



2017 Season Schedule FINAL

Date	Day	Opponent	Location	Time
8/15	Tues.	First Day of Practice	Montgomery	3:30 p.m.
8/25	Fri.	Super Septo	Spring Lake Park	3:30 p.m.
9/8	Fri.	Rancho Cotate Invitational (JV)	Rancho Cotate HS	4:00 p.m.
9/9	Sat.	Lowell Invitational (Varsity)	Golden Gate Park	9:00 a.m.
9/16	Sat.	Viking Opener Invitational	Spring Lake Park	7:30 a.m.
9/20	Wed.	NBL/SCL Interlock	Spring Lake Park	3:30 p.m.
9/27	Wed.	Piner Invitational (JV)	Foothills Park	3:30 p.m.
9/29-10/1	Fri./Sat./Sun	TMU Invitational* (Varsity)	Santa Clarita, CA	8:00 a.m.
10/4	Wed.	NBL League Meet #1 Monty vs. Maria Carillo, Ukiah	Spring Lake Park (Maria Carillo host)	3:45 p.m.
10/11	Wed.	NBL League Meet #2 Monty vs. Casa Grande, Cardinal Newman	Petaluma, CA (Casa Grande host)	3:45 p.m.
10/18	Wed.	NBL League Meet #3 Monty vs. Windsor	Spring Lake Park (Monty host)	3:45 p.m.
10/25	Wed.	NBL League Meet #4 Monty vs. Santa Rosa, Rancho Cotate	Rancho Cotate HS (Rancho Cotate host)	3:45 p.m.
11/3	Fri.	NBL Championships	Spring Lake Park	TBA
11/10	Fri.	Hoka 2-Mile Invitational	TBD	TBA
11/19	Sat.	NCS Championships	Hayward High School	TBA
11/26	Sat.	CIF State Championships	Woodward Park Fresno, CA	TBA

2017 Coaching Staff

Head Coach: Melody Karpinski 619-204-8266 melody@fleetfeetsantarosa.com

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Principal: Randy Burbank **Mascot:** Vikings **Colors:** Scarlet and Gray **Website:** vikingxc.com