

1985 MONTGOMERY VIKINGS CROSS COUNTRY

SEASON SUMMARY

VARSIITY AWARDS - GIRLS

Chris Ferguson	Sr. 3rd yr.
Jennifer Sandkuhler	Sr. 2nd yr.
Heather Lacayo	Sr.
Erika Gardner	Jr. 2nd yr.
Peewee Lemus	Jr. 2nd yr.
Christina Abramson	Jr.
Jane Kientz	Jr.
Nicole Fischer	So.

NBL Dual Meet Record: 4 wins, 1 loss.
 Title: Viking Opener Invitational
 Junior Champions. Other meets:
 2nd at Bob McGuire Relays, 2nd at
 San Ramon Invitational, 2nd at NBL
 Finals, 6th at AA North.

VARSIITY AWARDS - BOYS

Paul Cummings	Sr. 3rd yr.
Tim Cummings	Sr. 3rd yr.
Marc Spina	Sr. 3rd yr.
George Hernandez	Sr. 2nd yr.
Derek Powell	Sr. 2nd yr.
Tim Schlender	Jr.
Kevin Smith	Jr.
Randall Watkins	So.

NBL Dual Meet Record: 5 wins, 0 loss.
 Titles: Viking Opener Invitational
 Senior Champions, Bob McGuire Relay
 Champions, San Ramon Invitational
 Champions, Stanford Invitational
 Champions, Ed Sias Invitational
 Champions, NBL Champions, AA North
 Champions. Other meets: 2nd at
 Mariner Invitational, 4th at Meet
 of Champions. State Meet Qualifier:
 Paul Cummings.

JUNIOR VARSITY AWARDS - BOYS

Todd Lynn	Sr. 3rd yr.
Ron Miller	Sr. 2nd yr.
Jason Aguillon	Sr.
Kevin Bonilla	Jr. 2nd yr.
Phil Ybarrolaza	Jr. 2nd yr.
Eric Brandt	So.
Kevin Drisko	So.
Mike Holden	So.
Todd Johnson	So.
Joe Lancina	So.
Steve Pullins	So.
David Waldow	So.

NBL Dual Meet Record: 5 wins, 0 loss.
 Titles: Mariner Invitational
 Champions, NBL Frosh/Soph Champions.
 Other meets: 3rd at Bob McGuire
 Relays, 2nd at NBL finals.

	M	M		M	M
	e	i		e	i
	e	l		e	l
	t	e		t	e
Practices	s	s	Practices	s	s
Derek	56	14	297	Nicole	48 13 215
Paul	54	14	274	Erika	46 13 207
Kevin S.	53	14	290	Jane	43 12 185
Kevin B.	49	11	205	Chris	43 11 162
Tim S.	48	13	259	Peewee	40 13 191
Randall	47	14	247	Christina	38 13 161
Kevin D.	44	12	187	Jennifer	37 13 159
Marc	43	14	253	Heather	31 12 118
Tim C.	41	12	200		
David	41	12	178		
Ron	38	12	180		
Erik	37	12	177		
Steve	37	12	165		
Joe	35	12	152		
Phil	34	11	155		
George	33	14	184		
Jason	33	11	156		
Mike	32	12	149		
Todd L.	22	12	116		
Todd J.	19	7	91		

SEASON RECORDS 1982 TO 1985

Year	VARSIITY GIRLS		NBL Final	AA North
	Dual	NBL		
1982	1-4	1-4	5th	---
1983	5-4	2-3	2nd	11th
1984	6-3	3-2	2nd	6th
1985	4-1	4-1	2nd	6th
Totals	16-12	10-10		

Year	VARSIITY BOYS		NBL Final	AA North	NCS MOC
	Dual	NBL			
1982	4-1	4-1	2nd	5th	----
1983	9-0	5-0	1st	3rd	5th
1984	9-0	5-0	1st	2nd	11th
1985	5-0	5-0	1st	1st	4th
Totals	27-1	19-1			

Year	JUNIOR VARSITY BOYS		NBL Final	NBL Soph.
	Dual	NBL		
1982	4-1	4-1	1st	3rd
1983	7-1-1	4-1	3rd	1st
1984	8-1	4-1	2nd	---
1985	5-0	5-0	2nd	1st
Totals	24-3-1	17-3		

GIRLS' TEAM SEASON SUMMARY

Viking Opener Invitational, September 14 at Annadel State Park, 2.22 miles.

Sophomore Race: 14 finishers.

Place	Time	Pace
1. Nicole Fischer	16:23	7:22

Junior Race team scores: MONTGOMERY 21, Santa Rosa 22, Ukiah 34, Healdsburg 44, Rancho Cotate 48. 24 finishers.

Place	Time	Pace
4. Peewee Lemus	15:44	7:05
8. Jane Kientz	16:41	7:30
9. Erika Gardner	16:43	7:31
23. Christina Abramson	20:31	9:14

Senior Race team scores: Healdsburg 17, MONTGOMERY 18. 14 finishers.

Place	Time	Pace
2. Chris Ferguson	16:00	7:12
7. Jennifer Sandkuhler	17:55	7:54
9. Heather Lacayo	18:53	8:30

Bob McGuire Relays, September 21 at Concord, 1.5 miles. Relay teams:

1. Carondelet 2. MONTGOMERY
 3. College Park 4. Amador Valley
 5. Clayton Valley 6. Northgate
 7. San Ramon 8. Antioch 9. Terra Linda
 10. Granada. Open Race: 58 finishers.

Place	Time	Pace
Team 2nd Chris Ferguson	10:24	6:56
Team 2nd Peewee Lemus	10:25	6:56
Team 2nd Nicole Fischer	11:01	7:20
Team 2nd Erika Gardner	11:21	7:34
7. Jennifer Sandkuhler	11:41	7:47
Team 2nd Jane Kientz	11:42	7:48
12. Heather Lacayo	11:57	7:58
29. Christina Abramson	12:31	8:20

San Ramon Invitational, September 28 at Danville, 1.95 miles. Team scores: Carondelet 71, MONTGOMERY 110, College Park 113, Miramonte 116, San Ramon 132, Santa Rosa 138, Northgate 140, Clayton Valley 203, California High 227, Livermore 242, American 253, Antioch 264. 71 finishers.

Place	Time	Pace
6. Chris Ferguson	12:22	6:20
12. Peewee Lemus	12:31	6:25
22. Nicole Fischer	13:14	6:47

(San Ramon Invitational, cont'd.)

Place	Time	Pace
28. Erika Gardner	13:24	6:52
42. Jane Kientz	13:45	7:03
48. Jennifer Sandkuhler	13:56	7:08

Junior Varsity Race: 42 finishers.

Place	Time	Pace
19. Christina Abramson	15:20	7:52
25. Heather Lacayo	15:31	7:57

Dual meet vs. Ukiah, October 2 at Ukiah, 2.7 hot, hilly miles. Score: MONTGOMERY 20, Ukiah 41. 12 finishers.

Place	Time	Pace
2. Peewee Lemus	23:23	8:39
3. Nicole Fischer	23:30	8:42
4. Heather Lacayo	24:04	8:54
5. Erika Gardner	24:10	8:57
6. Jane Kientz	24:20	9:00
7. Jennifer Sandkuhler	25:44	9:31
10. Christina Abramson	28:46	10:37

Stanford Invitational, October 7 at Stanford University, 3.1 miles. Team place: 10th of 19 teams. 131 finishers.

Place	Time	Pace
14. Peewee Lemus	20:59	6:46
18. Chris Ferguson	21:18	6:52
46. Nicole Fischer	22:20	7:12
89. Jane Kientz	24:25	7:52
90. Jennifer Sandkuhler	24:27	7:53
93. Erika Gardner	24:30	7:54
110. Heather Lacayo	25:55	8:21
118. Christina Abramson	26:42	8:46

Dual meet vs. Rancho Cotate, October 9 at Annadel State Park, 2.9 miles. 14 finishers. MONTGOMERY 17, Rancho 41

Place	Time	Pace
1. Peewee Lemus	20:13	6:58
2. Chris Ferguson	20:24	7:02
3. Nicole Fischer	21:17	7:20
5. Heather Lacayo	22:35	7:47
6. Erika Gardner	22:42	7:49
8. Jennifer Sandkuhler	23:15	8:01
13. Christina Abramson	25:59	8:57

(Girls' Team Season Summary, cont'd.)

Ed Sias Invitational, October 12 at Martinez, 3.0 miles (varsity), 2.0 miles (J.V.). Varsity team scores: Campolindo 98, College Park 102, Northgate 110, Las Lomas 114, Acalanes 116, Carondelet 124, MONTGOMERY 128, Alhambra 135, Vacaville 176, Antioch 203. 68 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
4. Chris Ferguson	20:26	6:48
9. Peewee Lemus	20:47	6:55
25. Nicole Fischer	21:39	7:13
48. Jennifer Sandkuhler	23:18	7:46
56. Erika Gardner	24:16	8:05
58. Jane Kientz	24:46	8:15
66. Heather Lacayo	26:17	8:45

Junior Varsity Race: 57 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
29. Christina Abramson	17:10	8:35

Dual meet vs. Santa Rosa, October 16 at Spring Lake Park, 3.1 miles. Score: Santa Rosa 25, MONTGOMERY 30. 17 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
1. Chris Ferguson	19:51	6:24
4. Peewee Lemus	20:49	6:42
6. Nicole Fischer	22:10	7:09
9. Erika Gardner	22:42	7:19
10. Jennifer Sandkuhler	24:26	7:52
11. Jane Kientz	24:35	7:55
13. Christina Abramson	25:38	8:16
16. Heather Lacayo	29:02	9:21

Mariner Invitational, October 19 at Garin Regional Park, Hayward, 2.9 miles. Team scores: Reed 53, Carondelet 103, Mission San Jose 124, El Cerrito 124, Santa Rosa 153, MONTGOMERY 154, Amador Valley 159, Logan 230, American 230. 84 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
9. Chris Ferguson	20:05	6:55
10. Peewee Lemus	20:07	6:56
28. Nicole Fischer	21:08	7:17
54. Erika Gardner	23:07	7:59
55. Jane Kientz	23:09	8:00
70. Jennifer Sandkuhler	24:19	8:23
71. Christina Abramson	24:41	8:30

Dual meet vs. Ursuline, October 23 at Ursuline, 2.5 miles (varsity), 1.85 miles (J.V.). Varsity team score: MONTGOMERY 21, Ursuline 36. 14 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
1. Chris Ferguson	16:11	6:28
2. Peewee Lemus	16:24	6:33
3. Nicole Fischer	16:59	6:47
6. Erika Gardner	17:59	7:11
9. Jane Kientz	19:31	7:48
10. Jennifer Sandkuhler	19:33	7:49
11. Christina Abramson	19:50	7:56

Junior Varsity Race: 9 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
1. Heather Lacayo	13:30	7:17

Dual meet vs. Petaluma, October 30 at Annadel State Park, 2.9 miles. 16 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
1. Chris Ferguson	19:05	6:34
2. Peewee Lemus	20:07	6:56
3. Nicole Fischer	20:30	7:04
5. Erika Gardner	22:08	7:37
7. Jennifer Sandkuhler	22:46	7:51
9. Jane Kientz	23:30	8:06
10. Christina Abramson	23:48	8:12

North Bay League Championships, November 8 at Spring Lake Park, 3.1 miles (varsity), 2.66 miles (J.V.) Team scores: Santa Rosa 45, MONTGOMERY 63, Ursuline 65, Ukiah 94, Petaluma 105, Rancho Cotate 109. 40 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
3. Peewee Lemus	20:06	6:29
5. Nicole Fischer	20:41	6:40
16. Erika Gardner	22:14	7:10
19. Jennifer Sandkuhler	22:27	7:14
20. Jane Kientz	22:30	7:15
29. Christina Abramson	23:24	7:33

Junior Varsity Race: 14 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
2. Heather Lacayo	20:15	7:37

AA North Redwood Empire Championships:
SEE JUNIOR VARSITY BOYS' SHEET 2.

VARSDTY BOYS' TEAM SEASON SUMMARY

Viking Opener Invitational, September 14 at Annadel State Park, 2.22 miles.

Junior Race team scores: Santa Rosa 19, MONTGOMERY 26, Petaluma 34, Healdsburg 37, Piner 46, Rancho Cotate 59. 28 finishers.

Place	Time	Pace
2. Kevin Smith	12:17	5:32
6. Tim Schlnder	12:41	5:42
18. Phil Ybarrolaza	13:51	6:14
26. Kevin Bonilla	16:12	7:17

Senior Race team scores: MONTGOMERY 16, Fortuna 26, Rancho Cotate 31, Santa Rosa 32, Piner 51, Ukiah 71. 28 finishers.

Place	Time	Pace
1. Paul Cummings	11:58	5:23
7. Marc Spina	12:41	5:42
8. Derek Powell	12:43	5:43
10. Tim Cummings	13:04	5:48
11. George Hernandez	13:11	5:51

Bob McGuire Relays, September 21 at Concord, 2.0 miles. Relay teams:
 1. MONTGOMERY 2. Acalanes 3. Clayton Valley 4. College Park 5. Concord 6. Terra Linda 7. Granada 8. De La Salle 9. Petaluma 10. San Ramon 11. Amador Valley.

Place: Team 1st	Time	Pace
Paul Cummings	10:33	5:16
Kevin Smith	10:54	5:27
Derek Powell	11:06	5:33
Marc Spina	11:11	5:35
Tim Schlnder	11:24	5:42

San Ramon Invitational, September 28 at Danville, 1.95 miles. Team scores: MONTGOMERY 57, Clayton Valley 62, Miramonte 91, College Park 102, Livermore 135, Santa Rosa 176, De La Salle 178, San Ramon 187, Northgate 202, California High 212, American 285, Antioch 298, Ygnacio Valley 322. 76 finishers.

Place	Time	Pace
4. Paul Cummings	9:58	5:06
11. Kevin Smith	10:19	5:17
12. Marc Spina	10:20	5:17
14. Derek Powell	10:22	5:18
16. Tim Schlnder	10:24	5:20
39. Tim Cummings	10:56	5:36

Dual meet vs. Ukiah, October 2 at Ukiah, 2.7 hot, hilly miles. Score: MONTGOMERY 17, Ukiah 40. 14 finishers.

Place	Time	Pace
1. Paul Cummings	15:53	5:52
2. Kevin Smith	15:54	5:53
3. Derek Powell	16:21	6:03
4. Randall Watkins	16:44	6:11
7. Marc Spina	17:26	6:27
9. George Hernandez	17:48	6:35
12. Tim Cummings	19:28	7:12

Stanford Invitational, October 7 at Stanford University, 3.1 miles. Team place: FIRST of 22 teams. 149 finishers.

Place	Time	Pace
3. Paul Cummings	16:14	5:14
11. Kevin Smith	16:49	5:25
16. Marc Spina	17:01	5:29
18. Randall Watkins	17:04	5:30
23. Tim Schlnder	17:13	5:33
28. Derek Powell	17:25	5:37
47. George Hernandez	17:56	5:47

Dual meet vs. Rancho Cotate, October 9 at Annadel State Park, 2.9 miles. Score: MONTGOMERY 18, Rancho Cotate 44. 14 finishers.

Place	Time	Pace
1. Paul Cummings	15:43	5:25
2. Kevin Smith	16:07	5:33
4. Marc Spina	16:16	5:36
5. Derek Powell	16:26	5:40
6. Randall Watkins	16:38	5:44
7. Tim Schlnder	16:48	5:47
9. George Hernandez	17:06	5:53

Ed Sias Invitational, October 12 at Martinez, 3.0 miles. Team scores: MONTGOMERY 104, Las Lomas 109, De La Salle 113, College Park 115, Newark Memorial 128, Clayton Valley 135, Northgate 164, Vacaville 179, Campolindo 216, Alhambra 248, Albany 254, Skyline 263, Granada 288, Salesian 356, St. Mary's 404. 110 finishers.

Place	Time	Pace
12. Kevin Smith	16:44	5:34
17. Derek Powell	17:00	5:40
19. Randall Watkins	17:05	5:41

(Varsity Boys' Team Season Summary, cont'd.)

(Ed Sias Invitational, cont'd.)

<u>Place</u>	<u>Time</u>	<u>Pace</u>
32. Tim Schlander	17:33	5:51
41. George Hernandez	17:44	5:54
66. Marc Spina	18:19	6:06
70. David Waldow	18:32	6:10

Dual meet vs. Santa Rosa, October 16 at Spring Lake Park, 3.1 miles. Score: MONTGOMERY 21, Santa Rosa 40. 14 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
1. Paul Cummings	16:21	5:16
3. Kevin Smith	16:42	5:23
4. Marc Spina	16:44	5:23
6. Derek Powell	17:01	5:29
7. Randall Watkins	17:16	5:34
8. George Hernandez	17:29	5:38
9. Tim Schlander	17:33	5:39

Mariner Invitational, October 19 at Garin Regional Park, Hayward, 2.9 miles. Team scores: Moreau 47, MONTGOMERY 97, El Cerrito 99, Miramonte 110, Serra 141, Logan 159, Berkeley 215, Amador Valley 217, Granada 254, Northgate 260, Livermore 267, Castro Valley 268, Santa Rosa 278, American 366. 104 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
7. Paul Cummings	15:53	5:29
14. Kevin Smith	16:24	5:39
24. Randall Watkins	16:45	5:47
25. Derek Powell	16:46	5:47
36. Marc Spina	17:02	5:53
39. Tim Schlander	17:07	5:54
42. George Hernandez	17:12	5:56

Dual meet vs. Cardinal Newman, October 23 at Cardinal Newman, 2.5 miles. Score: MONTGOMERY 15, Cardinal Newman 50. 13 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
1. Paul Cummings	13:04	5:13
2. Marc Spina	13:20	5:20
3. Kevin Smith	13:25	5:22
4. George Hernandez	13:38	5:27
5. Randall Watkins	13:40	5:28
6. Tim Schlander	13:45	5:30
7. Derek Powell	13:48	5:31

Dual meet vs. Petaluma, October 30 at Annadel State Park, 2.9 miles. Score: MONTGOMERY 15, Petaluma 50. 10 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
1. Paul Cummings	15:35	5:22
2. Kevin Smith	15:56	5:29
3. Marc Spina	16:18	5:37
4. Tim Schlander	16:23	5:38
6. George Hernandez	16:46	5:46
7. Derek Powell	16:52	5:48
8. Randall Watkins	17:00	5:51

North Bay League Championships, November 8 at Spring Lake Park, 3.1 miles. Team scores: MONTGOMERY 23, Santa Rosa 53, Rancho Cotate 81, Petaluma 103, Cardinal Newman 133, Ukiah 135. 40 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
1. Paul Cummings	15:52	5:07
3. Kevin Smith	16:25	5:18
4. Tim Schlander	16:31	5:19
7. Marc Spina	16:48	5:25
8. George Hernandez	16:51	5:26
10. Derek Powell	16:58	5:28
20. Tim Cummings	17:36	5:40

AA North Redwood Empire Championships, November 16 at Spring Lake Park, 3.2 miles. Team scores: MONTGOMERY 42, Santa Rosa 99, Eureka 101, Redwood 103, Terra Linda 116, Rancho Cotate 168, Piner 183, Sonoma 190, Fortuna 232, Drake 242, El Molino 245, San Rafael 279. 85 finishers.

<u>Place</u>	<u>Time</u>	<u>Pace</u>
1. Paul Cummings	16:42	5:13
6. Kevin Smith	17:16	5:23
10. Randall Watkins	17:37	5:30
14. Derek Powell	17:49	5:34
18. Marc Spina	18:03	5:38
22. Tim Schlander	18:08	5:40
26. George Hernandez	18:17	5:42

North Coast Section Meet of Champions, November 23 at Hayward, 3.0 miles. Team scores: Moreau 71, Acalanes 95, Clayton Valley 106, MONTGOMERY 126, Miramonte 138, El Cerrito 163, Monte Vista 200, San Ramon 210, Livermore 237, Santa Rosa 249, College Park 252, De La Salle 299, Eureka 301, Fort Bragg 348, Redwood 353, Univ.444.

SEE SOPHOMORE TEAM SHEET FOR
NCS Meet results

JUNIOR VARSITY TEAM SEASON SUMMARY

Viking Opener Invitational, September 14 at Annadel State Park, 2.22 miles. Team scores: Santa Rosa 8, MONTGOMERY 13. 9 finishers.

Place	Time	Pace
3. Ron Miller	14:43	6:38
4. Todd Lynn	14:48	6:40
6. Jason Aguillon	15:45	7:06
7. Joe Lancina	15:46	7:06
8. Steve Pullins	15:48	7:07
9. Todd Johnson	16:38	7:29

Bob McGuire Relays, September 21 at Concord, 2.0 miles. Relay teams:
 1. De La Salle 2. Clayton Valley
 3. MONTGOMERY 4. Northgate 5. College Park
 6. San Ramon 7. Concord.
 Junior Varsity Open Race: 58 finishers.

Place	Time	Pace
Team 3rd. Tim Cummings	11:34	5:47
Team 3rd. George Hernandez	12:12	6:06
Team 3rd. Ron Miller	12:26	6:13
Team 3rd. Phil Ybarrolaza	12:47	6:23
Team 3rd. Todd Lynn	13:01	6:30
39. Jason Aguillon	13:26	6:43
49. Kevin Bonilla	14:29	7:14

San Ramon Invitational, September 28 at Danville, 1.95 miles. Team scores: De La Salle 48, Santa Rosa 49, Northgate 127, Clayton Valley 134, San Ramon 137, MONTGOMERY 154, Monte Vista 186, College Park 232, California High 238. 84 finishers.

Place	Time	Pace
6. George Hernandez	10:54	5:35
20. Ron Miller	11:33	5:55
29. Phil Ybarrolaza	11:44	6:01
34. Todd Lynn	11:54	6:06
65. Kevin Bonilla	12:49	6:35
72. Kevin Drisko	13:18	6:49

Dual meet vs. Ukiah, October 2 at Ukiah, 1.8 hot, hilly miles. Score: MONTGOMERY 20, Ukiah 48. 17 finishers.

Place	Time	Pace
1. Eric Brandt	11:58	6:38
2. David Waldow	12:07	6:43
4. Ron Miller	12:26	6:54
6. Mike Holden	13:19	7:23
7. Todd Lynn	13:23	7:26
8. Phil Ybarrolaza	13:33	7:31

(Dual meet vs. Ukiah cont'd.)

Place	Time	Pace
9. Kevin Drisko	13:56	7:44
10. Steve Pullins	14:29	8:02
12. Kevin Bonilla	15:00	8:20
13. Jason Aguillon	15:24	8:33
16. Joe Lancina	15:51	8:48

Stanford Invitational, October 7 at Stanford University, 3.1 miles. Team place: 23rd of 32 teams. 253 finishers.

Place	Time	Pace
35. Tim Cummings	18:33	5:59
83. Ron Miller	19:24	6:15
110. Phil Ybarrolaza	19:58	6:26
150. Todd Lynn	20:43	6:40
207. Jason Aguillon	22:21	7:12
214. Kevin Bonilla	22:38	7:18

Dual meet vs. Rancho Cotate, October 9 at Annadel State Park, 2.22 miles. Score: MONTGOMERY 16, Rancho Cotate 39. 22 finishers.

Place	Time	Pace
1. David Waldow	13:06	5:54
2. Ron Miller	13:23	6:01
3. Phil Ybarrolaza	13:28	6:03
4. Tim Cummings	13:28	6:03
6. Eric Brandt	13:34	6:06
11. Mike Holden	14:41	6:36
14. Jason Aguillon	15:14	6:51
15. Joe Lancina	15:15	6:52
16. Steve Pullins	15:17	6:53
17. Kevin Drisko	15:31	6:59
18. Kevin Bonilla	15:39	7:02
21. Todd Lynn	17:08	7:43

Ed Sias Invitational, October 12 at Martinez, 2.0 miles. Team scores: Northgate 40, De La Salle 41, Miramonte 83, MONTGOMERY 110, Granada 131, College Park 136, Newark Memorial 181. 68 finishers.

Place	Time	Pace
1. Tim Cummings	11:53	5:56
9. Ron Miller	12:20	6:10
38. Jason Aguillon	13:47	6:53
52. Kevin Bonilla	14:45	7:22
59. Todd Lynn	15:07	7:33

(Junior Varsity Team Season Summary cont'd.)

Dual meet vs. Santa Rosa, October 16 at Spring Lake Park, 3.1 miles. Score: MONTGOMERY 21, Santa Rosa 37. 20 finishers.

Place	Time	Pace
2. Tim Cummings	18:02	5:49
3. Eric Brandt	18:05	5:50
4. David Waldow	18:24	5:56
5. Ron Miller	18:39	6:00
7. Phil Ybarrolaza	18:51	6:04
9. Todd Lynn	19:37	6:19
11. Steve Pullins	19:57	6:26
13. Mike Holden	20:47	6:42
14. Jason Aguillon	20:51	6:43
17. Joe Lancina	21:00	6:46
18. Kevin Drisko	21:10	6:49
19. Kevin Bonilla	22:39	7:18
20. Todd Johnson	24:59	8:03

Mariner Invitational, October 19 at Garin Regional Park, Hayward, 1.8 miles. Team scores: MONTGOMERY 29, Serra 87, Northgate 99, Miramonte 106, Granada 118, Castro Valley 123, Berkeley 127. 62 finishers.

Place	Time	Pace
1. Tim Cummings	10:54	6:03
5. Ron Miller	11:09	6:11
6. Eric Brandt	11:11	6:12
7. David Waldow	11:16	6:15
11. Phil Ybarrolaza	11:30	6:23
19. Todd Lynn	11:47	6:33
20. Mike Holden	11:49	6:34
26. Steve Pullins	11:55	6:37
35. Jason Aguillon	12:12	6:47
48. Joe Lancina	12:38	7:01
50. Kevin Drisko	12:51	7:08
53. Kevin Bonilla	13:06	7:16
58. Todd Johnson	13:36	7:32

Dual meet vs. Cardinal Newman, October 23 at Cardinal Newman, 1.85 miles. Score: MONTGOMERY 21, Cardinal Newman 37. 32 finishers.

Place	Time	Pace
2. Tim Cummings	10:16	5:32
3. Eric Brandt	10:30	5:40
4. Ron Miller	10:39	5:45
5. David Waldow	10:48	5:50
7. Mike Holden	11:11	6:02
8. Steve Pullins	11:14	6:04
12. Todd Lynn	11:20	6:07
13. Phil Ybarrolaza	11:30	6:12
20. Joe Lancina	11:49	6:23

(Dual meet vs. Cardinal Newman cont'd.)

Place	Time	Pace
21. Kevin Bonilla	11:50	6:23
22. Jason Aguillon	11:54	6:25
24. Kevin Drisko	12:03	6:30
26. Todd Johnson	12:38	6:49

Dual meet vs. Petaluma, October 30 at Annadel State Park, 2.9 miles. Score: MONTGOMERY 15, Petaluma 50. 12 finishers.

Place	Time	Pace
1. Eric Brandt	17:18	5:57
2. Tim Cummings	17:31	6:02
3. Ron Miller	17:35	6:03
4. David Waldow	17:38	6:04
5. Mike Holden	18:39	6:25
6. Todd Lynn	18:47	6:28
7. Phil Ybarrolaza	18:47	6:28
8. Steve Pullins	18:58	6:32
9. Kevin Drisko	19:56	6:52
10. Jason Aguillon	20:10	6:57
11. Joe Lancina	20:16	6:59
12. Todd Johnson	20:59	7:14

North Bay League Championships, November 8 at Spring Lake Park, 2.66 miles. Team scores: Santa Rosa 20, MONTGOMERY 49, Cardinal Newman 72. 28 finishers.

Place	Time	Pace
2. Ron Miller	15:09	5:42
7. Phil Ybarrolaza	16:01	6:01
9. Todd Lynn	16:21	6:09
12. Jason Aguillon	17:08	6:26
24. Kevin Bonilla	18:56	7:07

* * * * * VARSITY GIRLS * * * * *
Redwood Empire Championships, November 16 at Spring Lake Park, 3.2 miles. Team scores: Drake 64, Sonoma 67, Redwood 83, Santa Rosa 96, Analy 134, MONTGOMERY 152, Ursuline 165, San Marin 182, Arcata 214, Eureka 226. 72 finishers.

Place	Time	Pace
9. Peewee Lemus	21:34	6:44
13. Nicole Fischer	21:51	6:49
47. Jane Kientz	24:18	7:35
51. Erika Gardner	24:28	7:38
53. Jennifer Sandkuhler	24:42	7:43
64. Heather Lacayo	25:37	8:00
69. Christina Abramson	27:21	8:32

SOPHOMORE TEAM SEASON SUMMARY

Viking Opener Invitational, September 14 at Annadel State Park, 2.22 miles. Team scores: Ukiah 21, Rancho Cotate 25, MONTGOMERY 28, Healdsburg 38, Sonoma 49, Fortuna 52. 29 finishers.

Place	Time	Pace
1. Randall Watkins	12:23	5:34
12. David Waldow	13:49	6:12
15. Eric Brandt	14:09	6:22
19. Mike Holden	15:01	6:46
24. Kevin Drisko	15:43	7:05

Bob McGuire Relays, September 21 at Concord, 2.0 miles. Relay teams: 1. Northgate 2. Clayton Valley 3. De La Salle 4. San Ramon 5. Antioch 6. Montgomery 7. Granada 8. College Park 9. Amador. Frosh/Soph Open Race: 67 finishers.

Place	Time	Pace
Team 6th. Randall Watkins	11:26	5:43
Team 6th. David Waldow	12:21	6:10
Team 6th. Eric Brandt	12:31	6:15
18. Steve Pullins	13:28	6:44
Team 6th. Mike Holden	13:34	6:47
29. Joe Lancina	13:52	6:56
Team 6th. Kevin Drisko	13:59	6:59
39. Todd Johnson	14:12	7:06

San Ramon Invitational, September 28 at Danville, 1.95 miles. Team scores: San Ramon 29, Montgomery 90, De La Salle 90, Northgate 96, Clayton Valley 143, College Park 156, Granada 163, Antioch 220, American 237. 60 finishers.

Place	Time	Pace
1. Randall Watkins	10:37	5:26
4. Eric Brandt	11:03	5:40
14. David Waldow	11:24	5:50
33. Mike Holden	12:14	6:11
38. Steve Pullins	12:22	6:20
40. Joe Lancina	12:23	6:21

Stanford Invitational, October 7 at Stanford University, 3.1 miles. Team place: 22nd of 32 teams. 253 finishers.

Place	Time	Pace
46. Eric Brandt	18:42	6:01
53. David Waldow	18:50	6:04
124. Mike Holden	20:19	6:33
155. Steve Pullins	20:49	6:42
201. Joe Lancina	22:08	7:08
202. Kevin Drisko	22:09	7:08

Ed Sias Invitational, October 12 at Martinez, 2.0 miles. Team scores: Concord 55, De La Salle 89, Vacaville 111, Clayton Valley 112, Northgate 127, Bishop O'Dowd 137, College Park 157, MONTGOMERY 209, Alhambra 222, Las Lomas 270, Park J.H. 288, Newark Memorial 294, Saint Mary's 344. 118 finishers.

Place	Time	Pace
7. Eric Brandt	12:02	6:01
42. Mike Holden	13:01	6:30
49. Steve Pullins	13:10	6:35
86. Kevin Drisko	14:12	7:06
97. Joe Lancina	14:44	7:22

North Bay League Championships, November 8 at Spring Lake Park, 2.66 miles. Team Scores: MONTGOMERY 30, Rancho Cotate 52, Ukiah 79, Cardinal Newman 68. 30 finishers.

Place	Time	Pace
1. Randall Watkins	14:15	5:22
3. Eric Brandt	15:11	5:42
4. David Waldow	15:16	5:44
10. Mike Holden	15:50	5:57
13. Steve Pullins	16:06	5:03
21. Kevin Drisko	16:55	6:22
22. Joe Lancina	17:01	6:24
30. Todd Johnson	NT	

* * * * VARSITY TEAM * * * *

(NCS Meet of Champions, cont'd.)

125 finishers.

Place	Time	Pace
4. Paul Cummings	15:25	5:08
24. Kevin Smith	16:04	5:21
41. Marc Spina	16:22	5:27
42. Randall Watkins	16:23	5:27
46. Derek Powell	16:26	5:28
53. George Hernandez	16:35	5:31
61. Tim Schlender	16:44	5:34

Northern California Championships, November 30 at Rocklin, 3.0 miles. 144 finishers.

Place	Time	Pace
13. Paul Cummings	15:26	5:08