



Montgomery Viking Athletics

1988

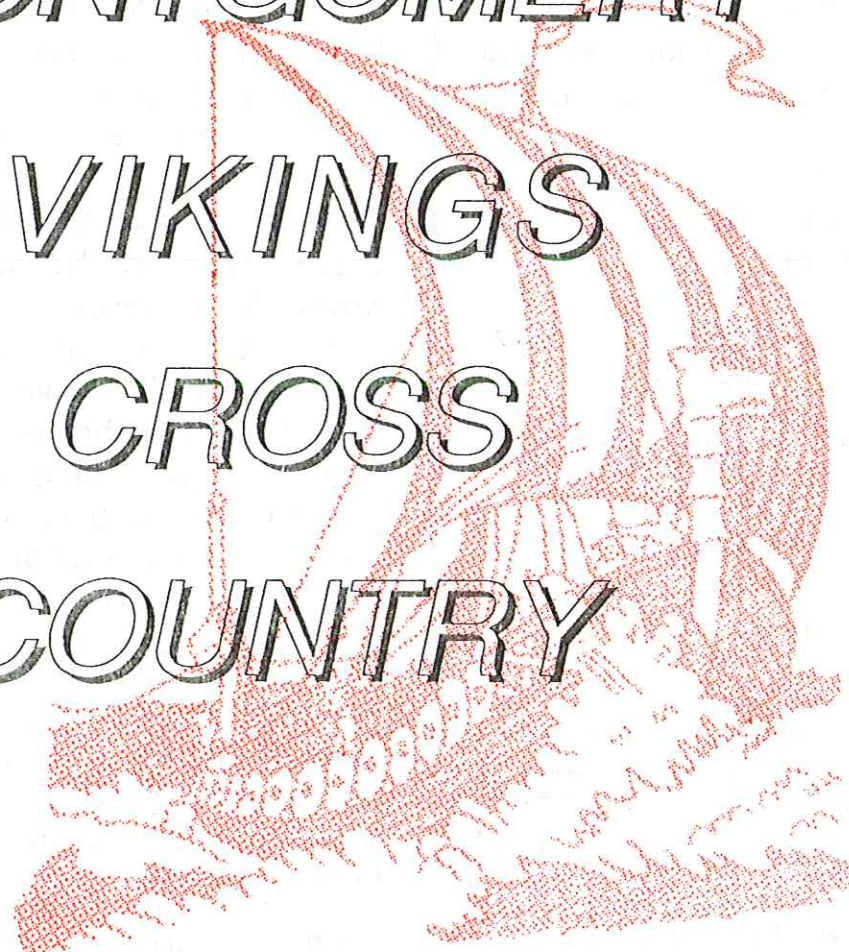
**MONTGOMERY HIGH SCHOOL
1250 HAHMAN DRIVE
SANTA ROSA, CALIFORNIA
95405 Tel. 528-5387**

MONTGOMERY

VIKINGS

CROSS

COUNTRY



COACHED BY: LARRY MEREDITH

MONTGOMERY VIKINGS

1988 CROSS COUNTRY

VARSITY GIRLS

Michelle Mayes, Senior, 3rd Year
Cherie Montague, Senior, 1st Year
Tanya Mayo, Junior, 2nd Year
Erin Preston, Junior, 2nd Year
Odile Zelenak, Sophomore, 1st Year
Jenny Scott, Sophomore, 1st Year
Kristen Blackwell, Sophomore, 1st Year

JUNIOR VARSITY GIRLS

Christine Hagenlocher, Junior, 1st Year
Charlene Gehrt, Sophomore, 1st Year

1988 DUAL MEETS

Santa Rosa 21, Montgomery 36
Ursuline 22, Montgomery 37
Piner 22, Montgomery 33
Montgomery 21, Ukiah 39
Rancho Cotate 20, Montgomery 39

INVITATIONALS, POST-SEASON

VIKING OPENER: 5th Junior/Senior
 2nd Frosh/Soph
SAN RAMON: 5th
FLOYD COONEY: 4th
MARINER: 5th
NORTH BAY LEAGUE: 5th

BOYS INVITATIONALS, POST-SEASON

VIKING OPENER: 4th Seniors, 1st Juniors,
 1st Frosh/Soph
ED SIAS: 7th Vars, 11th JV, 2nd F/S
SAN RAMON: 5th Vars, 2nd JV, 1st F/S
FLOYD COONEY: 2nd Vars, 1st F/S
MARINER: 7th Vars, 7th JV, 2nd F/S
NORTH BAY LEAGUE: 2nd Varsity
 1st Junior Varsity
NORTH COAST SECTION 3A:

VARSITY BOYS

Keith Lewis, Senior, 3rd Year
Jon Lew, Senior, 1st Year*
Rocky Contos, Senior, 1st Year**
Eric Downing, Senior, 1st Year
Star Stevenson, Junior, 1st Year**
Pete Keith, Junior, 1st Year**
Dave Intner, Junior, 1st Year**
Kevin Boone, Junior, 1st Year
Jeff Godfrey, Sophomore, 1st Year
Rory O'Neill, Sophomore, 1st Year
*3rd year team member
**2nd year team member

JUNIOR VARSITY BOYS

Steve Kemmerer, Junior, 2nd Year
Kevan Jurin, Junior, 2nd Year
Scott Fitzwater, Junior, 1st Year
Marshall Motley, Junior, 1st Year
Ryan Lynn, Sophomore, 1st Year
Steve Fromm, Sophomore, 1st Year
Clayton Hunt, Sophomore, 1st Year
Aaron Parsons, Sophomore, 1st Year
Jason Waldow, Sophomore, 1st Year

1988 VARSITY DUAL MEETS

Santa Rosa 17, Montgomery 38
Montgomery 15, Cardinal Newman inc.
Montgomery 23, Piner 34
Montgomery 15, Ukiah 50
Montgomery 24, Rancho Cotate 35

1988 JUNIOR VARSITY DUAL MEETS

Montgomery 20, Santa Rosa 44
Montgomery 15, Cardinal Newman 50
Montgomery 21, Piner 37
Montgomery 15, Ukiah 50
Montgomery 25, Rancho Cotate 30

TIME TRIAL

September 14 at Spring Lake
Course: 2.0 miles, rolling

| GIRLS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Michelle | 13:38 | 6:49 | |
| 2 Tanya | 15:14 | 7:37 | |
| 3 Jenny | 15:36 | 7:48 | |
| 4 Erin | 15:46 | 7:53 | |
| 5 Cherlie | 15:46 | 7:53 | |
| 6 Odile | 16:47 | 8:23 | |
| 7 Kriston | 16:50 | 8:25 | |
| 8 Christine | 20:58 | 10:29 | |

| BOYS | Time | Pace |
|-------------|-------|------|
| 1 Keith | 11:00 | 5:30 |
| 2 Star | 11:03 | 5:31 |
| 3 Eric | 11:20 | 5:40 |
| 4 Pete | 11:20 | 5:40 |
| 5 Kevin B. | 11:24 | 5:42 |
| 6 Dave I. | 11:30 | 5:45 |
| 7 Rory | 11:38 | 5:49 |
| 8 Jeff | 11:55 | 5:57 |
| 9 Rocky | 12:11 | 6:05 |
| 10 Jon | 12:14 | 6:07 |
| 11 Clayton | 12:28 | 6:14 |
| 12 Steve K. | 12:36 | 6:18 |
| 13 Ryan | 13:22 | 6:41 |
| 14 Scott | 13:25 | 6:42 |
| 15 Jason | 13:31 | 6:45 |
| 16 Steve F. | 13:37 | 6:48 |
| 17 David D. | 14:43 | 7:21 |
| 18 Mario | 15:03 | 7:31 |
| 19 Aaron | 16:16 | 8:08 |

VIKING OPENER INVITATIONAL

September 17 at Spring Lake
Course: 2.0 miles, rolling

| GIRLS | Place | Time | Pace |
|-------------|---------|-------|-------|
| 1 Michelle | 7 JrSr | 13:26 | 6:43 |
| 2 Tanya | 12 JrSr | 14:25 | 7:12 |
| 3 Kriston | 7 FS | 15:11 | 7:35 |
| 4 Cherlie | 28 JrSr | 15:28 | 7:44 |
| 5 Erin | 32 JrSr | 15:40 | 7:50 |
| 6 Odile | 9 FS | 15:42 | 7:51 |
| 7 Jenny | 18 FS | 17:36 | 8:48 |
| 8 Christine | 43 JrSr | 20:36 | 10:18 |

TEAM SCORES: JUNIOR SENIOR GIRLS

| | |
|---------------------|----------------|
| 1. Anally 16 | 6. Piner 52 |
| 2. Santa Rosa 27 | 7. Potluma 58 |
| 3. Rancho Colate 40 | 8. Ursuline 68 |
| 4. Fort Bragg 47 | 9. Novato 69 |
| 5. Montgomery 47 | 44 finishers |

TEAM SCORES: FROSH SOPH GIRLS

| | |
|------------------|-------------------|
| 1. Fort Bragg 8 | 4. Kelseyville 31 |
| 2. Montgomery 18 | 5. Casa Grande 51 |
| 3. Ursuline 23 | 30 finishers |

| BOYS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Keith | 3 Sr | 10:47 | 5:23 |
| 2 Star | 8 Jr | 11:05 | 5:32 |
| 3 Jeff | 3 FS | 11:26 | 5:43 |
| 4 Pete | 7 Jr | 11:27 | 5:43 |
| 5 Eric | 19 Sr | 11:34 | 5:47 |
| 6 Rory | 5 FS | 11:35 | 5:47 |
| 7 Kevin B. | 8 Jr | 11:43 | 5:51 |
| 8 Rocky | 21 Sr | 11:47 | 5:53 |
| 9 Dave I. | 10 Jr | 11:50 | 5:55 |
| 10 Jon | 25 Sr | 11:56 | 5:58 |
| 11 Clayton | 10 FS | 12:09 | 6:04 |
| 12 Ryan | 17 FS | 12:30 | 6:15 |
| 13 Scott | 24 Jr | 12:40 | 6:20 |
| 14 Steve K. | 27 Jr | 12:58 | 6:29 |
| 15 Aaron | 27 FS | 13:06 | 6:33 |
| 16 Jason | 28 FS | 13:06 | 6:33 |
| 17 David D. | 30 FS | 13:15 | 6:37 |
| 18 Steve F. | 36 FS | 13:24 | 6:42 |
| 19 Mario | 44 Sr | 14:32 | 7:16 |

TEAM SCORES: SENIOR BOYS

| | |
|---------------------|-----------------------|
| 1. Rancho Colate 19 | 5. Willis 42 |
| 2. Santa Rosa 23 | 6. Potluma 48 |
| 3. Piner 34 | 7. Casa Grande 62 |
| 4. Montgomery 34 | 8. Cardinal Newman 87 |
| 45 finishers | |

TEAM SCORES: JUNIOR BOYS

| | |
|------------------|-----------------------|
| 1. Montgomery 15 | 6. Sonoma 49 |
| 2. Santa Rosa 29 | 7. Cardinal Newman 52 |
| 3. Novato 32 | 8. Anally 69 |
| 4. Fort Bragg 44 | 9. Willis 105 |
| 5. Piner 46 | 10. Casa Grande 109 |
| 51 finishers | |

TEAM SCORES: FROSH SOPH BOYS

| | |
|---------------------|-----------------------|
| 1. Montgomery 11 | 6. Casa Grande 56 |
| 2. Fort Bragg 32 | 7. Willis 57 |
| 3. Rancho Colate 33 | 8. Cardinal Newman 69 |
| 4. Anally 43 | 9. Houltsburg 73 |
| 5. Potluma 44 | 10. Sonoma 100 |
| 64 finishers | |

ED SIAS INVITATIONAL

September 24 at Martinez
Course: 2.0 miles, hilly

| GIRLS | Place | Time | Pace |
|------------|-------|-------|------|
| 1 Michelle | 6 V | 13:45 | 6:52 |
| 2 Tanya | 39 V | 15:02 | 7:32 |
| 3 Erin | 74 V | 16:21 | 8:10 |
| 4 Kriston | 7 FS | 16:30 | 8:15 |

| BOYS | Place | Time | Pace |
|-------------|--------|-------|------|
| 1 Keith | 23 V | 11:11 | 5:35 |
| 2 Star | 34 V | 11:26 | 5:43 |
| 3 Pete | 39 V | 11:33 | 5:46 |
| 4 Jeff | 4 FS | 11:45 | 5:52 |
| 5 Dave I. | 56 V | 11:46 | 5:53 |
| 6 Kevin B. | 69 V | 11:55 | 5:57 |
| 7 Rory | 10 FS | 12:06 | 6:03 |
| 8 Jon | 7 JV | 12:09 | 6:04 |
| 9 Eric | 87 V | 12:22 | 6:11 |
| 10 Clayton | 19 FS | 12:25 | 6:12 |
| 11 Rocky | 103 V | 12:48 | 6:24 |
| 12 Ryan | 30 FS | 12:58 | 6:29 |
| 13 Richard | 34 FS | 13:03 | 6:31 |
| 14 Steve F. | 44 FS | 13:30 | 6:45 |
| 15 Jason | 48 FS | 13:32 | 6:46 |
| 16 Scott | 55 JV | 13:33 | 6:46 |
| 17 Kevin J. | 79 JV | 14:03 | 7:01 |
| 18 Mario | 106 JV | 15:27 | 7:43 |
| 19 Marshall | 108 JV | 15:43 | 7:51 |

TEAM SCORES: VARSITY BOYS

| | |
|-----------------------|------------------------|
| 1. Santa Rosa 69 | 10. College Park 251 |
| 2. De La Salle 86 | 11. Monte Vista 256 |
| 3. Antioch 95 | 12. St. Mary's 263 |
| 4. San Ramon 99 | 13. Las Lomas 304 |
| 5. Alhambra 172 | 14. Acalanes 313 |
| 6. Northgate 211 | 15. Ygnacio Valley 344 |
| 7. Montgomery 216 | 16. University 391 |
| 8. Clayton Valley 231 | 17. Campolindo 405 |
| 9. Piner 247 | 18. Mt Diablo 460 |
| 127 finishers | |

TEAM SCORES: JUNIOR VARSITY BOYS

| | |
|-----------------------|--------------------|
| 1. San Ramon 37 | 8. Antioch 203 |
| 2. De La Salle 113 | 9. Piner 210 |
| 3. Pinole Valley 113 | 10. Northgate 257 |
| 4. College Park 128 | 11. Montgomery 269 |
| 5. Monte Vista 135 | 12. Acalanes 282 |
| 6. Clayton Valley 165 | 13. University 347 |
| 7. Ygnacio Valley 192 | 143 finishers |

TEAM SCORES: FROSH SOPH BOYS

| | |
|----------------------|-----------------------|
| 1. De La Salle 42 | 7. Clayton Valley 153 |
| 2. Montgomery 78 | 8. Ygnacio Valley 170 |
| 3. Northgate 88 | 9. Las Lomas 215 |
| 4. Pittsburg 131 | 10. San Ramon 262 |
| 5. St. Mary's 133 | 11. Liberty 277 |
| 6. Pinole Valley 153 | 84 finishers |

SAN RAMON INVITATIONAL

October 1 at Danville
Course: 1.91 miles, flat

| GIRLS | Place | Time | Pace |
|------------|-------|-------|------|
| 1 Michelle | 11 V | 13:06 | 6:51 |
| 2 Tanya | 22 V | 14:10 | 7:25 |
| 3 Kriston | 24 V | 14:17 | 7:28 |
| 4 Cherlie | 34 V | 14:47 | 7:44 |
| 5 Erin | 36 V | 15:04 | 7:53 |
| 6 Odile | 37 V | 15:09 | 7:55 |
| 7 Jenny | 6 JV | 15:21 | 8:02 |

TEAM SCORES: VARSITY GIRLS

| | |
|-----------------------|-----------------------|
| 1. San Ramon 48 | 5. Montgomery 127 |
| 2. Santa Rosa 104 | 6. Acalanes 139 |
| 3. Antioch 106 | 7. Clayton Valley 145 |
| 4. Ygnacio Valley 118 | 8. Livermore 155 |
| 47 finishers | |

| BOYS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Keith | 15 V | 10:21 | 5:25 |
| 2 Star | 20 V | 10:38 | 5:34 |
| 3 Pete | 24 V | 10:48 | 5:39 |
| 4 Dave | 27 V | 10:51 | 5:40 |
| 5 Rory | 2 FS | 10:56 | 5:43 |
| 6 Jeff | 3 FS | 11:03 | 5:47 |
| 7 Rocky | 4 JV | 11:08 | 5:49 |
| 8 Kevin B. | 38 V | 11:09 | 5:50 |
| 9 Eric | 6 JV | 11:15 | 5:53 |
| 10 Dean | 10 JV | 11:26 | 5:58 |
| 11 Jon | 9 FS | 11:43 | 6:08 |
| 12 Jan | 55 V | 11:46 | 6:09 |
| 13 Clayton | 10 FS | 11:46 | 6:09 |
| 14 Scott | 25 JV | 11:56 | 6:14 |
| 15 Steve K. | 32 JV | 12:12 | 6:23 |
| 16 Aaron | 47 JV | 12:27 | 6:31 |
| 17 Jason | 24 FS | 12:31 | 6:33 |
| 18 Steve F. | 30 FS | 12:59 | 6:47 |
| 19 Kovan J. | 72 JV | 13:22 | 6:59 |
| 20 Marshall | 86 JV | 15:03 | 7:52 |

TEAM SCORES: VARSITY BOYS

| | |
|-----------------------------|-----------------------|
| 1. Santa Rosa 46 | 6. Clayton Valley 135 |
| 2. San Ramon 94 | 7. Ygnacio Valley 207 |
| 3. Antioch 99 | 8. Piner 219 |
| 4. De La Salle 100 | 9. Acalanes 241 |
| 5. Montgomery 125 finishers | |

TEAM SCORES: JUNIOR VARSITY BOYS

| | |
|-----------------------|-------------------|
| 1. San Ramon 47 | 6. Santa Rosa 171 |
| 2. Montgomery 78 | 7. Antioch 182 |
| 3. Livermore 85 | 8. California 252 |
| 4. Clayton Valley 134 | 9. Piner 283 |
| 5. Pinole Valley 141 | 92 finishers |

TEAM SCORES: FROSH SOPH BOYS

| | |
|-------------------|-----------------------|
| 1. Montgomery 48 | 6. Ygnacio Valley 145 |
| 2. De La Salle 56 | 7. Pinole Valley 186 |
| 3. Livermore 65 | 8. Antioch 195 |
| 4. San Ramon 106 | 9. Piner 283 |
| 5. American 141 | 51 finishers |

DUAL MEET VS. SANTA ROSA
 October 5 at Spring Lake
 Course: 3.05 miles, hilly

| GIRLS | Place | Time | Pace |
|------------|-------|-------|------|
| 1 Michelle | 3 V | 21:08 | 6:55 |
| 2 Tanya | 6 V | 23:05 | 7:43 |
| 3 Charle | 8 V | 23:25 | 7:40 |
| 4 Jenny | 11 V | 24:14 | 7:56 |
| 5 Kristan | 12 V | 24:45 | 8:06 |
| 6 Odile | 13 V | 26:10 | 8:34 |
| 7 Erin | 14 V | 26:32 | 8:41 |

TEAM SCORE: VARSITY GIRLS
 Santa Rosa 21
 14 finished

| BOYS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Keith | 4 V | 16:45 | 5:29 |
| 2 Star | 7 V | 17:14 | 5:39 |
| 3 Pete | 9 V | 17:28 | 5:43 |
| 4 Dave | 10 V | 17:28 | 5:43 |
| 5 Kevin B. | 11 V | 17:47 | 5:49 |
| 6 Rocky | 11 V | 17:46 | 5:49 |
| 7 Jeff | 13 V | 17:50 | 5:50 |
| 8 Eric | 2 JV | 17:53 | 5:51 |
| 9 Rory | 14 V | 18:03 | 5:55 |
| 10 Dean | 4 JV | 18:36 | 6:05 |
| 11 Ryan | 6 JV | 18:41 | 6:07 |
| 12 Jon | 7 JV | 18:51 | 6:10 |
| 13 Clayton | 8 JV | 19:24 | 6:21 |
| 14 Richard | 9 JV | 19:25 | 6:21 |
| 15 Scott | 10 JV | 19:46 | 6:28 |
| 16 Steve K. | 12 JV | 20:15 | 6:38 |
| 17 Jason | 14 JV | 20:21 | 6:40 |
| 18 Steve F. | 16 JV | 20:30 | 6:43 |
| 19 Aaron | 17 JV | 20:31 | 6:43 |
| 20 Kevan | 18 JV | 21:22 | 7:00 |
| 21 Mario | 20 JV | 23:34 | 7:43 |
| 22 Marshall | 21 JV | 29:21 | 9:37 |

TEAM SCORE: VARSITY BOYS
 Santa Rosa 17
 14 finished

TEAM SCORE: JUNIOR VARSITY BOYS
 Montgomery 20
 21 finished

FLOYD COONEY INVITATIONAL
 October 8 at Fort Bragg
 Course: 2.75 miles, flat, sandy

| GIRLS | Place | Time | Pace |
|------------|-------|-------|------|
| 1 Michelle | 2 | 18:41 | 6:47 |
| 2 Tanya | 27 | 21:30 | 7:43 |
| 3 Jenny | 32 | 21:52 | 7:57 |
| 4 Odile | 33 | 22:03 | 8:01 |
| 5 Erin | 37 | 22:19 | 8:06 |
| 6 Kristan | 38 | 22:27 | 8:09 |

TEAM SCORES: GIRLS
 1. Anahy 56
 2. Fort Bragg 62
 3. Rancho Calate 93
 4. Montgomery 131
 8. Eureka 236
 68 finishers

| BOYS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Keith | 8 V | 15:28 | 5:37 |
| 2 Pete | 14 V | 15:58 | 5:48 |
| 3 Dave | 16 V | 16:02 | 5:48 |
| 4 Jeff | 2 FS | 16:17 | 5:55 |
| 5 Rocky | 19 V | 16:33 | 6:01 |
| 6 Eric | 22 V | 16:35 | 6:01 |
| 7 Kevin B. | 24 V | 16:41 | 6:04 |
| 8 Rory | 3 FS | 16:41 | 6:04 |
| 9 Dean | 31 V | 16:51 | 6:07 |
| 10 Jon | 38 V | 17:33 | 6:22 |
| 11 Scott | 39 V | 17:36 | 6:24 |
| 12 Steve K. | 46 V | 17:47 | 6:28 |
| 13 Clayton | 16 FS | 17:59 | 6:32 |
| 14 Aaron | 21 FS | 18:12 | 6:37 |
| 15 Richard | 22 FS | 18:13 | 6:37 |
| 16 Jason | 27 FS | 18:35 | 6:45 |
| 17 Steve F. | 31 FS | 18:42 | 6:48 |
| 18 Kevan J. | 73 V | 20:13 | 7:21 |
| 19 Marshall | 79 V | 21:11 | 7:42 |

TEAM SCORES: VARSITY BOYS
 1. Santa Rosa 43
 2. Montgomery 79
 3. Eureka 111
 4. South Fork 149
 5. El Molino 176
 6. Willis 181
 7. Fort Bragg 215
 8. Middletown 282
 86 finishers

TEAM SCORES: FROSH/SOPH BOYS
 1. Montgomery 64
 2. Ukiah 66
 3. Fort Bragg 80
 5. El Molino 173
 55 finishers

DUAL MEET VS. NEWMAN/URSULINE
 October 12 at Spring Lake
 Course: 3.05 miles, hilly

| GIRLS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Michelle | 1 V | 20:54 | 6:51 |
| 2 Tanya | 6 V | 22:33 | 7:23 |
| 3 Charle | 9 V | 22:44 | 7:27 |
| 4 Jenny | 12 V | 23:33 | 7:43 |
| 5 Odile | 13 V | 24:02 | 7:52 |
| 6 Kristan | 14 V | 24:32 | 8:00 |
| 7 Erin | 15 V | 24:32 | 8:02 |
| 8 Charlene | 8 JV | 28:05 | 9:12 |
| 9 Christine | 12 JV | 29:34 | 9:41 |

TEAM SCORES: VARSITY GIRLS
 Ursuline 22
 Montgomery 37
 15 finishers

| BOYS | Place | Time | Pace |
|-------------|-------|-------|-------|
| 1 Keith | 1 V | 16:47 | 5:30 |
| 2 Pete | 2 V | 17:08 | 5:37 |
| 3 Dave | 4 V | 17:25 | 5:42 |
| 4 Rocky | 5 V | 17:35 | 5:45 |
| 5 Eric | 6 V | 17:45 | 5:49 |
| 6 Kevin B. | 1 JV | 17:48 | 5:50 |
| 7 Rory | 2 JV | 17:54 | 5:52 |
| 8 Star | 7 V | 18:04 | 5:55 |
| 9 Jeff | 8 V | 18:08 | 5:56 |
| 10 Clayton | 3 JV | 18:09 | 5:56 |
| 11 Jon | 4 JV | 18:14 | 5:58 |
| 12 Ryan | 5 JV | 18:46 | 6:09 |
| 13 Steve K. | 6 JV | 18:48 | 6:10 |
| 14 Dean | 7 JV | 19:13 | 6:18 |
| 15 Scott | 8 JV | 19:19 | 6:20 |
| 16 Aaron | 9 JV | 19:39 | 6:26 |
| 17 Steve F. | 11 JV | 20:03 | 6:34 |
| 18 Leo | 12 JV | 20:03 | 6:34 |
| 19 Jason | 13 JV | 20:11 | 6:37 |
| 20 Kevan J. | 14 JV | 20:54 | 6:51 |
| 21 Marshall | 24 JV | 33:02 | 10:49 |

TEAM SCORES: VARSITY BOYS
 Newman INC.
 Montgomery 15
 12 finishers

TEAM SCORES: JUNIOR VARSITY BOYS
 Montgomery 15
 24 finishers

MARINER INVITATIONAL
 October 15 at Hayward
 Course: Varsity - 3.1 miles, hilly
 JV/FS - 2.0 miles, hilly

| GIRLS | Place | Time | Pace |
|------------|-------|-------|------|
| 1 Michelle | 26 V | 24:31 | 7:54 |
| 2 Charle | 32 V | 25:38 | 8:16 |
| 3 Jenny | 33 V | 25:40 | 8:16 |
| 4 Kristan | 38 V | 26:17 | 8:28 |
| 5 Erin | 43 V | 26:59 | 8:42 |
| 6 Odile | 52 V | 28:03 | 9:01 |

TEAM SCORES: VARSITY GIRLS
 1. Los Gatos 28
 2. El Cerritos 66
 3. Antioch 91
 4. Boverly Hills 112
 5. Montgomery 120
 6. Sanger 126
 7. Livermore 134
 8. Newark Mem. 156
 64 finishers

| VARSITY BOYS | Place | Time | Pace |
|--------------|-------|-------|------|
| 1 Keith | 17 V | 18:02 | 5:49 |
| 2 Pete | 33 V | 18:40 | 6:01 |
| 3 Rocky | 45 V | 19:18 | 6:12 |
| 4 Eric | 55 V | 19:45 | 6:22 |
| 5 Kevin B. | 64 V | 20:02 | 6:27 |
| 6 Dave | 73 V | 20:21 | 6:33 |
| 7 Star | 74 V | 20:22 | 6:34 |

TEAM SCORES: VARSITY BOYS
 1. De La Salle 70
 2. Antioch 73
 3. Los Gatos 83
 4. Boverly Hills 93
 5. Serra 141
 6. Berkeley 155
 7. Montgomery 198
 14. American 376
 102 finishers

| JV/FS BOYS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Jeff | 5 FS | 12:03 | 6:01 |
| 2 Clayton | 7 FS | 12:07 | 6:03 |
| 3 Dean | 22 JV | 12:24 | 6:12 |
| 4 Jon | 24 JV | 12:26 | 6:13 |
| 5 Rory | 12 FS | 12:29 | 6:14 |
| 6 Ryan | 21 FS | 12:48 | 6:24 |
| 7 Aaron | 23 FS | 12:50 | 6:25 |
| 8 Scott | 35 JV | 12:52 | 6:26 |
| 9 Steve F. | 37 FS | 13:31 | 6:45 |
| 10 Jason | 46 FS | 13:42 | 6:51 |
| 11 Steve K. | 82 JV | 14:27 | 7:13 |
| 12 Kevan J. | 85 JV | 14:29 | 7:14 |

TEAM SCORES: JUNIOR VARSITY BOYS
 1. Jesuit 15
 2. Los Gatos 78
 3. Castro Valley 94
 4. Tokay 122
 5. Serra 122
 6. De La Salle 169
 7. Montgomery 221
 8. Newark Mem. 239
 9. Newark Mem. 297
 10. Piner 333
 104 finishers

TEAM SCORES: FROSH/SOPH BOYS
 1. Del Campo 29
 2. Montgomery 62
 3. De La Salle 92
 4. Jesuit 121
 5. Davis 122
 6. Castro Valley 144
 7. Serra 155
 8. Ygnacio Valley 183
 9. Antioch 248
 80 finishers

DUAL MEET VS. PINER
October 19 at Piner High School
Course: 2.8 miles, flat

| GIRLS | Place | Time | Pace |
|-------------|-------|-------|-------|
| 1 Tanya | 3 | 21:11 | 7:33 |
| 2 Kristen | 5 | 21:59 | 7:51 |
| 3 Jenny | 6 | 22:33 | 8:03 |
| 4 Cherie | 9 | 23:24 | 8:21 |
| 5 Erin | 10 | 24:06 | 8:36 |
| 6 Charlene | 14 | 30:46 | 10:59 |
| 7 Christine | 15 | 30:51 | 11:01 |

TEAM SCORES: VARSITY GIRLS
Piner 22 Montgomery 33
15 finishers

| BOYS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Keith | 1V | 15:19 | 5:28 |
| 2 Star | 4V | 16:00 | 5:42 |
| 3 Pete | 5V | 16:04 | 5:44 |
| 4 Dave | 6V | 16:08 | 5:45 |
| 5 Eric | 7V | 16:17 | 5:48 |
| 6 Jeff | 9V | 16:26 | 5:52 |
| 7 Clayton | 1JV | 16:46 | 5:59 |
| 8 Rory | 3JV | 16:50 | 6:00 |
| 9 Dean | 4JV | 17:08 | 6:07 |
| 10 Jon | 6JV | 17:35 | 6:16 |
| 11 Scott | 7JV | 17:43 | 6:19 |
| 12 Ryan | 8JV | 18:20 | 6:32 |
| 13 Rocky | 14V | 18:38 | 6:39 |
| 14 Leo | 12JV | 18:58 | 6:46 |
| 15 Steve F. | 13JV | 19:17 | 6:53 |
| 16 Steve K. | 15JV | 19:43 | 7:02 |
| 17 Jason | 16JV | 19:47 | 7:03 |
| 18 Kovan J. | 17JV | 20:14 | 7:13 |
| 19 Aaron | 19JV | 21:06 | 7:32 |
| 20 Marshall | 21JV | 21:52 | 7:48 |

TEAM SCORES: VARSITY BOYS
Montgomery 23 Piner 34
14 finishers

TEAM SCORES: JUNIOR VARSITY BOYS
Montgomery 21 Piner 37
22 finishers

DUAL MEET VS. UKIAH
October 26 at Spring Lake
Course: 2.87 miles, hilly

| GIRLS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Michollio | 1V | 21:31 | 7:14 |
| 2 Tanya | 2V | 21:49 | 7:20 |
| 3 Kristen | 5V | 22:34 | 7:35 |
| 4 Cherie | 6V | 22:42 | 7:38 |
| 5 Odile | 7V | 23:26 | 7:53 |
| 6 Jenny | 8V | 23:31 | 7:55 |
| 7 Erin | 10V | 24:16 | 8:10 |
| 8 Charlene | 12V | 28:41 | 9:39 |
| 9 Christine | 15V | 29:07 | 9:48 |

TEAM SCORES: VARSITY GIRLS
Montgomery 21 Ukiah 39
15 finishers

| BOYS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Keith | 1V | 16:18 | 5:29 |
| 2 Pete | 2V | 16:44 | 5:38 |
| 3 Eric | 3V | 16:54 | 5:41 |
| 4 Star | 4V | 17:00 | 5:43 |
| 5 Dave | 5V | 17:07 | 5:45 |
| 6 Jeff | 6V | 17:13 | 5:47 |
| 7 Dean | 1JV | 17:17 | 5:49 |
| 8 Rory | 2JV | 17:30 | 5:53 |
| 9 Clayton | 8V | 17:32 | 5:54 |
| 10 Rocky | 3JV | 17:55 | 6:01 |
| 11 Scott | 4JV | 18:00 | 6:03 |
| 12 Ryan | 5JV | 18:02 | 6:04 |
| 13 Jon | 6JV | 18:15 | 6:08 |
| 14 Steve K. | 7JV | 18:40 | 6:17 |
| 15 Jason | 9JV | 19:14 | 6:28 |
| 16 Aaron | 10JV | 19:30 | 6:33 |
| 17 Steve F. | 11JV | 19:49 | 6:40 |
| 18 Kovan J. | 12JV | 20:09 | 6:47 |
| 19 Marshall | 19JV | 24:45 | 8:20 |

TEAM SCORES: VARSITY BOYS
Montgomery 15 Ukiah 50
16 finishers

TEAM SCORES: JUNIOR VARSITY BOYS
Montgomery 15 Ukiah 50
19 finishers

DUAL MEET VS. RANCHO COTATE
November 2 at Rohnert Park
Course: 3.0 miles, flat

| GIRLS | Place | Time | Pace |
|-------------|-------|-------|-------|
| 1 Michollio | 1V | 20:25 | 6:48 |
| 2 Jenny | 7V | 22:04 | 7:21 |
| 3 Cherie | 9V | 22:36 | 7:32 |
| 4 Kristen | 10V | 22:44 | 7:34 |
| 5 Erin | 13V | 23:53 | 7:57 |
| 6 Odile | 14V | 24:35 | 8:11 |
| 7 Charlene | 15V | 25:14 | 8:24 |
| 8 Christine | 17V | 30:16 | 10:05 |

TEAM SCORES: VARSITY GIRLS
Rancho Cotate 20 Montgomery 39
17 finishers

| BOYS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Keith | 2V | 16:12 | 5:24 |
| 2 Eric | 4V | 16:39 | 5:33 |
| 3 Rocky | 5V | 16:45 | 5:35 |
| 4 Star | 6V | 16:46 | 5:35 |
| 5 Pete | 7V | 16:47 | 5:35 |
| 6 Dave | 9V | 16:50 | 5:36 |
| 7 Jeff | 10V | 17:01 | 5:40 |
| 8 Rory | 12V | 17:28 | 5:49 |
| 9 Dean | 13V | 17:33 | 5:51 |
| 10 Clayton | 14V | 17:43 | 5:54 |
| 11 Kevin B. | 15V | 17:50 | 5:56 |
| 12 Ryan | 1JV | 17:51 | 5:57 |
| 13 Scott | 3JV | 18:07 | 6:02 |
| 14 Jon | 4JV | 18:09 | 6:03 |
| 15 Steve K. | 8JV | 18:19 | 6:06 |
| 16 Jason | 9JV | 19:05 | 6:21 |
| 17 Steve F. | 12JV | 19:20 | 6:26 |
| 18 Kovan J. | 13JV | 19:46 | 6:35 |
| 19 Aaron | 14JV | 19:50 | 6:36 |
| 20 Marshall | 18JV | 23:32 | 7:50 |

TEAM SCORES: VARSITY BOYS
Montgomery 24 Rancho Cotate 35
17 finishers

TEAM SCORES: JUNIOR VARSITY BOYS
Montgomery 15 Rancho Cotate 30
18 finishers

NORTH BAY LEAGUE CHAMPIONSHIPS
November 10 at Spring Lake
Course: 2.97 miles, hilly

| GIRLS | Place | Time | Pace |
|-------------|-------|-------|------|
| 1 Michollio | 3V | 20:37 | 6:56 |
| 2 Jenny | 17V | 22:02 | 7:25 |
| 3 Cherie | 22V | 22:18 | 7:30 |
| 4 Odile | 29V | 23:24 | 7:52 |
| 5 Erin | 31V | 23:27 | 7:53 |
| 6 Kristen | 34V | 25:57 | 8:44 |
| 7 Charlene | 9JV | 26:10 | 8:48 |
| 8 Christine | 19JV | 28:42 | 9:39 |

TEAM SCORES: VARSITY GIRLS
Ursuline 45 Santa Rosa 76
Rancho Cotate 60 Montgomery 100
Piner 71 Ukiah 142
37 finishers

| JUNIOR VARSITY GIRLS | Place | Time | Pace |
|----------------------|-------|-------|------|
| 1 Keith | 5V | 16:02 | 5:23 |
| 2 Eric | 13V | 17:03 | 5:44 |
| 3 Dave | 14V | 17:05 | 5:45 |
| 4 Pete | 15V | 17:13 | 5:47 |
| 5 Dean | 1JV | 17:25 | 5:51 |
| 6 Jeff | 19V | 17:27 | 5:52 |
| 7 Rocky | 20V | 17:34 | 5:54 |
| 8 Star | 21V | 17:36 | 5:55 |
| 9 Clayton | 4JV | 17:55 | 6:01 |
| 10 Rory | 5JV | 18:00 | 6:03 |
| 11 Steve K. | 6JV | 18:01 | 6:03 |
| 12 Kevin B. | 12JV | 18:23 | 6:11 |
| 13 Jon | 13JV | 18:23 | 6:11 |
| 14 Ryan | 16JV | 18:38 | 6:16 |
| 15 Scott | 18JV | 18:43 | 6:18 |
| 16 Jason | 31JV | 19:50 | 6:40 |
| 17 Steve F. | 33JV | 19:57 | 6:43 |
| 18 Kovan J. | 38JV | 20:27 | 6:53 |
| 19 Aaron | 45JV | 21:28 | 7:13 |
| 20 Marshall | 46JV | 21:32 | 7:15 |

TEAM SCORES: VARSITY BOYS
Santa Rosa 16 Rancho Cotate 90
Montgomery 66 Ukiah 135
Piner 78 Cardinal Newman 166
40 finishers

TEAM SCORES: JUNIOR VARSITY BOYS
Montgomery 28 Piner 86
Rancho Cotate 72 Ukiah 115
Santa Rosa 78 Cardinal Newman 146
57 finishers

Season Records, 1982 to 1988

| YEAR | VARSITY GIRLS | | | VARSITY BOYS | | | JUNIOR VARSITY BOYS | | |
|--------|---------------|-----------|---------------------|--------------|-----------|---------------------|---------------------|-----------|---------------|
| | DUAL MEETS | NBL FINAL | NORTH COAST SECTION | DUAL MEETS | NBL FINAL | NORTH COAST SECTION | DUAL MEETS | NBL FINAL | NBL F/S FINAL |
| 1982 | 1-4 | 5th | DNC | 4-1 | 2nd | 5th 2A | 4-1 | 1st | 3rd |
| 1983 | 5-4 | 2nd | 11th 2A | 9-0 | 1st | 3rd 2A | 7-1-1 | 3rd | 1st |
| 1984 | 6-3 | 2nd | 6th 2A | 9-0 | 1st | 2nd 2A | 8-1 | 2nd | inc |
| 1985 | 4-1 | 2nd | 6th 2A | 5-0 | 1st | 1st 2A | 5-0 | 2nd | 1st |
| 1986 | 6-0 | 1st | 9th 3A | 5-1 | 1st | 8th 3A | 6-0 | 1st | inc |
| 1987 | 5-1 | 3rd | 12th 3A | 6-0 | 1st | 3rd 3A | 6-0 | 1st | --- |
| 1988 | 1-4 | 5th | DNC | 4-1 | 2nd | --- | 5-0 | 1st | --- |
| TOTALS | 28-17 | | | 42-3 | | | 41-3-1 | | |

NORTH COAST SECTION 3A
November 19 at Sonoma State
Course: 3.0 miles, flat

| GIRLS | | Place | Time | Pace |
|---------------|----------|-------|-------|------|
| 1 | Michelle | 34 V | 20:32 | 6:50 |
| 112 finishers | | | | |
| BOYS | | Place | Time | Pace |
| 1 | Keith | 21 V | 16:02 | 5:20 |
| 2 | Eric | 40 V | 16:34 | 5:31 |
| 3 | Star | 42 V | 16:35 | 5:31 |
| 4 | Pete | 47 V | 16:38 | 5:32 |
| 5 | Dave | 68 V | 17:02 | 5:40 |
| 6 | Rocky | 79 V | 17:10 | 5:43 |
| 7 | Jeff | 85 V | 17:30 | 5:50 |

TEAM SCORES: BOYS VARSITY
 1. Santa Rosa 57
 2. De La Salle 58
 3. San Ramon 120
 4. Antioch 148
 5. Livermore 190
 6. Montgomery 208
 7. Berkeley 220
 8. Clayton Valley 226
 9. Logan 239
 10. Mission San Jose 247
 11. Eureka 266
 12. Amador Valley 274
 13. Monte Vista 301
 14. Morano 314
 15. Pinet 328
 16. Irvington 343
 113 finishers

PRACTICES **MILES: BOYS**

| | | | |
|-----------|----|---------------------|--------|
| Keith | 66 | Keith | 404.5* |
| Dave | 63 | Pete | 384.5* |
| Pete | 63 | Dave | 381.0* |
| Star | 60 | Star | 358.0* |
| Jon | 58 | Jon | 349.5* |
| Ryan | 58 | Kevin B. | 311.0* |
| Erin | 55 | Eric | 287.0 |
| Rory | 55 | Rory | 274.0 |
| Steve K. | 54 | Ryan | 263.5 |
| Steve F. | 54 | Jeff | 263.0 |
| Michelle | 52 | Steve K. | 251.0 |
| Kevin B. | 52 | Rocky | 246.0 |
| Cherie | 51 | Scott | 214.0 |
| Eric | 49 | Clayton | 194.0 |
| Tanya | 47 | Scott | 189.0 |
| Jenny | 47 | Aaron | 179.0 |
| Jeff | 47 | Jason | 168.5 |
| Oddie | 46 | Marshall | 145.5 |
| Clayton | 42 | Kevin J. | 110.0 |
| Aaron | 41 | Dean | 96.5 |
| Marshall | 40 | | |
| Scott | 38 | MILES: GIRLS | |
| Rocky | 37 | Michelle | 246.0 |
| Jason | 37 | Erin | 231.0 |
| Kristen | 32 | Tanya | 196.5 |
| Christine | 31 | Cherie | 189.0 |
| Kavan J. | 20 | Oddie | 161.5 |
| Charlene | 20 | Jenny | 160.5 |
| Dean | 18 | Kristen | 129.5 |
| | | Christine | 110.5 |
| | | Charlene | 73.5 |

*Breaks old record of 307 set by Lewis, 1987

CROSS COUNTRY PRACTICE MILES CAREER LIST

| Boys | | Girls | |
|-------------------------|--------|----------------------------|--------|
| 1 Paul Cummings, '86 | 780.5 | 1 Michelle Mayes, '89 | 502.5* |
| 2 Marc Spina, '86 | 733.0 | 2 Chrs Ferguson, '86 | 482.0 |
| 3 Jason Schumberg, '85 | 716.0 | 3 Nicole Fischer, '88 | 469.0 |
| 4 Keith Lewis, '89 | 711.5* | 4 Erin Preston, '90 | 411.0 |
| 5 Tim Cummings, '86 | 705.5 | 5 Tanya Mayo, '90 | 408.5 |
| 6 Derek Powell, '86 | 683.5 | 6 Sheila O'Hanlon, '85 | 359.0 |
| 7 Jon Lew, '89 | 581.5* | 7 Erika Gardner, '87 | 338.5* |
| 8 Pete Keith, '90 | 540.5 | 8 Pee-wee Lemus, '87 | 342.5* |
| 9 Michael Parker, '85 | 534.0 | 9 Jennifer Sandkuhler, '86 | 332.0 |
| 10 Pete Vincent, '84 | 507.5 | | |
| 11 Star Stevenson, '90 | 502.0 | | |
| 12 Todd Lynn, '86 | 479.0 | | |
| 13 Kevin Drisko, '88 | 477.0* | | |
| 14 Dave Inmer, '90 | 474.0 | | |
| 15 John Geyer, '85 | 473.0 | | |
| 16 Randall Watkins, '88 | 452.5* | | |
| 17 Chris Jones, '85 | 447.0 | | |
| 18 David Waldow, '88 | 436.0* | | |
| 19 Steve Kemmerer, '90 | 410.5 | | |

*No records kept for 1986 season