

MONTGOMERY HIGH SCHOOL

1984 CROSS COUNTRY

VARSITY AWARDS - GIRLS

Sheila O'Hanlon Senior 2nd year
 Chris Ferguson Junior 2nd year
 Jennifer Sandkuhler Junior
 Pee wee Lemus Sophomore
 Julia Joslyn Sophomore
 Erika Gardner Sophomore

Overall Dual Meet Record: 6 wins, 3 losses
 N.B.L. Dual Meet Record: 3 wins, 2 losses
 Floyd Cooney Invitational Champions
 San Ramon Invitational: Third Place
 North Bay League Finals: Second Place
 Redwood Empire Championships: Sixth Place

VARSITY AWARDS - BOYS

Michael Parker Senior 3rd year
 Jason Schaumberg Senior 2nd year
 John Geyer Senior
 Paul Cummings Junior 2nd year
 Tim Cummings Junior 2nd year
 Marc Spina Junior 2nd year
 George Hernandez Junior
 Derek Powell Junior

Overall Dual Meet Record: 9 wins, 0 losses
 N.B.L. Dual Meet Record: 5 wins, 0 losses
 Floyd Cooney Invitational Champions
 San Ramon Invitational: Third Place
 Stanford Invitational: Fifth Place
 North Bay League Champions
 Redwood Empire Championships: Second Place
 Meet of Champions: Eleventh Place

JUNIOR VARSITY AWARDS - BOYS

Chris Jones Senior
 Ron Miller Junior
 Todd Lynn Junior
 Jim Dennison Junior
 Josh Malkin Junior
 Scott Neace Junior
 Phil Ybarrolaza Sophomore
 Kevin Bonilla Sophomore

Overall Dual Meet Record: 8 wins, 1 loss
 N.B.L. Dual Meet Record: 4 wins, 1 loss
 San Ramon Invitational: Second Place
 North Bay League Finals: Second Place

	P R A C T I C E S	M E E T S	M I L E S
JASON SCHAUMBERG	57	13	288 $\frac{1}{2}$
John Geyer	52	12	243 $\frac{1}{2}$
Paul Cummings	51	11	240
Marc Spina	51	13	239 $\frac{1}{2}$
Tim Cummings	51	13	234 $\frac{1}{2}$
Josh Malkin	50	11	201
Jim Dennison	49	11	199 $\frac{1}{2}$
Derek Powell	49	11	197
SHEILA O'HANLON	46	12	190 $\frac{1}{2}$
Jennifer Sandkuhler	45	12	173
Chris Ferguson	43	13	174 $\frac{1}{2}$
Ron Miller	42	11	181
Todd Lynn	40	11	167 $\frac{1}{2}$
Michael Parker	38	12	173 $\frac{1}{2}$
George Hernandez	37	11	176
Pee wee Lemus	37	12	151 $\frac{1}{2}$
Julia Joslyn	37	11	126 $\frac{1}{2}$
Erika Gardner	36	9	131 $\frac{1}{2}$
Chris Jones	34	11	131
Phil Ybarrolaza	19	5	77 $\frac{1}{2}$
Scott Neace	19	8	60
Kevin Bonilla	14	4	47 $\frac{1}{2}$

VARSITY GIRLS RESULTS

URSULINE and EL MOLINO at CARDINAL NEWMAN,
9/12/84, 2.9 miles: Ursuline 23,
MONTGOMERY 48, El Molino 58

	Place	Time	Pace
Peewee Lemus	3rd	21:25	7:23
Chris Ferguson	8th	22:17	7:41
Julia Joslyn	10th	22:56	7:54
Sheila O'Hanlon	11th	22:57	7:54
Jennifer Sandkuhler	16th	25:43	8:52

At URSULINE, 10/10/84, 2.7 miles:
Ursuline 25, MONTGOMERY 33

	Place	Time	Pace
CHRIS FERGUSON	2nd	17:42	6:35
Peewee Lemus	3rd	18:04	6:41
Erika Gardner	6th	19:28	7:12
Sheila O'Hanlon	10th	20:00	7:24
Jennifer Sandkuhler	12th	21:29	7:53

PETALUMA and SONOMA at Petaluma, 9/19/84,
1.8 miles: MONTGOMERY 26, Sonoma 34,
Petaluma - inc.

	Place	time	Pace
Peewee Lemus	2nd	12:03	6:41
Chris Ferguson	3rd	12:05	6:42
Julia Joslyn	5th	13:22	7:25
Sheila O'Hanlon	7th	13:36	7:33
Jennifer Sandkuhler	9th	13:57	7:45

At PETALUMA, 10/17/84, 2.7 miles:

	Place	Time	Pace
CHRIS FERGUSON	1st	18:05	6:41
Peewee Lemus	2nd	19:04	7:03
Julia Joslyn	3rd	20:14	7:29
Erika Gardner	5th	20:50	7:42
Sheila O'Hanlon	6th	20:54	7:44
Jennifer Sandkuhler	7th	22:32	8:20

FLOYD COONEY INVITATIONAL at Fort Bragg,
9/22/84, 2.8 miles: MONTGOMERY 49,
Analy 71, Clear Lake 110, Ukiah 116,
Eureka 122, Rancho Cotate 126, El Molino
126, Fort Bragg 136

	Place	Time	Pace
Chris Ferguson	3rd	18:47	6:42
Peewee Lemus	8th	19:53	7:06
Julia Joslyn	17th	20:43	7:23
Erika Gardner	21st	21:33	7:41
Sheila O'Hanlon	28th	21:51	7:48
Jennifer Sandkuhler	37th	22:25	8:00

UKIAH at Spring Lake, 10/24/84, 3.1 miles:
MONTGOMERY 21, Ukiah 37

	Place	Time	Pace
CHRIS FERGUSON	1st	21:15	6:51
Peewee Lemus	3rd	21:59	7:05
Julia Joslyn	4th	23:08	7:27
Erika Gardner	6th	23:30	7:34
Sheila O'Hanlon	7th	23:55	7:42
Jennifer Sandkuhler	8th	25:17	8:09

NORTH BAY LEAGUE CHAMPIONSHIPS at Spring
Lake, 11/2/84, 3.1 miles: Santa Rosa 41,
MONTGOMERY 52, Ursuline 69, Ukiah 90,
Rancho Cotate 117, Petaluma 140.

	Place	Time	Pace
CHRIS FERGUSON	3rd	20:16	6:32
Peewee Lemus	4th	20:51	6:43
Julia Joslyn	11th	22:14	7:10
Erika Gardner	14th	22:41	7:19
Sheila O'Hanlon	23:16	20th	7:30
Jennifer Sandkuhler	23rd	23:47	7:40

At RANCHO COTATE, 9/26/84, 2.8 miles:
MONTGOMERY 19, Rancho Cotate 38

	Place	Time	Pace
PEEWEE LEMUS	1st	19:41	7:01
Chris Ferguson	2nd	20:33	7:20
Julia Joslyn	3rd	21:04	7:31
Erika Gardner	6th	22:09	7:54
Sheila O'Hanlon	7th	22:22	7:59
Jennifer Sandkuhler	9th	24:122	8:38

REDWOOD EMPIRE CHAMPIONSHIPS at Fortuna,
11/10/84, 2.8 miles: Redwood 94, Sonoma 94,
Marin Catholic 97, Santa Rosa 113,
Healdsburg 157, MONTGOMERY 160, Terra Linda
172, Ursuline 192, Analy 228, Fortuna 238,

	Place	Time	Pace
Del Norte 287			
CHRIS FERGUSON	6th	18:48	6:42
Peewee Lemus	14th	19:44	7:02
Erika Gardner	44th	21:21	7:37
Julia Joslyn	48th	21:32	7:41
Jennifer Sandkuhler	59th	22:09	7:54
Sheila O'Hanlon	62nd	22:12	7:55

SANTA ROSA at Spring Lake, 10/3/84,
3.1 miles: Santa Rosa 25, MONTGOMERY 32

	Place	Time	Pace
Chris FERGUSON	2nd	20:14	6:31
Peewee Lemus	3rd	20:25	6:35
Julia Joslyn	6th	22:33	7:16
Sheila O'Hanlon	9th	23:34	7:36
Jennifer Sandkuhler	12th	26:18	8:29

MEET OF CHAMPIONS at Lafayette, 11/17/84,
3.0 miles.

	Place	Time	Pace
CHRIS FERGUSON	28th	18:51	6:17

STANFORD INVITATIONAL at Stanford Univ.,
10/8/84, 3.1 miles: MONTGOMERY 12th of
15 teams. 115 finishers.

	Place	Time	Pace
CHRIS FERGUSON	40th	22:30	7:15
Peewee Lemus	65th	23:57	7:37
Sheila O'Hanlon	79th	24:42	7:58
Erika Gardner	93rd	25:14	8:08
Jennifer Sandkuhler	101st	26:20	8:29

JUNIOR VARSITY RESULTS

CARDINAL NEWMAN and EL MOLINO at Newman,
9/12/84, 2.2 miles: MONTGOMERY 33, Newman 33,
El Molino 62

	Place	Time	Pace
DEREK POWELL	1st	13:58	6:20
Jim Dennison	3rd	14:27	6:34
Ron Miller	5th	14:41	6:40
Todd Lynn	9th	15:13	6:55
Josh Malkin	15th	16:04	7:38
Chris Jones	17th	16:09	7:20

STANFORD INVITATIONAL at Stanford University,
10/8/84, 3.1 miles: MONTGOMERY 20th of
25 teams. 219 finishers.

	Place	Time	Pace
RON MILLER	57th	19:26	6:16
Derek Powell	100th	20:05	6:28
Jim Dennison	122nd	20:24	6:34
Todd Lynn	149th	21:07	6:48
Chris Jones	154th	21:14	6:50
Scott Neace	167th	21:37	6:58
Josh Malkin	174th	21:49	7:02

PETALUMA and SONOMA at Petaluma, 9/19/84,
1.8 miles: MONTGOMERY 19, Sonoma 41,
Petaluma - inc.

	Place	Time	Pace
RON MILLER	1st	11:09	6:11
Jim Dennison	2nd	11:30	6:23
Todd Lynn	3rd	11:31	6:23
Chris Jones	6th	12:06	6:43
John Geyer	7th	12:10	6:45
Josh Malkin	8th	12:45	7:05

At CARDINAL NEWMAN, 10/10/84, 2.0 miles:
MONTGOMERY 23, Cardinal Newman 33

	Place	Time	Pace
DEREK POWELL	1st	12:08	6:04
Ron Miller	2nd	12:19	6:09
Todd Lynn	4th	12:33	6:16
Jim Dennison	5th	12:35	6:17
Chris Jones	11th	13:11	6:35
Josh Malkin	15th	13:36	6:48
Scott Neace	17th	14:02	7:01
Phil Ybarrolaza	25th	14:50	7:25

FLOYD COONEY INVITATIONAL at Fort Bragg,
9/22/84, 2.8 miles: All runners in
varsity race, Montgomery 1st.

	Place	Time	Pace
DEREK POWELL	25th	16:53	6:01
Ron Miller	32nd	17:15	6:09
Todd Lynn	56th	18:13	6:30
Jim Dennison	60th	18:19	6:32
Chris Jones	73rd	19:11	6:51
Josh Malkin	80th	19:49	7:04
Scott Neace	86th	21:20	7:37

At PETALUMA, 10/17/84, 1.8 miles:
MONTGOMERY 15, Petaluma - inc.

	Place	Time	Pace
George HERNANDEZ	1st	10:27	5:48
Ron Miller	2nd	11:05	6:09
Jim Dennison	3rd	11:11	6:12
Todd Lynn	4th	11:12	6:13
Chris Jones	5th	11:46	6:32
Josh Malkin	6th	12:09	6:45
Phil Ybarrolaza	8th	12:38	7:01
Kevin Bonilla	10th	13:20	7:24

At RANCHO COTATE, 9/26/84, 1.8 miles:
MONTGOMERY 27, Rancho Cotate 29

	Place	Time	Pace
TODD LYNN	2nd	11:33	6:25
Jim Dennison	3rd	11:40	6:28
Chris Jones	4th	12:00	6:38
Josh Malkin	7th	12:25	6:51
Scott Neace	11th	13:06	7:30

UKIAH at Spring Lake, 10/24/84,
2.33 miles: MONTGOMERY 25, Ukiah 30

	Place	Time	Pace
DEREK POWELL	1st	13:21	5:43
(new course record)			
Ron Miller	3rd	13:54	5:57
Jim Dennison	6th	14:29	6:12
Todd Lynn	7th	14:30	6:13
Chris Jones	8th	14:58	6:25
Josh Malkin	14th	15:30	6:39
Scott Neace	15th	15:39	6:43
Phil Ybarrolaza	17th	16:55	7:15

SANTA ROSA at Spring Lake, 10/3/84,
2.33 miles: Santa Rosa 20, MONTGOMERY 35

	Place	Time	Pace
RON MILLER	2nd	13:42	5:52
Todd Lynn	6th	13:54	5:57
Jim Dennison	8th	14:25	6:11
Josh Malkin	15:04	9th	6:27
Chris Jones	10th	15:09	6:30
Scott Neace	12th	15:44	6:45
Kevin Bonilla	13th	17:45	7:37

NORTH BAY LEAGUE CHAMPIONSHIPS at
Spring Lake, 11/02/84, 2.66 miles:
Santa Rosa 27, MONTGOMERY 30, Ukiah 85,
Cardinal Newman 103

	Place	Time	Pace
DEREK POWELL	1st	15:50	5:57
Ron Miller	3rd	16:07	6:03
Jim Dennison	6th	16:29	6:11
Todd Lynn	8th	16:30	6:12
Chris Jones	12th	17:17	6:29

	Place	Time	Pace
Josh Malkin	15th	17:52	6:43
Scott Neace	18th	18:06	6:48
Phil Ybarrolaza	20th	18:22	6:54
Kevin Bonilla	29th	20:21	7:39

VARSIITY BAY RECORDS

CARDINAL NEWMAN and EL MOLINO at NEWMAN,
9/12/84, 2.9 miles: MONTGOMERY 17,
Newman 51, El Molino - inc.

	Place	Time	Pace
JASON SCHAUMBERG	1st	16:49	5:47
Paul Cummings	2nd	17:00	5:51
John Geyer	3rd	17:10	5:55
Tim Cummings	4th	17:17	5:57
George Hernandez	7th	17:32	6:02
Michael Parker	9th	17:51	6:09
Marc Spina	10th	18:00	6:12

PETALUMA and SONOMA at Petaluma, 9/19/84,
2.7 miles: MONTGOMERY 18,
Petaluma 56, Sonoma 72

	Place	Time	Pace
PAUL CUMMINGS	1st	15:01	5:33
Jason Schaumberg	2nd	15:13	5:38
Marc Spina	4th	15:57	5:54
Tim Cummings	5th	16:05	5:58
George Hernandez	6th	16:23	6:04
Derek Powell	8th	16:32	6:07
Michael Parker	9th	16:49	6:13

FLOYD COONEY INVITATIONAL at Fort Bragg,
9/22/84, 2.8 miles: MONTGOMERY 43, Santa
Rosa 72, Eureka 83, Fort Bragg 97, Rancho
Cotate 119, El Molino 164, Ukiah 189,
Analay 206, St. Vincent 234, Clear Lake 248

	Place	Time	Pace
PAUL CUMMINGS	2nd	15:15	5:26
Jason Schaumberg	6th	15:44	5:37
Marc Spina	10th	16:21	5:50
Michael Parker	12th	16:24	5:51
Tim Cummings	14th	16:26	5:52
John Geyer	16th	16:29	5:53
George Hernandez	20th	16:42	5:57

At RANCHO COTATE, 9/26/84, 2.8 miles:
MONTGOMERY 20, Rancho Cotate 38

	Place	Time	Pace
TIM CUMMINGS	2nd	16:23	5:51
Michael Parker	3rd	16:29	5:53
George Hernandez	4th	16:33	5:54
Jason Schaumberg	5th	17:20	6:11
Marc Spina	6th	17:23	6:12
Ron Miller	8th	17:41	6:17

SANTA ROSA at Spring Lake, 10/3/84,
3.1 miles: MONTGOMERY 25, Santa Rosa 32

	Place	Time	Pace
PAUL CUMMINGS	1ST	17:02	5:29
Jason Schaumberg	4th	18:11	5:51
Tim Cummings	5th	18:14	5:52
John Geyer	7th	18:20	5:54
Marc Spina	8th	18:21	5:55
George Hernandez	9th	18:24	5:56
Derek Powell	12th	19:46	6:22

STANFORD INVITATIONAL at STANFORD Univ.,
10/8/84, 3.1 miles: MONTGOMERY 5th of
18 teams. 129 finishers.

STANFORD INVITATIONAL, Cont'd.

	Place	Time	Pace
PAUL CUMMINGS	9th	16:45	5:24
Jason Schaumberg	24th	17:11	5:32
Marc Spina	44th	17:52	5:45
George Hernandez	53rd	18:01	5:48
John Geyer	55th	18:03	5:49
Michael Parker	72nd	18:38	6:00
Tim Cummings	75th	18:43	6:02

At CARDINAL NEWMAN, 10/10/84, 2.7 miles:
MONTGOMERY 17, Cardinal Newman 44

	Place	Time	Pace
PAUL CUMMINGS	1st	14:56	5:31
Jason Schaumberg	2nd	15:03	5:34
John Geyer	3rd	15:05	5:35
Marc Spina	5th	15:13	5:38
George Hernandez	6th	15:19	5:40
Tim Cummings	8th	15:25	5:44
Michael Parker	9th	15:35	5:47

At PETALUMA, 10/17/84, 2.7 miles:
MONTGOMERY 19, Petaluma 42

	Place	Time	Pace
PAUL CUMMINGS	1st	14:51	5:30
Jason Schaumberg	3rd	15:01	5:33
John Geyer	15:42	4th	5:48
Tim Cummings	5th	15:48	5:51
Michael Parker	6th	15:50	5:51
Marc Spina	8th	16:27	6:05
Derek Powell	9th	16:40	6:10

UKIAH at Spring Lake, 10/24/84, 3.1 miles:
MONTGOMERY 16, Ukiah 43

	Place	Time	Pace
PAUL CUMMINGS	1st	17:24	5:36
Tim Cummings	2nd	17:46	5:43
John Geyer	3rd	17:59	5:48
George Hernandez	4th	18:10	5:51
Michael Parker	6th	18:35	5:59
Marc Spina	7th	19:08	6:10
Jason Schaumberg	14th	24:07	7:46

NORTH BAY LEAGUE CHAMPIONSHIPS at Spring
Lake, 11/2/84, 3.1 miles: MONTGOMERY 39,
Santa Rosa 40, Rancho Cotate 70, Cardinal
Newman 91, Ukiah 100, Petaluma inc.

	Place	Time	Pace
PAUL CUMMINGS	1st	17:03	5:30
John Geyer	6th	17:55	5:46
Time Cummings	8th	18:00	5:48
Michael Parker	13th	18:12	5:52
Marc Spina	17th	18:36	6:00
Jason Schaumberg	31st	19:41	6:29

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REDWOOD EMPIRE CHAMPIONSHIPS at Fortuna,
11/10/84, 2.8 miles: Eureka 57, MONTGOMERY
72, Piner 88, Redwood 99, Drake 125, Terra
Linda 159, Fortuna 165, Santa Rosa 172,
Casa Grande 213, Healdsburg 221, Tamalpais
283, Rancho Cotate - inc.

	Place	Time	Pace
PAUL CUMMINGS	3rd	15:30	5:32
Tim Cummings	15th	16:13	5:47
Michael Parker	17th	16:16	5:48
Jason Schaumberg	19th	16:17	5:48
John Geyer	30th	16:32	5:54
Marc Spina	49th	16:56	6:02
Derek Powell	50th	17:02	6:05

MEET OF CHAMPIONS at Lafayette, 11/17/84,
3.0 miles: MONTGOMERY 11th of 16 teams.

	Place	Time	Pace
PAUL CUMMINGS	16th	15:12	5:04
Tim Cummings	39th	15:55	5:10
John Geyer	49th	16:14	5:24
Michael Parker	57th	16:18	5:26
George Hernandez	78th	16:40	5:33
Marc Spina	93rd	17:04	5:41
Jason Schaumberg	97th	17:16	5:45

OMISSION: SAN RAMON INVITATIONAL

At Danville, 9/29/84, 1.9 miles:

JV Boys: MONTGOMERY 2nd of 8 teams

	Place	Time	Pace
DEREK POWELL	1st	-	-
		11:08	5:51
Ron Miller	6th	11:35	6:05
Jim Dennison	9th	11:57	6:17
Todd Lynn	12th	12:05	6:21
Chris Jones	34th	12:48	6:44
Josh Malkin	46th	13:07	6:54
Scott Neace	62nd	14:03	7:23

Varsity Boys: MONTGOMERY 3rd of 11 teams

	Place	Time	Pace
JASON SCHAUMBERG	6th	10:38	5:35
George Hernandez	12th	10:52	5:43
Marc Spina	15th	10:59	5:46
Tim Cummings	19th	11:03	5:48
John Geyer	21st	11:08	5:51
Michael Parker	31st	11:21	5:58

Varsity Girls: MONTGOMERY 3rd of 9 teams

	Place	Time	Pace
CHRIS FERGUSON	4th	12:40	6:40
Peewee Lemus	5th	12:43	6:41
Erika Gardner	23rd	13:51	7:17
Julia Joslyn	26th	13:55	7:19
Sheila O'Harlon	38th	14:46	7:46
Jennifer Sandkuhler	46th	15:22	8:05

TEAM CAPTAINS: JASON SCHAUMBERG
SHEILA O'HANLON

NORTH BAY LEAGUE INDIVIDUAL CHAMPION:

VARSIITY - PAUL CUMMINGS

JUNIOR VARSITY - DEREK POWELL

SAN RAMON INVITATIONAL INDIVIDUAL
CHAMPION:

JUNIOR VARSITY - DEREK POWELL

CAREER MILEAGE

JASON SCHAUMBERG	2390 $\frac{1}{2}$
John Geyer	1489 $\frac{1}{2}$
Marc Spina	1037
Paul Cummings	843
Michael Parker	827
SHEILA O'HANLON	796 $\frac{1}{2}$
Tim Cummings	713 $\frac{1}{2}$
Chris Jones	682
Derek Powell	548 $\frac{1}{2}$
Todd Lynn	513
Chris Ferguson	480
Jim Dennison	387
George Hernandez	306 $\frac{1}{2}$
Jennifer Sandkuhler	296 $\frac{1}{2}$
Josh Malkin	201
Ron Miller	181
Peewee Lemus	151 $\frac{1}{2}$
Erika Gardner	131 $\frac{1}{2}$
Julia Joslyn	126 $\frac{1}{2}$
Phil Ybarrolaza	77 $\frac{1}{2}$
Scott Neace	60
Kevin Bonilla	47 $\frac{1}{2}$

TOTAL 12,287