
12	Jordan Kinley	MC	15:45
13	Nat Lopes	M	15:47
14	Dan Held	SF	15:48
14	Sky Pile	SF	15:48
16	Jeff Godfrey	M	15:53
16	Brent Shaw	CN	15:53
18	Tim Sanborn	M	15:54
19	Salvador Zabala	SF	15:55
20	Mekonen Fekadu	SF	15:56

Runner	Team	Time	Date
1	Ryan Lew	M	17:00
2	Scott Story	M	17:14
3	Lee Oblad	M	17:15
4	Dean Crane	M	17:17
4	Nam Ngo	SF	17:17
6	Jason Selby	M	17:19
6	Josh Dorris	M	17:19
8	David Toomey	M	17:21
9	Kevin Boone	M	17:25
10	Jake Davis	SF	17:26
10	Kevin Funk	M	17:26
12	Victor Garrison	M	17:27
13	David Britt	M	17:27
14	Alex Kramer	UK	17:28
15	Rory O'Neill	M	17:30
16	Aaron Parsons	M	17:31
17	Atherom Legesse	SF	17:34
18	Mike Saunders	SF	17:36
18	Joey Baer	SF	17:38
18	Mike del Campo	M	17:39

Runner	Team	Time	Date
1	Julia Stamps	SF	16:15
2	Sara Bel	M	16:43
3	Trina Cox	SF	17:04
4	Sarah Basher	M	17:40
5	Nika Horn	SF	18:09
6	Rhonda Mazza	SF	18:10
7	Megan Reeder	SF	18:13
8	Sarah Hallas	US	18:23
9	Jenny Aldridge	MC	18:25
10	Pamela Richardson	M	18:32
11	Anna Shaver	SF	18:42
12	Lindsay Johnson	SF	18:51
13	Brenna Nurni	US	18:59
14	Jackie Prange	SF	19:01
15	Amber Trotter	UK	19:04
16	Katie Stafford	SF	19:07
16	Dena Witthaus	P	19:07
18	Georgina Balkwell	US	19:08
18	Diana Rancourt	M	19:08
20	Michelle Ferguson	P	19:14

Runner	Team	Time	Date
1	Katie House	US	20:57
2	Alexa Delwiche	US	20:59
3	Ria Drake	US	21:04
4	Maryann Hulsman	US	21:17
5	Heather Berg	SF	21:34
6	Diana Rancourt	M	21:37
7	Alex Waring	US	21:39
8	Sonya Gidden	M	21:41
9	Tiffany Espinosa	US	21:42
9	Anahea Meade	SF	21:42
11	Virginia Meilin	US	21:43
11	Michelle Finch	M	21:43
13	Becky Balkwell	US	22:08
14	Naomi Turner	UK	22:19
15	Jenny Moore	US	22:20
15	Liz Brown	US	22:20
17	Beth Bowman	US	22:22
18	Strada Morris	UK	22:26
19	Koro Crowfoot	UK	22:27
20	Rachel Lupole	UK	22:30

**Pre-Season Meet vs. Rancho Cotate,
Santa Rosa, Healdsburg, Analy,
Justin Siena, St. Vincent's, Piner
and Rincon Valley Christian
September 4 at Rancho Cotate
Course: 2.8 miles, flat**

Girls	Place	Time	Pace
1	Bei, S.	1 V	15:42 5:36
2	Bashel	3 V	16:51 6:01
3	Malvino	13 V	19:15 6:52
4	Terribilini	1 JV	19:23 6:55
5	Pedersen	18 V	19:55 7:06
6	Bei, A.	22 V	20:20 7:15
7	Buser	8 JV	22:12 7:55
8	Thomas	9 JV	22:14 7:56
9	English	14 JV	23:16 8:18

Varsity Girls: 33 finishers

JV Girls: 29 finishers

Boys	Place	Time	Pace
1	Funk	4 V	15:35 5:33
2	Escobedo	5 V	15:39 5:35
3	Fitch, Z.	6 V	15:43 5:36
4	Fitch, J.	7 V	15:45 5:37
5	Fung	12 V	16:21 5:50
6	Koch	1 JV	17:09 6:07
7	Britt	3 JV	18:01 6:26
8	Band	7 JV	18:12 6:30
9	Millar	8 JV	18:13 6:30
10	McRae	9 JV	18:21 6:33
11	Minkoff	13 JV	18:45 6:41
12	Morgan	15 JV	18:46 6:42
13	Metzler	19 JV	19:08 6:50
14	Ferrel	22 JV	19:21 6:54
15	Cho	23 JV	19:30 6:57
16	Mills	32 JV	20:26 7:17
17	Oser	34 JV	20:36 7:21
18	Schlereth	38 JV	20:53 7:27
19	Rudnansky	47 JV	21:56 7:50
20	Dranow	50 JV	22:31 8:02
21	Tansey	53 JV	23:13 8:17
22	Smith	61 JV	26:27 9:26

Varsity Boys: 53 finishers

JV Boys: 62 finishers

Rancho Cotate Invitational

This was the only meet Sara Bei lost in her 1997 freshman season and it was a rematch with Santa Rosa's Trina Cox. This time Sara took over before the 2-mile mark and ran away to a 24-second margin of victory, improving her time by 58 seconds in the process. Fellow soph Sarah Bashel had a battle on her hands throughout, with Maria Carrillo HS frosh Jenny Aldridge hanging close until Sarah pulled away on the final loop of the track. Senior April Malvino improved on her '96 PR by 26 seconds giving her a total improvement of 3:36 over her 4 years on the course. Amy Bei recorded a 12-second PR. Freshman Joy Terribilini debuted as the team's #4 runner with her JV victory.

The Viking varsity boys had no one at the front of the race but demonstrated the importance of team depth in placing 4th thru 7th within a 10-second span. Jon Fitch has the biggest varsity PR, cutting 2:04 from his '97 best. Twin brother Zac was 1:28 faster this year and senior Mario Escobedo improved by 3 seconds. Freshman Jason Fung proves he's varsity material by running the #5 Viking time.

The JV boys dominated by placing 5 in the top 9. Soph David Britt makes varsity in his first attempt. The team's top PRs came from Justin Morgan, who improved by 2:46, and Ian Ferrel, who cut 2:42 from last year. Ryan Metzler was 1:20 better, Patrick Band cut 44 seconds off and John McRae improved by 34 seconds.

**Ed Stae Invitational
September 12 at Martinez
Course: 2.0 miles, rolling hills.**

Girls	Place	Time	Pace
1	Bei, S.	1 V	11:32 5:46
2	Bashel	4 V	12:19 6:09
3	Malvino	39 V	14:18 7:09
4	Pederson	66 V	14:50 7:25
5	Terribilini	67 V	14:50 7:25
6	Bei, A.	85 V	15:22 7:41
7	Buser	102 V	15:52 7:56
8	Thomas	14 JV	16:05 8:02

Varsity Girls: 20 teams, 139 finishers

1. Santa Rosa 48, 2. Beyer 88, 3. Granada 137, 4. Clayton Valley 145, 5. MONTGOMERY 162, 6. St. Francis 182, 7. Vacaville 201, 8. Miramonte 219, 9. Livermore 267, 10. Alhambra 280, 11. Piner 281,

12. Campolindo 284, 13. Acalanes 302, 14. Bishop O'Dowd 352, 15. Amador Valley 355, 16. Rio Americano 407, 17. Antloch 415, 18. College Park 416, 19. Deer Valley 538, 20. Dublin 574

JV Girls: 98 finishers

Boys	Place	Time	Pace
1	Funk	15 V	11:15 5:37
2	Fitch, Z.	1 F/S	11:26 5:43
3	Fitch, J.	2 F/S	11:27 5:43
4	Escobedo	26 V	11:42 5:51
5	Fung	4 F/S	11:59 5:59
6	Britt	8 F/S	12:08 6:04
7	Millar	21 F/S	12:42 6:21
8	Band	26 F/S	12:44 6:22
9	Cho	19 Fr	13:56 6:58
10	Metzler	60 F/S	14:07 7:03
11	Schlereth	59 JV	14:50 7:25
12	Morgan	69 JV	15:12 7:36
13	Oser	73 JV	15:21 7:40
14	Rudnansky	49 Fr	15:28 7:44
15	Mills	75 JV	15:29 7:44
16	Rubinger	76 JV	15:34 7:47
17	Tansey	59 Fr	16:41 8:20
18	Dranow	64 Fr	17:11 8:35

Varsity Boys: 165 finishers

JV Boys: 9 teams, 104 finishers

1. Deer Valley 64, 2. Campolindo 75, 3. College Park 77, 4. Acalanes 88, 5. Antloch 108, 6. St. Mary's 118, 7. Miramonte 175, 8. Bishop O'Dowd 190, 9. MONTGOMERY 230

Frosh/Soph Boys: 12 teams, 98 finishers

1. MONTGOMERY 28, 2. College Park 90, 3. Antloch 105, 4. Vacaville 113, 5. Miramonte 143, 6. Benicia 155, 7. Acalanes 157, 8. Campolindo 188, 9. Bishop O'Dowd 197, 10. St. Mary's 229, 11. Bear Creek 262, 12. Franklin 306

Freshman Boys: 84 finishers

Ed Stae Invitational

The frosh/soph boys team, led by the 1-2 finish of Zac and Jon Fitch, wiped out the competition by 62 points. Jason Fung (4th) and David Britt (8th) made it 4 Vikings in the top 8 and then sophomore newcomer Nick Millar wrapped up the scoring in 21st. On the all-time frosh/soph Viking list for this course, the Fitch boys are now 2nd and 3rd, Fung stands 7th and Britt, 10th. Greg Funk made the varsity list with the 8th-fastest time.

Sara Bei outran SR's Cox for the 2nd meet in a row and missed setting a course record by just 5 seconds. The record is held by 1996 national champion Kristen Gordon of Carondelet. Sarah Bashel collected some major scalps in finishing 4th, beating several girls who were ahead of her last season and recording the 9th-fastest time in the history of the course. Bei and Bashel now stand 1-2 on the all-time Viking list for this course. April Malvino made the 5th spot on that list and the freshman duo of Elisa Pedersen and Joy Terribilini tied for the 10th-fastest Viking time on the list.

**Pre-Season Meet vs. Maria Carrillo,
Healdsburg, Rincon Valley Christian,
Analy, El Molino, Willits and Windsor
September 14 at Spring Lake
Course: 2 miles, rolling**

Girls	Place	Time	Pace
1	Bei, S.	1 V	11:34 5:47
2	Bashel	2 V	12:18 6:09
3	Malvino	4 V	13:39 6:49
4	Pedersen	5 V	13:57 6:58
5	Terribilini	6 V	14:02 7:01
6	Bei, A.	8 V	14:26 7:13
7	English	3 JV	16:37 8:18
8	Thomas	4 JV	16:37 8:18
9	Buser	16 V	16:57 8:28

Varsity Girls: 26 finishers

1. MONTGOMERY 15, 2. Willits 49

Junior Varsity Girls: 21 finishers

BOYS	Place	Time	Pace
1	Funk	3 V	11:04 5:32
2	Fitch, Z.	4 V	11:08 5:34
3	Fitch, J.	5 V	11:09 5:34
4	Escobedo	6 V	11:15 5:37
5	Fung	8 V	11:30 5:45
6	Britt	11 V	11:41 5:50
7	Koch	16 V	12:06 6:03
8	Millar	1 JV	12:29 6:14
9	Band	2 JV	12:29 6:14
10	McRae	3 JV	13:06 6:33
11	Minkoff	4 JV	13:18 6:39
12	Cho	5 JV	13:19 6:39
13	Ferrel	13 JV	13:44 6:52
14	Morgan	14 JV	13:46 6:53
15	Metzler	18 JV	13:59 6:59
16	Schlereth	24 JV	14:48 7:24
17	Mills	29 JV	15:09 7:34
18	Rubinger	31 JV	15:16 7:38
19	Rudnansky	32 JV	15:16 7:38
20	Oser	34 JV	15:24 7:42
21	Tansey	40 JV	16:18 8:09
22	Dranow	45 JV	16:27 8:13
23	Smith	54 JV	18:12 9:06

Varsity Boys: 41 finishers

1. MONTGOMERY 26, 2. Maria Carrillo 45, 3. Analy 80, 4. Willits 97, 5. RV Christian 108

Junior Varsity Boys: 54 finishers

1. MONTGOMERY 15, 2. Analy 52, 3. Willits 73

Pre-Season 2-Miler

An impressive sweep by the MHS girls, varsity boys and JV boys. The girls score a perfect 15 and take 5 of the top 6 spots and 6 of the top 8. April Malvino knocks 56 seconds from her PR and sophomore Cassie English makes varsity for the first time.

The JV boys, with Nick Millar taking a photo-finish win from soph Patrick Band, also score a perfect 15 with soph John McRae and freshmen Jake Minkoff and Nick Cho wrapping up the top 5. Justin Morgan is the leader of the PR parade again, this time removing 3:58 from his 1997 best. Ian Ferrel cuts 1:03 off his PR. In the varsity boys Greg Fung leads a 3-4-5-6-8 finish for the Vikings with those 5 separated by a total of just 26 seconds. The Fitch twins show great improvement from last year, Jon by 1:04 and Zac by 32 seconds.

Viking Opener Invitational

A big win for the frosh/soph girls team with 4 runners in the top 10. Sara Bei runs the fastest time of the day and lowers her school record on the 2M course by 33 seconds. Sarah Bashel breaks her PR by 18, Elisa Pedersen and Joy Terribilini each improves by 35 seconds and Cassie English scores a 4-second PR. April Malvino medals in the junior/senior race with a 38-second PR giving her a total improvement of 1:34 from last season. Amy Bei cut 18 seconds from her previous best and took the 20th place ribbon. Two Viking JV girls earn medals, Amelia Thomas taking 5th with a PR by

Viking Opener Invitational
September 19 at Spring Lake
Course: 2.0 miles, rolling

Girls	Place	Time	Pace
1	Bei, S.	1 FS	11:05 5:32
2	Bashel	3 FS	12:00 6:00
3	Pedersen	9 FS	13:22 6:41
4	Terribilini	10 FS	13:27 6:43
5	English	68 FS	16:33 8:16
6	Malvino	8 JS	13:01 6:30
7	Bei, A.	20 JS	14:02 7:01
8	Thomas	6 OG	15:13 7:36
9	Buser	7 OG	15:25 7:42

Junior-Senior Girls: 90 finishers

Frosh-Soph Girls: 91 finishers

1. MONTGOMERY 11, 2. Piner 41, 3. Oak Ridge 45, 4. Novato 50, 5. Eureka 61, 6. Ursuline 84, 7. Redwood 85, 8. Santa Rosa 89, 9. San Marin 90, 10. Ukiah 91, 11. Drake 108, 12. Vintage 111, 13. Rancho Cotate 128, 14. Analy 130, 15. Woodcreek 134, 16. Willits 152, 17. Healdsburg 157, 18. Rincon Valley Christian 203, 19. Clear Lake 212

Open Girls: 44 finishers

Boys	Place	Time	Pace
1	Fitch, Z.	5 FS	10:54 5:27
2	Fitch, J.	7 FS	10:55 5:27
3	Funk	7 Sr	10:56 5:28
4	Escobedo	18 Sr	11:22 5:41
5	Fung	11 FS	11:24 5:42
6	Britt	14 FS	11:29 5:44
7	Millar	25 FS	11:49 5:54
8	Band	1 OB	12:03 6:01
9	Koch	37 Sr	12:19 6:09
10	Minkoff	3 OB	12:40 6:20
11	McRae	5 OB	12:50 6:25
12	Ferrel	49 Jr	13:17 6:38
13	Cho	19 OB	13:34 6:47
14	Metzler	23 OB	14:06 7:03
15	Oser	25 OB	14:10 7:05
16	Rudnansky	27 OB	14:11 7:05
17	Schlereth	69 Sr	14:14 7:07
18	Rubinger	35 OB	14:51 7:25
19	Morgan	73 Sr	15:24 7:42
20	Mills	73 Jr	15:28 7:44
21	Dranow	40 OB	15:32 7:46
22	Tansey	42 OB	15:35 7:47
23	Smith	47 OB	16:10 8:05

Senior Boys: 78 finishers

1. Eureka 23, 2. Ukiah 27, 3. Oak Ridge 30, 4. MONTGOMERY 50, 5. Vintage 52, 6. C. Newman 55, 7. Novato 74, 8. Analy 77, 9. Woodcreek 91, 10. Napa 92, 11. Elsie Allen 92, 12. Willits 95, 13. Marin Catholic 100, 14. Rancho Cotate 123

Junior Boys: 74 finishers

Frosh-Soph Boys: 111 finishers

1. Eureka 13, 2. MONTGOMERY 20, 3. Ukiah 37, 4. Drake 65, 5. Oak Ridge 74, 6. Redwood 81, 7. Napa 89, 8. Woodcreek 94, 9. M. Carrillo 97, 10. Analy 114, 11. Santa Rosa 122, 12. Piner 131, 13. San Marin 151, 14. Middletown 155, 15. Windsor 157, 16. Casa Grande 158, 17. El Molino 161, 18. Healdsburg 169, 19. C. Newman 170, 20. Marin Catholic 187, 21. Clear Lake 205, 22. Willits 259, 23. Elsie Allen 280, 24. Lower Lake 266

Open Boys: 57 finishers

1. MONTGOMERY 8, 2. Oak Ridge 13, 3. Napa 29, 4. Redwood 33, 5. Analy 43, 6. C. Newman 76

(Viking Opener, continued)

1:24 and Megan Buser finishing 7th and PRing by 1:32. Montgomery's all-time list is rewritten: Sara Bei - 1st overall, 1st soph; Sarah Bashel - 3rd overall, 2nd soph; April Malvino - 6th overall, 2nd senior; Elisa Pedersen - 10th overall, 2nd freshman; Joy Terribilini - 12th overall, 3rd freshman; Amy Bei - 21st overall, 13th senior; Megan Buser - 18th soph; Cassie English - 25th soph; Amelia Thomas - 9th frosh.

Cowchip Invitational
September 26 at Stafford Lake Park
Course: Varsity - 3.0 miles;
JV & Frosh/Soph - 1.7 miles

Varsity Girls	Place	Time	Pace
1	Bei, S.	1	17:12 5:44
2	Bashel	4	18:30 6:10
3	Malvino	18	20:37 6:52
4	Pedersen	45	21:55 7:18
5	Terribilini	47	22:03 7:21
6	Bei, A.	59	22:24 7:28
7	Thomas	86	23:23 7:47

JV Girls	Place	Time	Pace
1	Buser	14	13:18 7:49
2	English	22	13:49 8:07

Varsity Girls: 18 teams, 148 finishers

1. St. Ignatius 79, 2. MONTGOMERY 115, 3. Piner 117, 4. Ukiah 165, 5. Vacaville 183, 6. Alhambra 224, 7. Fortuna 278, 8. Ursuline 311, 9. Shasta 323, 10. Vallejo 338, 11. Vintage 361, 12. Wood 367, 13. San Rafael 374, 14. Novato 377, 15. San Ramon 386, 16. Rancho Cotate 451, 17. Terra Linda 526, 18. Tamalpais 543

JV Girls: 61 finishers

Varsity Boys	Place	Time	Pace
1	Funk	10	16:41 5:33
2	Escobedo	34	17:27 5:49
3	Koch	103	18:55 6:18
4	Schlereth	180	21:22 7:07
5	Morgan	188	21:53 7:17
6	Mills	193	22:38 7:32

JV & Frosh / Soph Boys

1	Fitch, Z.	2 F/S	9:32 5:36
2	Fitch, J.	3 F/S	9:35 5:38
3	Fung	7 F/S	9:52 5:48
4	Millar	24 F/S	10:21 6:05
5	McPae	41 F/S	10:36 6:14
6	Cho	55 F/S	10:55 6:25
7	Rudnansky	80 F/S	11:27 6:44
8	Oser	59 JV	12:11 7:10
9	Dranow	62 JV	12:16 7:12
10	Rubinger	66 JV	12:23 7:17
11	Tansey	71 JV	12:33 7:22
12	Smith	77 JV	12:59 7:38

Varsity Boys: 29 teams, 203 finishers

1. Jesuit 71, 2. Yreka 146, 3. Ukiah 151, 4. Central Valley 152, 5. San Ramon Valley 172, 6. St. Ignatius 214, 7. St. Mary's 215, 8. Maria Carrillo 254, 9. Wood 296, 10. Shasta 348, 11. Vacaville 366, 12. Elk Grove 389, 13. Vintage 389, 14. Novato 411, 15. Monte Vista 429, 16. Elsie Allen 453, 17. Fortuna 458, 18. Deer Valley 486, 19. MONTGOMERY 515, 20. Alhambra 558, 21. Terra Linda 587, 22. San Marin 650, 23. Tamalpais 674, 24. San Rafael 683, 25. Cardinal Newman 708, 26. Piner 711, 27. Newark Memorial 728, 28. Wallenberg 843, 29. Marin Catholic 867

JV Boys: 6 teams, 92 finishers

1. Wood 58, 2. St. Ignatius 80, 3. Jesuit 85, 4. St. Mary's 91, 5. Deer Valley 265, 6. MONTGOMERY 335

Frosh/Soph Boys: 8 teams, 152 finishers

1. Jesuit 42, 2. MONTGOMERY 77, 3. Elk Grove 109, 4. St. Ignatius 138, 5. Alameda 185, 6. Ukiah 187, 7. Alhambra 443, 8. Terra Linda 519

(Viking Opener, continued)

The frosh/soph boys earn 2nd place with the Fitch boys medaling, Zac in 5th, the fastest Viking time of the day, and Jon in 7th, just 1 second back. Jason Fung, in 11th, misses Jason DeSelle's freshman school record by just 2 seconds. Greg Funk earns a medal and Mario Escobedo a ribbon in the senior boys race. The JV boys place 3 in the top 5 to easily win the open race. Patrick Band comes from behind in the final 10 meters to win and is followed by Jake Minkoff in 3rd and John McRae in 5th. PRs are set by freshmen Kevin Smith (2:02), Ryan

NBL Pre-Season Meet vs. El Molino,
Piner and Rancho Cotate
September 30 at Spring Lake
Course: 3 miles, rolling

Girls	Place	Time	Pace
1	Bei, S.	1 V	17:33 5:51
2	Bashel	2 V	18:40 6:13
3	Malvino	5 V	20:20 6:46
4	Pedersen	9 V	21:51 7:17
5	Bei, A.	12 V	22:45 7:35
6	Buser	13 V	22:58 7:38
7	Thomas	16 V	24:18 8:06
8	English	20 V	24:59 8:19

Varsity Girls: 26 finishers

1. MONTGOMERY 29, 2. Piner 32, 3. Rancho Cotate 68

Boys	Place	Time	Pace
1	Funk	1 V	16:29 5:29
2	Fitch, Z.	2 V	16:32 5:30
3	Fitch, J.	3 V	16:36 5:32
4	Escobedo	4 V	17:19 5:46
5	Fung	5 V	17:26 5:48
6	Koch	8 V	18:15 6:05
7	Britt	10 V	18:23 6:07
8	Millar	1 JV	18:23 6:07
9	McPae	2 JV	18:59 6:19
10	Minkoff	3 JV	19:28 6:29
11	Cho	5 JV	20:15 6:45
12	Schlereth	6 JV	20:25 6:48
13	Ferrel	7 JV	20:35 6:51
14	Morgan	8 JV	20:54 6:58
15	Rudnansky	9 JV	20:55 6:58
16	Tansey	11 JV	21:29 7:09
17	Mills	12 JV	21:32 7:10
18	Smith	14 JV	23:15 7:45

Varsity Boys: 37 finishers

1. MONTGOMERY 15, 2. Rancho Cotate 53, 3. Piner 76, 4. El Molino 100

Junior Varsity Boys: 16 finishers

(Viking Opener, continued)

Ryan Rudnansky (1:05), David Dranow (0:55), Ryan Tansey (0:43), Jake Minkoff (0:38) and Jason Fung (0:06); sophomores Nick Oser (1:14), Nick Millar (0:40), Adam Rubinger (0:25), Zack Fitch (0:14), Jon Fitch (0:14), David Britt (0:12) and Patrick Band (0:08); junior Ian Ferrel (0:27) and senior Grant Schlereth (0:34). The all-time Viking list for the 2M course now has Zac Fitch - 10th overall, 2nd soph; Jon Fitch - 22nd overall, 4th soph; Greg Funk - 23rd overall, 20th senior; Mario Escobedo - 25th senior; David Britt - 12th soph; Nick Millar - 17th soph; Patrick Band - 22nd soph; Jason Fung - 2nd frosh; Jake Minkoff - 8th frosh; Nick Cho - 10th frosh; Ryan Rudnansky - 14th frosh; David Dranow - 19th frosh; Ryan Tansey - 21st frosh and Kevin Smith 23rd frosh.

Cowchip Invitational

The varsity girls get their best team finish by taking 2nd after placing 3rd here the first 2 years this meet was held. Sara Bei cuts 60 seconds from her own course record. April Malvino scores a big PR for the 2nd year in a row, improving by 54 seconds this time. Amy Bei does the same, cutting 42 seconds off her 1997 mark.

Zac Fitch misses Greg Funk's short course record and the win by a mere second. Jon Fitch finished right behind Zac and Jason Fung gives MHS 3 finishers in the top 7 of the boys F/S race. Jon improves by 56 seconds over his 1997 time, Zac cuts 36 seconds from his best and John McRae 35 seconds better than last year.

Greg Funk ties his brother, Kevin (1996) for 2nd-best Viking time on this course, just 2 seconds off of Jason DeSelle's leading mark from 1996. Mario Escobedo PRs by 15 seconds but the PR king is, once again, Justin Morgan, who runs 6 minutes and 8 seconds faster here than he did last year.

Stanford Invitational
October 3 at Stanford Golf Course
Course: Varsity 3.1 miles;
Frosh/Soph & JV - 1.86 miles

Varsity Girls	Place	Time	Pace
1	Bei, S.	1	17:26 6:36
2	Bashel	5	19:03 6:07
3	Malvino	52	21:02 6:46
4	Pedersen	102	22:13 7:09
5	Bei, A.	143	23:17 7:29
6	Buser	169	24:18 7:49
7	English	185	26:66 8:40

Varsity Girls: 29 teams, 202 finishers

- La Cañada 62, 2. Foothill 151, 3. Lompoc 159,
- Ashland 186, 5. Granada 194, 6. Palo Alto 194,
- University City 212, 8. St. Francis 215,
- St. Ignatius 252, 10. Louisville 271,
- Nordhoff 284, 12. MONTGOMERY 285,
- San Luis Obispo 291, 14. Carondelet 298,
- Del Oro 415, 16. Reno 415, 17. Los Gatos 501,
- Burlingame 514, 19. Sequel 520,
- Enterprise 537, 21. Prospect 547,
- Redwood 586, 23. Sonora 587, 24. Oakmont 622,
- Harbor 624, 26. Sierra 638, 27. Irvington 644,
- Mountain View 673, 29. Los Altos 690

Varsity Boys	Place	Time	Pace
1	Fitch, J.	51	17:21 5:35
2	Fitch, Z.	67	17:35 5:39
3	Funk	77	17:40 5:41
4	Fung	94	17:56 5:46
5	Escobedo	112	18:13 5:51
6	Britt	124	18:21 5:54
7	Koch	153	18:55 6:05

Junior Varsity Boys

1	Millar	40	11:00 5:54
2	McRae		
3	Minkoff		
4	Ferrel		
5	Schlereth		
6	Cho		
7	Morgan		

Varsity Boys: 33 teams, 229 finishers

- Don Bosco Tech 110, 2. Redwood 112, 3. St. Francis 125,
- Nordoff 169, 5. Ashland 198, 6. Los Gatos 224,
- Reno 324, 8. San Luis Obispo 325, 9. Sierra 326,
- Los Altos 336, 11. Granada 341, 12. Lompoc 348,
- Enterprise 352, 14. La Cañada 354,
- University City 363, 16. MONTGOMERY 380,
- Sonora 393, 18. Del Mar 426, 19. St. Ignatius 448,
- Maria Carrillo 452, 21. Foothill 486, 22. Burlingame 523,
- Del Oro 651, 24. Las Lomas 656, 25. Palo Alto 672,
- Foothill 720, 27. Irvington 769, 28. Liberty 791,
- Petaluma 800, 30. Mountain View 863,
- Cupertino 829, 32. Oakmont 969, 33. Washington 984

JV Boys: results failure

Pre-Season 3-Miler

Viking boys sweep the top 5 spots and senior Greg Funk gets his first varsity cross country win and a PR by 1 second. Jon Fitch cut 1:38 from his 1997 best and brother Zac runs 50 seconds faster than he did last year. Freshman Jason Fung's first run on the course is only 7 seconds behind the MHS freshman record set by Jason DeSelle in 1994. Justin Morgan again demonstrates how far he's come in one year by taking 7:04 from his 1997 time. Ian Ferrel is 1:32 faster than last season and John McRae gets a PR by 3 seconds.

The girls' team survives a battle with Piner with Amy Bei and Megan Buser filling in for an absent Joy Terribilini. Sarah Bashel moves to #3 on the MHS all-time list with a PR by 42 seconds.

Stanford Invitational

Sara Bei runs the fastest girls time of the day, beating Division III defending champ Paris Edwards of Ashland, Oregon by 28 seconds. The next-fastest winning time of the day was 48

Clovis Invitational
October 10 at Woodward Park, Fresno
Course: 3.1 miles, rolling

Girls	Place	Time	Pace
1	Bei, S.	1 V	17:23 6:35
2	Bashel	2 V	18:54 6:04
3	Malvino	43 V	20:49 6:42
4	Pedersen	8 F/S	21:30 6:55
5	Terribilini	9 F/S	21:30 6:55
6	Buser	61 F/S	23:44 7:38
7	English	92 F/S	25:59 8:21

Varsity Girls: 143 finishers

Frosh/Soph Girls: 124 finishers

Boys	Place	Time	Pace
1	Funk	48 V	16:59 5:27
2	Fitch, Z.	3 F/S	17:06 5:30
3	Fitch, J.	4 F/S	17:09 5:31
4	Escobedo	60 V	17:40 5:41
5	Millar	17 F/S	18:06 5:49
6	Britt	22 F/S	18:17 5:53
7	Fung	29 F/S	18:27 5:56
8	McRae	23 F/S	19:31 6:16
9	Metzler	85 JV	20:55 6:43
10	Cho	135 F/S	21:48 7:00
11	Morgan	109 JV	21:56 7:03
12	Oser	121 JV	22:44 7:19
13	Millis	125 JV	23:09 7:27
14	Tansey	128 JV	23:34 7:35
15	Dranow	136 JV	25:17 8:08

Varsity Boys: 164 finishers

JV Boys: 18 teams, 144 finishers

- El Toro 49, 2. Clovis 60, 3. Ukiah 124, 4. Villa Park 124,
 - Amador Valley 147, 6. Laguna Hills 176, 7. Moreau 208,
 - Buchanan 225, 9. Colfax 226, 10. Piedmont 237,
 - Pacific 255, 12. Los Altos 284, 13. Tranquility 275,
 - Mendota 299, 15. Acalanes 393, 16. Stockdale 401,
 - Merced 436, 18. MONTGOMERY 449
- Frosh/Soph Boys: 20 teams, 179 finishers**
- Clovis 57, 2. MONTGOMERY 62, 3. El Toro 307,
 - Hart 135, 5. Oak Park 172, 6. North Bakersfield 174,
 - Mater Dei 186, 8. Thousand Oaks 218, 9. Golden Valley 221,
 - Villa Park 252, 11. Tustin 285, 12. Maranatha 302,
 - Mills 306, 14. Central 316, 15. Brea Olinda 405,
 - Boyer 485, 17. S.J. Memorial 485, 18. Acalanes 495,
 - Tranquility 545, 20. Moreau 551

(Stanford, continued)

seconds slower than Bei. Sarah Bashel has another great race, edging out the number 1 runner on the state's top-ranked team to take 5th. April Malvino runs a 5000m PR of 21:02.

Sophomore Jon Fitch leads the Vikings for the first time, taking 51st of 229 runners in the varsity boys race. Nick Millar leads the JV boys with his 40th place finish.

Clovis Invitational

After spending a restless night in the Clovis High School wrestling room, hosted by former Viking runner Michelle May, now a Clovis coach, team members rack up many impressive performances on the 5000m state meet course in Fresno.

In the varsity girls race, Sara Bei runs 17:23 to break the meet record of 17:28 set by Rebecca Chamberlain of Leigh (San Jose) in 1984. Chamberlain went on to place 2nd in the nation that year. In the 11-year history of the state meet at Woodward Park, only 3 girls have run faster than Bei: Santa Rosa's Julia Stamps (a best of 16:43 in '96), Fallbrook's Milena Glusac (17:13 in '91) and Kristen Gordon of Carondelet (17:17 in '96). Stamps and Gordon each won a national championship and Glusac finished 2nd in the nation in '92.

Sarah Bashel waged a war for 2nd place and won that position with a gritty finishing kick, cutting 1:02 from her '97 course PR. April Malvino broke her week-old 5000m PR and cut 1:18 from her state meet appearance last fall. The frosh/soph girls produced 2 Viking medalists,

NBL Tri-Meet vs. Maria Carrillo and Piner
October 14 at Foothill Park
Course: 2.6 miles, hilly

Girls	Place	Time	Pace
1	Bei, S.	1	16:22 6:03
2	Bashel	2	17:12 6:22
3	Malvino	6	18:45 6:56
4	Pedersen	7	19:14 7:07
5	Terribilini	8	19:15 7:07
6	Bei, A.	13	20:42 7:40
7	Buser	16	22:06 8:11
8	English	19	23:22 8:39

Varsity Girls: 20 finishers

MONTGOMERY 24, Piner 40, Maria Carrillo 69

Boys	Place	Time	Pace
1	Funk	3 V	14:58 5:32
2	Fitch, Z.	4 V	15:18 5:40
3	Fitch, J.	5 V	15:19 5:40
4	Escobedo	6 V	15:36 5:46
5	Britt	7 V	16:23 6:04
6	Millar	8 V	16:23 6:04
7	McRae	12 V	17:26 6:27
8	Minkoff	1 JV	18:14 6:45
9	Schlereth	2 JV	18:38 6:54
10	Cho	3 JV	19:20 7:09
11	Morgan	4 JV	19:28 7:12
12	Rudnansky	5 JV	19:32 7:14
13	Ferrel	6 JV	19:41 7:17
14	Smith	7 JV	20:09 7:27
15	Tansey	8 JV	20:31 7:35
16	Millis	9 JV	20:36 7:37
17	Dranow	10 JV	20:52 7:43
18	Rubinger	11 JV	21:01 7:47

Varsity Boys: 19 finishers

MONTGOMERY 25, Maria Carrillo 33, Piner - inc.

JV Boys: 11 finishers

MONTGOMERY 15, Piner - inc., M. Carrillo - inc.

(Clovis, continued)

Elisa Pedersen and Joy Terribilini moving up steadily through the pack to capture 8th and 9th, respectively.

Greg Funk improved on his sophomore state meet time by 18 seconds to break the 17-minute barrier. The host school edged our frosh/soph boys by 5 points with Zac Fitch taking 3rd and Jon just a step behind. Both improved on their 1997 Footlocker times by more than a minute. Nick Millar had a great race for 17th in the F/S and David Britt also ran a quick time to place 22nd. Sophomore Ryan Metzler led the JV boys team in 85th. Justin Morgan cut nearly 8 minutes from his 1997 time on the course.

NBL Tri-Meet vs. Maria Carrillo and Piner

The girls earn a comfortable win over a Piner team that had challenged them in 2 previous meetings.

After a pair of Maria Carrillo runners take the top 2 places, Vikings send the next 6 runners across the line to open the NBL season with a pair of wins.

NBL Dual Meet vs. Ukiah
October 21 at Spring Lake
Course: 3.0 miles, rolling

Girls	Place	Time	Pace
1	Bei, S.	1 V	17:29 5:49
2	Bashel	2 V	18:54 6:18
3	Malvino	5 V	20:29 6:49
4	Terribilini	6 V	21:06 7:02
5	Pedersen	7 V	21:19 7:06
6	Bei, A.	12 V	22:20 7:26
7	Buser	14 V	24:13 8:04
8	English	17 V	25:32 8:30

Varsity Girls: 18 finishers
MONTGOMERY 21, Ukiah 34

Boys	Place	Time	Pace
1	Fitch, Z.	3 V	16:47 5:35
2	Fitch, J.	4 V	16:54 5:38
3	Funk	5 V	16:57 5:39
4	Escobedo	6 V	17:02 5:40
5	Millar	9 V	17:22 5:47
6	Fung	12 V	17:44 5:54
7	Britt	13 V	17:47 5:55
8	McRae	1 JV	19:28 6:29
9	Schlereth	5 JV	19:49 6:36
10	Minkoff	6 JV	20:37 6:52
11	Cho	7 JV	20:47 6:55
12	Rudnansky	9 JV	21:40 7:13
13	Tansy	10 JV	22:31 7:30
14	Smith	11 JV	22:44 7:34
15	Metzler	12 JV	22:48 7:36
16	Mills	13 JV	22:51 7:37
17	Morgan	14 JV	23:03 7:41
18	Dranow	15 JV	23:06 7:42
19	Rubinger	16 JV	23:08 7:42

Varsity Boys: 17 finishers
MONTGOMERY 27, Ukiah 28
Junior Varsity Boys: 16 finishers
MONTGOMERY 15, Ukiah - inc.

NBL Dual Meet vs. Ukiah

The varsity boys race was a showdown between the NBL's 2 unbeaten teams. Ukiah had won the league team title the past 2 years, MHS taking 2nd place each time.

The race looked grim for the Vikings when the top 2 Ukiah runners pulled away to a comfortable 1-2 finish. The next 4 runners were all wearing red and gray to get Montgomery back into the race with a tight pack of Zac Fitch, Jon Fitch, Greg Funk and Mario Escobedo separated by only 15 seconds. Ukiah's 3rd runner followed then a group of 3 Ukiah runners along with MHS soph Nick Millar headed down the final hill in a battle to determine the team winner. Millar, who was back in 14th at the 2-mile mark, kicked by 2 of the 3 Wildcats to nail down 9th place in the race and wrap up the big 1-point victory for the Vikes. It was a PR of 1:01 for Millar and an 11-second improvement for Escobedo. Soph David Britt broke 18 minutes for the first time, beating his old mark by 36 seconds.

The Viking JVs were given the team victory when Ukiah failed to field a full squad. John McRae held on for his first cross country victory. Personal records were achieved by senior Grant Schlereth, cutting 36 seconds from his best, and frosh Kevin Smith, an improvement of 31 seconds.

The girls team looked like they were having trouble with Ukiah early in the race but then Viking freshmen Joy Terribilini and Elisa Pedersen got it in gear and left the Wildcat's 3-4-5 runners behind, giving MHS a comfortable team win. Pedersen was the only girl to record a PR, cutting 32 seconds from her previous best.

Mt. San Antonio College invitational
October 24 at Mt. San Antonio College
Course: 3.0 miles, hilly

Girls	Place	Time	Pace
1	Bei, S.	1	17:05 5:41
2	Bashel	12	18:57 6:19
3	Malvino	51	20:45 6:55
4	Pedersen	75	21:47 7:15
5	Bei, A.	88	22:40 7:33
6	Buser	97	23:17 7:45

Varsity Girls: 111 finishers

- Sultane 101, 2. Ceryon 122, 3. Clayton Valley 146,
- Royal 154, 5. Helix 161, 6. Carondelet 162,
- MONTGOMERY 188, 8. Beyer 190, 9. Beyer 190,
- Lowell 203, 11. Quartz Hill 204, 12. Rialto 222,
- St. Joseph 265, 14. San Pedro 282, 15. N Hollywood 313

Boys	Place	Time	Pace
1	Fitch, Z.	1 So	17:03 5:41
2	Fitch, J.	2 So	17:09 5:43
3	Escobedo	34 V	17:47 5:55
4	Britt	6 So	18:02 6:00
5	Millar	8 So	18:12 6:04
6	Fung	8 Fr	18:46 6:16
7	McRae	32 So	19:47 6:35

Sophomore Boys: 79 finishers

- MONTGOMERY 42, 2. Jesuit 58, 3. Centennial 65,
- Santa Margarita 102, 5. Redlands East Valley 110,
- Sonora 139, 7. Brea-Olinda 148, 8. Valencia 240,
- South Torrance 264, 10. California 266

Varsity Boys: 125 finishers

Freshman Boys: 122 finishers

Mt. SAC Invitational

This was Montgomery's first trip to one of the nation's most competitive cross country meets. The girls' team was entered in the individual sweepstakes race that included top individual runners from California and other western states.

Sara Bei lived up to her billing as the favorite in this race, but she did it in her classic come-from-behind style. Running comfortable in 8th at the mile mark, Bei sped up the first hill on the course to take over the lead. The lead pack was whittled down to 3, as Bei led fellow '97 Footlocker National finalists Sara Gorton of Phoenix and Lauren Fleishman of Canyon Country through the 2nd mile of the course. Bei accelerated on the final, long uphill to put a gap on the others and cruised in to a 14-second margin of victory over Fleishman. Bei's time of 17:05 makes her the 3rd-fastest girl ever to run the Mt. SAC course. The other 2 are both national champions: Julia Stamps of Santa Rosa (16:55) and Kristen Gordon of Carondelet (16:58).

Fellow sophomore Viking Sarah Bashel also weaved her way through the pack, breaking into the top 20 halfway through the race and pulling all the way up to 12th at the finish. April Malvino turned in another fine effort in taking 51st and then Elisa Pedersen and Amy Bei finished our team scoring to give MHS 7th place.

The sophomore boys were dominant in their race, mirroring the race strategy of the girls by pacing themselves to great performances. Twins Zac and Jon Fitch assumed the top 2 spots halfway through the race and continued to pull away to a large margin (38 seconds) over the 3rd place finisher. David Britt ran his best race of the year to capture 6th and then Nick Millar was just 10 seconds further back to give the Vikings 4 of the top 8 finishers. John McRae ran tough for 32nd place, easily good enough to seal the team win, 16 points over Jesuit, a team that beat the Vikings at the Cowchip Invite a month earlier.

Jason Fung was an award winner for MHS in the freshman boys race with an 8th-place finish and Mario Escobedo ran a strong race to take 34th in the varsity boys event.

NBL Tri-Meet vs. Elsie Allen and Rancho Cotate
October 28 at Spring Lake
Course: 3.0 miles, rolling

Girls	Place	Time	Pace
1	Bei, S.	1 V	17:18 5:46
2	Bashel	2 V	17:52 5:57
3	Terribilini	3 V	20:03 6:41
4	Pedersen	4 V	20:11 6:43
5	Malvino	5 V	20:11 6:43
6	Bei, A.	9 V	21:50 7:16
7	Buser	10 V	22:44 7:34
8	English	11 V	23:54 7:58

Varsity Girls: 19 finishers

MONTGOMERY 15, Rancho Cotate 46,
Elsie Allen - incomplete

Boys	Place	Time	Pace
1	Funk	2 V	16:17 5:25
2	Fitch, Z.	3 V	16:22 5:27
3	Fitch, J.	4 V	16:35 5:31
4	Escobedo	5 V	16:51 5:37
5	Millar	6 V	17:16 5:45
6	Fung	7 V	17:25 5:48
7	Britt	9 V	17:44 5:54
8	McRae	1 JV	18:17 6:05
9	Cho	2 JV	19:25 6:28
10	Minkoff	3 JV	19:32 6:30
11	Schlereth	4 JV	19:35 6:31
12	Rudnansky	9 JV	19:54 6:38
13	Morgan	10 JV	20:13 6:44
14	Mills	11 JV	20:26 6:48
15	Tansy	13 JV	20:53 6:57
16	Oser	15 JV	21:09 7:03
17	Smith	16 JV	21:35 7:11
18	Dranow	19 JV	22:36 7:32

Varsity Boys: 22 finishers

MONTGOMERY 20, Elsie Allen 53,
Rancho Cotate 64

Junior Varsity Boys: 22 finishers
MONTGOMERY 19, Rancho Cotate 40,
Elsie Allen 75

NBL Tri-Meet vs. Rancho Cotate and Elsie Allen

A slew of PRs for the Viking runners on a perfect cross country day at Spring Lake. A total of 22 of our 26 competing runners earned personal records on the 3M course.

The varsity boys continued their undefeated NBL season by racking up an easy victory. After Celedonio Rodriguez of Elsie Allen (an eventual state champ) won the individual honors, MHS had the next 6 finishers in a span of 1:08. Greg Funk led the way with his PR of 12 seconds, a time that ties him for 11th on Montgomery all-time list. Fellow senior Mario Escobedo also made the list in 25th, PR-ing by 11 seconds. All 7 varsity boys recorded PRs, Zac Fitch lowering his mark by 10 seconds, Nick Millar by 7 sec., David Britt by 3 seconds and Jon Fitch and Jason Fung each slipping across the finish line 1 second better than their previous best.

The girls remained undefeated in NBL action as well, sweeping the top 5 places. Sarah Bashel cuts another 48 seconds from her best and moves to #4 on the list of every girl who's ever run the Spring Lake course. The 3 girls ahead of her are state champs Sara Bei (MHS) and Trina Cox and Julia Stamps (both Santa Rosa).

Elisa Pedersen leads the girls' PR list again, improving by 1:08 this time. Cassie English cuts 1:05 from her best, running sub-8-minute pace for the first time. Joy Terribilini is 1:03 faster than she ran 1 week earlier. Megan Buser cuts 12 seconds from her best and April Malvino knocks off 4 seconds from her '97 time.

The JV boys team scores a big win with John McRae getting his 2nd victory in a row with a big PR of 42 seconds. The PR leader for the JV is Kevin Smith, who cuts 1:09 from his best.

**NBL Tri-Meet vs. Cardinal Newman,
Ursuline and Santa Rosa**
November 4 at Spring Lake
Course: 3.0 miles, rolling

Girls	Place	Time	Pace
1	Bei, S.	1 V	16:43 5:34
2	Bashel	3 V	17:40 5:53
3	Pedersen	8 V	19:53 6:37
4	Terribilini	9 V	20:05 6:41
5	Malvino	10 V	20:10 6:43
6	Bei, A.	13 V	21:12 7:04
7	Buser	21 V	23:06 7:42
8	English	5 JV	23:36 7:52

Varsity Girls: 21 finishers
Santa Rosa 24, MONTGOMERY 31, Ursuline 65
JV Girls: 13 finishers

Boys	Place	Time	Pace
1	Fitch, Z.	2 V	16:18 5:26
2	Fitch, J.	3 V	16:27 5:29
3	Escobedo	4 V	17:00 6:40
4	Funk	5 V	17:08 6:42
5	Millar	6 V	17:10 6:43
6	Fung	8 V	17:36 6:52
7	McRae	1 JV	17:44 6:54
8	Britt	9 V	17:48 6:56
9	Minkoff	2 JV	19:09 6:23
10	Schlereth	3 JV	19:10 6:23
11	Cho	4 JV	19:54 6:38
12	Rudnansky	6 JV	20:15 6:46
13	Ferrel	7 JV	20:32 6:50
14	Tansey	8 JV	20:54 6:58
15	Morgan	10 JV	21:02 7:00
16	Metzler	11 JV	21:07 7:02
17	Mills	13 JV	21:13 7:04
18	Smith	14 JV	21:46 7:15
19	Osar	15 JV	21:54 7:18
20	Dranow	17 JV	22:26 7:28
21	Rubinger	18 JV	22:29 7:29

Varsity Boys: 22 finishers
MONTGOMERY 20, Cardinal Newman 56,
Santa Rosa 60
Junior Varsity Boys: 25 finishers
MONTGOMERY 16, Cardinal Newman 54
Santa Rosa 68

(NBL Tri-Meet vs. RC and EA, continued)

Two other JV boys cut more than a minute from their PRs: Brian Mills improving by 1:06 and Ryan Rudnansky by 1:01. Nick Cho is 50 seconds faster, Justin Morgan cuts 41, Ryan Tansey PRs by 38 seconds, David Dranow by 30 and Grant Schlereth by 14.

**NBL Tri-Meet vs. Cardinal Newman,
Ursuline and Santa Rosa**

The varsity boys team completes an undefeated NBL regular season by romping over Newman and Santa Rosa. It's a familiar scene as MHS takes 7 of the top 9 spots led by Zac Fitch's PR that puts him at #13 on the Viking all-time list at Spring Lake. He's followed by brother Jon again, who cuts 8 seconds from his PR and is #18 all-time. Nick Millar improves again, this time by 6 seconds.

A battle of unbeaten in the girls race but Santa Rosa has too much depth for the Vikings. Sara Bei becomes the 2nd girl to break the 17-minute barrier at Spring Lake and Sarah Bashel lowers her PR again to end up cutting a total of 1:40 from her 1997 best. Cassie English gets her 2nd PR in a row by 18 seconds and Elisa Pedersen also improves by 18 and becomes just the 6th Viking girl to ever break 20 minutes on the course. April Malvino notches another PR by 1 second.

The JV boys, led by John McRae's 3rd-straight win, a PR by 33 seconds, end the regular season undefeated. McRae makes the varsity squad for finals. Next came Jake Minkoff in a 19-second PR, and Grant Schlereth, improving by another 25 seconds. Freshman Adam Rubinger led the way

North Bay League Championships
November 13 at Spring Lake
Course: 3.0 miles, rolling

Girls	Place	Time	Pace
1	Bei, S.	1 V	16:45 5:35
2	Bashel	3 V	17:52 5:57
3	Malvino	12 V	19:46 6:35
4	Terribilini	14 V	19:55 6:38
5	Pedersen	18 V	20:07 6:42
6	Bei, A.	31 V	21:25 7:08
7	Buser	43 V	24:18 8:06
8	English	10 JV	24:38 8:12

Varsity Girls: 48 finishers
1. Santa Rosa 35, 2. MONTGOMERY 48, 3. Piner 83,
4. Ukiah 68, 5. Rancho Colata 139,
6. Maria Carrilo 148, 7. Ursuline 172, 8. Elsie Allen - Inc.
Junior Varsity Girls: 24 finishers

Boys	Place	Time	Pace
1	Fitch, Z.	8 V	16:21 5:27
2	Fitch, J.	9 V	16:30 5:30
3	Funk	10 V	16:34 5:31
4	Escobedo	14 V	17:01 5:40
5	Millar	19 V	17:14 5:44
6	Fung	21 V	17:19 5:46
7	Britt	1 JV	17:27 5:49
8	McRae	31 V	18:04 6:01
9	Band	4 JV	18:23 6:07
10	Minkoff	11 JV	19:06 6:22
11	Schlereth	13 JV	19:16 6:25
12	Cho	17 JV	19:40 6:33
13	Ferrel	26 JV	20:59 6:59
14	Metzler	27 JV	21:00 7:00
15	Mills	28 JV	21:04 7:01
16	Osar	29 JV	21:08 7:02
17	Tansey	32 JV	21:11 7:03
18	Morgan	35 JV	21:44 7:14
19	Smith	37 JV	21:46 7:15
20	Rudnansky	38 JV	21:47 7:15
21	Dranow	40 JV	22:13 7:24

Varsity Boys: 52 finishers
1. Ukiah 37, 2. Maria Carrilo 58, 3. MONTGOMERY 60,
4. Elsie Allen 105, 5. Santa Rosa 128,
6. Cardinal Newman 137, 7. Rancho Colata 197, 8. Piner 198
Junior Varsity Boys: 47 finishers
1. Ukiah 23, 2. MONTGOMERY 41, 3. Rancho Colata 60,
4. Cardinal Newman 109, 5. Elsie Allen 111
6-7-8. Piner, Santa Rosa and Maria Carrilo - Incomplete

(NBL Tri-Meet vs. CN/Us and SR, continued)

in the personal record category, cutting 39 seconds from his previous time. Other JV PRs were turned in by David Dranow, a 10-second improvement, and Ian Ferrel, who cut 3 seconds off.

North Bay League Championship Meet

The Viking boys lose their share of the NBL pennant when Ukiah wins and Maria Carrilo sneaks past for 2nd. Only Jason Fung manages to get a PR for the varsity team, improving by 6 seconds to tie the all-time MHS frosh mark set by Jason DeSelle in 1994.

Sara Bei earns her 2nd NBL individual crown as the girls team places 2nd in league for the 4th time in 5 years. April Malvino has her best race, a PR by 24 seconds, to move up to #6 on MHS's all-time girls list. Joy Terribilini becomes the 8th Viking girl to ever break 20 minutes.

David Britt bounces right back onto varsity by easily winning the JV race, tying for the 12-fastest JV time in NBL history. Patrick Band returns to the team and runs a 56-second PR. Nick Osar cuts 21 sec. from his PR, David Dranow improves by another 13 seconds and Jake Minkoff takes 3 more seconds off his best.

North Coast Section Championship Meet

The biggest win in MHS girls cross country history, an upset of highly-ranked Granada and Carondelet. Sara Bei runs away with her 2nd-straight NCS title, again the fastest girl in any of

North Coast Section Championships
November 21 at Nawhall Park, Concord
Course: 3.0 miles, one major hill

Girls	Place	Time	Pace
1	Bei, S.	1	17:06 6:42
2	Bashel	6	18:55 6:18
3	Terribilini	12	20:17 6:45
4	Malvino	16	20:30 6:50
5	Pedersen	19	20:37 6:52
6	Bei, A.	42	21:40 7:13
7	Buser	72	23:23 7:47

Division III Varsity Girls:
17 teams, 107 finishers
1. MONTGOMERY 54, 2. Granada 64, 3. Carondelet 103,
4. Foothill 122, 5. Acalanes 160, 6. Irvington 150,
7. Moreau Catholic 190, 8. Maria Carrilo 243,
9. Liberty 245, 10. Washington 277, 11. Redwood 285,
12. Ygnacio Valley 289, 13. Rancho Colata 326,
14. Petaluma 383, 15. Northgate 401, 16. El Cerrito 424,
17. Las Lomas 450

Boys	Place	Time	Pace
1	Funk	14	16:32 5:30
2	Fitch, Z.	17	16:39 5:33
3	Escobedo	23	17:17 5:45
4	Fitch, J.	25	17:26 5:48
5	Millar	29	17:39 5:53
6	Britt	34	17:48 5:56
7	Fung	45	18:02 6:00

Division III Varsity Boys:
19 teams, 130 finishers
1. Redwood 59, 2. Granada 58, 3. MONTGOMERY 106,
4. Maria Carrilo 138, 5. Ygnacio Valley 170,
6. Elsie Allen 185, 7. Moreau Catholic 248, 8. Foothill 268,
9. Liberty 282, 10. Northgate 283, 11. Acalanes 294,
12. Casa Grande 315, 13. Irvington 328, 14. Petaluma 343,
15. El Cerrito 373, 16. Las Lomas 385,
17. Rancho Colata 407, 18. San Lorenzo 431,
19. Washington 477

State Championship Meet
November 28 at Woodward Park, Fresno
Course: 3.1 miles, rolling hills

Girls	Place	Time	Pace
1	Bei, S.	1	17:22 5:47
2	Bashel	8	18:46 6:15
3	Terribilini	79	20:51 6:57
4	Malvino	85	21:11 7:03
5	Pedersen	96	21:35 7:11
6	Bei, A.	105	21:59 7:19
7	Buser	116	23:26 7:48

Division III Varsity Girls:
14 teams, 121 finishers
1. La Canada 78, 2. Foothill 93, 3. Granada 126,
4. University City 135, 5. El Modena 140, 6. Lompoc 142,
7. Palo Alto 163, 8. La Jolla 168, 9. MONTGOMERY 200,
10. St. Francis MV 218, 11. South Hills 228,
12. St. Francis Sec 302, 13. Del Oro 324, 14. Tehachapi 407

(NCS Championship, continued)

the 5 divisions. Joy Terribilini, April Malvino and Elisa Pedersen turn in outstanding performances against the 3-4-5 runners from Granada to give MHS its first MOC girls XC title.

The boys place 3rd for the 2nd year in a row, led by Greg Funk again, who ran a big PR from his soph time here in '96.

State Championship Meet

Sara Bei proves herself to be the fastest HS girl runner in California with another huge win, her 2nd state title. She misses the D-3 meet record by just 5 seconds. Sarah Bashel makes her first trip to the awards stand, improving from 48th to 8th in one season. April Malvino cuts 55 sec. from her '97 time and Amy Bei PRs by 36 seconds.